



Welcome to the Diabetes Health Program

Our Program & Services

Diabetes Health is an outpatient diabetes education program. Our Registered Nurses and Registered Dietitians are Certified Diabetes Educators that provide multidisciplinary assessments, education and treatment recommendations. Our primary objective is to provide education and promote self-management to prevent diabetes complications. We specialize in nutrition, diabetes medication management and diabetes technology. We work in consultation with your primary care practitioner, as we cannot provide prescriptions or lab requisitions. We do not offer foot care services.

Registered Social Worker Services - available for active clients in our program

N'doo'owe Binesi - Indigenous Health support and traditional healing services are available

Appointment Types

Individual appointments are offered to all clients with diabetes either in person, by phone or via video. We offer group education to newly diagnosed clients with Type 2 Diabetes and Prediabetes. We do not accept drop in appointments.

Specialty Services

Pregnancy Program: we offer weekly glucose assessment and provide treatment recommendations and education to clients with diabetes in pregnancy.

Insulin Pump Program: we are an approved Assisted Devices Program where clients can access funding for insulin pumps. We collaborate with physician specialists to assist clients in preparing for and maintaining insulin pump management.

Pediatric Program: we offer initial teaching and ongoing education to children living with diabetes, pre-diabetes and their families. We collaborate with local pediatricians to provide quarterly clinics and offer school diabetes education on request.

Client Responsibilities

We have a firm policy for cancellations and no-shows due to the high community needs for our services. All cancellations must be made at least 24 hours in advance of your appointment. If you miss two appointments, you may be discharged from our program (this excludes our pediatric clients). Any missed appointment with the Assisted Devices Specialist will result in up to a six-month re-booking process. Any missed appointment with a Pediatrician will result in up to a three-month re-booking process.

Discharge & Re-Referrals

You may be discharged from our program if your education needs have been met. Your family practitioner can re-refer you or you can submit a self-referral in the future as needed.