

For Immediate Release

Date: May 26, 2010

RE: **ST. JOSEPH'S CARE GROUP & THUNDER BAY REGIONAL HEALTH SCIENCES CENTRE TEAM UP FOR COMMUTER CHALLENGE**

St. Joseph's Care Group (SJCG) and Thunder Bay Regional Health Sciences Centre (TBRHSC) have teamed up to encourage their staff and volunteers to participate in the annual National Commuter Challenge that will take place during Canadian Environment Week May 30 – June 5, 2010.

Participants can choose to commute by transit, cycling, walking, carpooling and video or teleconferencing. In addition to the challenge, each organization is holding pre-week activities and information sessions on city transit, hiking trails, footwear, bicycle tune-ups and Eco-Driver by Eco Superior to provide helpful ideas and commuting tips.

"Congratulations to St. Joseph's Care Group and the Thunder Bay Regional Health Sciences Centre for partnering on this 'green' initiative" says Mayor Lynn Peterson. "It's great to see two health care leaders in our community come together for a wonderful cause."

Ron Saddington, President and CEO, TBRHSC says, "The physicians, staff, and volunteers at Thunder Bay Regional Health Sciences Centre are committed to being environmentally responsible. Our recent OHA Green Healthcare Award demonstrates our collective will. With our esteemed partners at St. Joseph's Care Group, we now look forward to participating in the National Commuter Challenge, with the same vigour".

Tracy Buckler, President and CEO, SJCG, adds "We are grateful to the staff and volunteers of St. Joseph's Care Group for their dedication and commitment toward making our organization, community, and planet 'greener' by participating in this challenge and by making healthier choices at work and at home."

With a combined total of near 5,000 staff and volunteers, SJCG and TBRHSC are aiming to earn the distinction of having the highest percentage of healthy commuters in comparable health care organizations across Canada.

Commuter Challenge Week runs May 30 – June 5, 2010 and is open to all individuals and workplaces. For more information, go to www.commuterchallenge.ca

Join the Challenge, we all win!

-30-

For more information contact:

**Sharron Owen, Manager
Communications
St. Joseph's Care Group
Phone: (807) 768-4440**



ST. JOSEPH'S CARE GROUP

St. Joseph's Care Group

Box 3251 · 35 N. Algoma St.
Thunder Bay, ON · P7B 5G7

P: (807) 343-2431

F: (807) 343-0144

www.sjcg.net

**Thunder Bay Regional Health Sciences Centre**

980 Oliver Road
Thunder Bay, ON · P7B 6V4

P: (807) 684-6000

F: (807) 684-5892

www.tbrhsc.net