



Report from the Leadership Team June 2008

As the last Leadership Team Report before the July and August break in reporting, we want to take this opportunity to wish everyone a happy and healthy summer!

Client Centred Care

Restraint Usage

Hogarth Riverview Manor continues to have success with removing magnetic restraints from residents while in bed. The number of these restraints has been decreased from ten to six, with the ultimate goal of zero magnetic waist restraints in bed.

Glucose Meter Program

A new Glucose Meter Program has been established for the LPH inpatient programs to ensure quality control practices and consistent procedures across our organization and in collaboration with Thunder Bay Regional Health Sciences Centre (TBRHSC). Nursing staff has completed the training component and a plan has been developed to implement the new process and procedures by June 16, 2008.

Leisure Life Skills Summer Activities

Summer activities have been planned for mental health inpatients including barbeque picnics, day trips to explore Thunder Bay, mini putt and physical fitness activities at the Canada Games Complex. Social and recreational activities support the principles of psychosocial rehabilitation and the health and well-being of our clients.

Seniors' Month

Staff has been actively involved in planning and organizing festivities in recognition of and to celebrate Seniors' Month in June. A garden party including refreshments, entertainment, contests and various other activities will be held on June 17, 2008. It is anticipated that 60-70 people will be in attendance including our older adult clients, their families, as well as clients and staff from other Care Group programs and partner agencies in the community.

Hospice Palliative Care Nursing Certification

The Hospice/Palliative Care unit is well on the way to achieving its target of having 100% of its nursing staff achieve the Canadian Nurses Association (CNA) Certification in Hospice Palliative Care Nursing by April 2009. Currently 65% of the staff on the unit has achieved this credential. "Employers who hire and support certified nurses send a strong message that they are committed to creating an exceptional care environment and that they promote a culture of professionalism and retention that is imperative for quality care." (CNA)

Our People

Disaster Situation

A special thank you to all of our staff who responded so quickly and cooperatively to the emergency situation on Friday, June 6, 2008, during one of the biggest downpours that hit Thunder Bay in 30 years. Their planning and efforts helped to maintain calm and order during a power outage that had the potential for leaving us with no power at our Lakehead Psychiatric Hospital for two days.

Medical Coverage

Dr. Marcia Migay is pursuing her education in psychiatry, therefore will not be providing medical coverage for the Mental Health Rehabilitation Programs at LPH after June 13, 2008.

Mock Evacuation at St. Joseph's Health Centre

A mock evacuation to test our plan for response to a bomb threat was held on May 8th. The neighbourhood police and a member of the police bomb squad were in attendance. The evacuation went very smoothly. At the debriefing session held immediately afterward, a number of very good suggestions were made by staff and police, which have been incorporated into our new plan.

Staff Education/Training

Staff from several programs attended training related to the Mental Health Least Restraint Toolkit, the College of Nurses - Right Nurse, Right Client, Right Care, Frontal Lobe Dementia, and a Nurses' Week session titled "Better Information, Better Care, Better Outcomes".

Volunteer Services

Congratulations to Anna Grenier and Loretta Turpin, Volunteer Services, who in early May presented a workshop on "Adopting and Implementing the Canadian Code for Volunteer Involvement" at the annual conference for the Professional Administrators of Volunteer Resources – Ontario, in Hamilton. Loretta and Anna, along with the Volunteer Services Advisory Committee, have worked diligently to implement the Code within the Care Group and were asked to share their expertise with other volunteer administrators throughout Canada who were invited to the conference.

Leadership Team Thunder Bay

May 30th marked the graduation of the 2007/08 *Leadership Thunder Bay* (LTB) class, including Brook Latimer, Public Education Coordinator and Loretta Turpin, Volunteer Services Coordinator. Congratulations Brook and Loretta! This is the third consecutive year St. Joseph's Care Group has supported two employees in the *Leadership Thunder Bay* program and we now have six proud alumni. Many employees applied to participate and represent the Care Group this year; after a difficult selection process, we are pleased to announce that Robert Berardi, Clinical Education Coordinator, and Tracy Puurunen, Addictions Counselor, will be a part of the 2008/09 *Leadership Thunder Bay* class.

Wellness Incentive Program

The Leadership Team is pleased to provide ongoing support for the Wellness Incentive Program. This was implemented in 2006 as a pilot project and formally evaluated with outstanding results. The Wellness Incentive Program is a reimbursement up to a maximum of \$100 dollars for any permanent employee wanting to commit to well-being, work life balance and fitness activities. There has been an overwhelming response with all budgeted funds utilized for the program.

Collaboration

Peritoneal Dialysis

Bethammi Nursing Home and Hogarth Riverview Manor are meeting with the Renal Unit at Thunder Bay Regional Health Sciences Centre to discuss the provision of peritoneal dialysis in long-term care homes.

Alpha Court Consultation

As part of the collaboration with Alpha Court to facilitate client flow through the mental health system and to provide client support, Dr. Mulzer will be providing a two-hour session once monthly for consultation to support Alpha Court case managers and to manage clients with specific clinical issues.

