

FOR IMMEDIATE RELEASE

Helping Hands In Action at St. Joseph's Heritage

(Thunder Bay, ON. June 24, 2010) On Thursday, June 24, 2010, Union Gas employees and retirees hosted the "Helping Hands in Action Program" at St. Joseph's Heritage to renew and revitalize the Nick Yankyw Memorial Garden.

Each year, through the "Helping Hands in Action Program", Union Gas volunteers roll up their sleeves to assist charitable organizations across Ontario. Grants provided by the Spectra Energy Foundation are used to purchase materials for community improvement projects coordinated by Union Gas employees and retirees, who in turn volunteer their time and labour to complete the project.

Sheryl Watson, Organizer, Union Gas – Helping Hands in Action Program, stated "The 'Helping Hands in Action Program' is one of the many ways Union Gas gives back to the community. Our volunteers are motivated by knowing the revitalization of the Nick Yankyw Memorial Garden will result a beautiful and healing space for the residents and their families to enjoy."

The "Helping Hands in Action" program was held at St. Joseph's Heritage, 63 Carrie Street on Thursday, June 24, 2010.

Tracy Buckler, President and CEO, SJCG, said, "We are very pleased that Union Gas has selected St. Joseph's Heritage for this year's "Helping Hands in Action" program. We know that spending time outdoors can be beneficial to one's physical, social, psychological and spiritual health. The beautification of the Nick Yankyw Memorial Garden will result in lasting benefit to our residents and their families, tenants, volunteers and visitors to St. Joseph's Heritage."

In 2009, Union Gas held ninety-five community improvement projects were completed across the province. Projects included the refurbishment and landscaping of buildings for charitable organizations and schools, the construction of playground areas, gazebos, camp shelters and walking trails, the organization of clothing and food drives, the planting of trees in community parks, and much more.

- 30 -

For more information contact:

Sharron Owen, Manager
Communications
St. Joseph's Care Group
(807) 768-4440

Sheryl Watson
Union Gas
(807) 684-8814



**Balmoral Centre ♦ Behavioural Sciences Centre ♦ Diabetes Health Thunder Bay ♦ Hogarth Riverview Manor ♦ Lakehead Psychiatric Hospital
Sister Margaret Smith Centre St. Joseph's Health Centre Bay ♦ St. Joseph's Heritage ♦ St. Joseph's Hospital**

St. Joseph's Care Group is accredited with Accreditation Canada and provides services in Complex Care & Physical Rehabilitation, Mental Health & Addictions, and, Long-Term Care.

St. Joseph's Care Group has approximately 1700 employees and over 400 volunteers. With an annual operating budget over \$125M, SJCG is the fifth largest employer in Thunder Bay. To learn more about SJCG, visit the web site at www.sjcg.net