

KNOW YOUR HEALTH CARE OPTIONS



FAMILY HEALTH CARE PROVIDER

Contact your family health care provider (physician or nurse practitioner) for office hours over the holidays.

COMMUNITY AFTER-HOURS CLINICS / WALK-IN CLINICS

At an after-hours clinic or walk-in clinic, patients can see a nurse or doctor without appointment. Many medical clinics, family health teams, nurse practitioner-led clinics, and pharmacies operate walk-in clinics.

To find out about your provider's clinic hours, contact your family health care provider.

Walk-in clinic information can also be found by:

- Calling **211**
- Visiting www.211north.ca
- Visiting www.northwesthealthline.ca

PHARMACIES

Pharmacists now have the authority to prescribe some drugs, renew non-narcotic prescriptions for up to six months, administer the flu vaccine, and provide advice to people with chronic conditions.

FLU VACCINATIONS

Flu vaccinations are available by appointment at Thunder Bay District Health Unit's weekly immunization clinic.

- Visit www.tbdhu.com for more information.

HEALTH CONNECT ONTARIO*

Talk to a registered nurse 24 hours a day, seven days a week by dialing 811 (**TTY: 1-866-797-0007**).

**Health Connect Ontario does not replace 911. You should always call 911 in an emergency.*

HEALTH CARE CONNECT

Health Care Connect helps people who are without a doctor find one. Call **1-800-445-1822** for more information.

IN THE EVENT OF AN EMERGENCY,
ALWAYS DIAL **911**.