Facilitating Leadership in Inter-professional Care

Two representatives from the Dementia Care Program attended a facilitator training session related to Facilitating Leadership in Inter-professional Care (FLIC). The Dementia Care Program and Community Outreach Team-Older Adult Mental Health are working collaboratively on a joint project in an effort to enhance inter-professional care.

Ontario Hospital Association – DVD Launch

The OHA held two releases of educational DVD's this past month; one for Mental Health & Addictions, and the other for Complex Continuing Care & Rehabilitation. The initial launch events were held at Queen's Park in Toronto, in an effort to highlight the importance of these specialized programs within the health care continuum. Janet Sillman provided the opening remarks for the Mental Health & Addictions DVD launch, with extremely positive feedback – congratulations!

Communication & Advocacy

Opiate Project

A meeting hosted by CAMH took place at St. Joseph's Health Centre to discuss their Opiate Project, of which Thunder Bay is one of four target communities in the province. Benefits and risks of alternate medication protocols and delivery models were discussed.

Sod Turning Ceremony

The Sod Turning Ceremony for the new Sister Margaret Smith Centre was held on May 22, 2008. Sister Margaret Smith was an honoured guest who provided an inspirational account of the history of the centre and a celebration of the future. The ceremony was very well attended by staff and local dignitaries.

Book Launch

The Eating Disorders Team was pleased to participate in Raija Begall's book launch of "Breaking Up with ED" held at Chapters on May 9, 2008.

Teaching & Research Identities

Psychosocial Rehabilitation (PSR) Educational Session

Rehabilitation Occupational Therapists provided an education session in May for the Occupational Therapy students from McMaster University on the principles of PSR.

Training Session for North of Superior Staff

Andrea Wrzecieck and Nancy Black provided training for North of Superior Staff on working with clients with concurrent and co-occurring mental health and addiction issues. A total of 45 staff from multiple sectors attended the training held in Rosspoint on May 14th and 15th. Feedback from the sessions was very favourable.

Student Placements

Dr. Suzanne Allain is providing clinical supervision for two medical students from the Northern Ontario School of Medicine and Ottawa University during the months of May and June.

Two fourth year medical students from NOSM are at St. Joseph's Health Centre for four weeks of training in community mental health.

One psychology doctoral student is at St. Joseph's Health Centre for three months training in psychotherapy and assessment.

Dr. St. Pierre continues to supervise two psychology students from Lakehead University. The students are actively involved in client assessment, therapy and facilitating client groups with the Day Treatment Program.

Many nursing student placements were provided across all sites of our organization.

Publications and Presentations

Janelle Jarva and Dr. J. Haggarty presented a paper on the Impact of Shared Care Services on Wait-times for Community Mental Health Services at the 8th National Conference on Collaborative Mental Health in Victoria in May.

Jennifer Kelly (4th year LU Psychology student) and Janelle Jarva each presented posters at the Victoria Conference: "Agreeability between providers in Shared Mental Health" and the second "Patient demographics in users of shared mental health services".

The Psychogeriatric Resource Consultant (PRC) provided education to Long-Term Care facilities on the topics of sexuality, minimizing restraints, responsive behaviors, and a review of the PIECES framework when providing care.

Two papers regarding the provision and impact of shared mental health care were published in the Journal of Primary and Community Psychiatry Journal in March 2008.

Pirjo Smith of Adult Addiction Services provided a presentation on the evidence-based research identifying outcomes of the Women's Intensive Addiction Treatment Program to a provincial conference on women's substance abuse issues. The "Gender Matters" conference was held in Toronto on May 28th and 29th.

On Co-op (Ontario Co-operative Association) will be featuring the Team Werks Co-op in their next magazine issue. The publication was looking for examples of innovative ways the Co-op model has been used to achieve organizational or business related goals and objectives. Team Werks will be the lead article for this publication.

Deborah Spear, Social Worker, Hospice/Palliative Care and Marianne Larson, Program Manager, have been accepted for a poster presentation at the Canadian National Hospice Palliative Care Association conference in Charlottetown PEI in October.

Capital Project Updates

Sister Margaret Smith Centre (SMSC)

Significant progress is being made on construction of our new SMSC, with the work continuing on schedule and on budget. Initial work has begun by establishing the SMSC Transfer Committee to develop plans associated with the move from the present to new facility.

Mental Health Rehabilitation Program (MHRP)

We have had discussion of the Block Schematic Report with the Ministry of Health and Long-Term Care (MOHLTC) related to the increases in area and capital costs. A detailed response for each space, explaining the reasons for variance between the Functional Program and the Revised Functional Program is being prepared for submission to the MOHLTC. The Sketch Plans will not be submitted until there is substantial agreement by the MOHLTC on the existing report or a revised Block Schematic Report is submitted.

Centre of Excellence for Integrated Seniors Services (CEISS)

Master planning and functional programming are progressing to solidify the project design. Schematic design is also progressing on some elements of the project. The project team is meeting the aggressive schedule laid out for this project. A request was made to meet with the MOHLTC to review the current cost ranges prepared by the project team based on developed scope and updated cost estimates. The North West LHIN is supportive of the proposed scope for the CEISS project.