



ST. JOSEPH'S CARE GROUP  
**Sister Margaret Smith Centre**

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# **Referral Package & Program Information**

## **Adult Intensive Residential Addiction Program**



**SISTER MARGARET SMITH CENTRE  
ADULT ADDICTION PROGRAMS  
REFERRAL PROCESS FOR ADDICTION PROGRAMS**

**STEP 1: ASSESSMENT**

The MOHLTC approved **Admission & Discharge Criteria & Assessment Tools** package should be completed for all referrals for substance abuse services. The **Admission & Discharge Referral & Decision Tracking Summary** must be forwarded, in addition to the BASIS-32 scoring sheets. We also require this SMSC Adult Addiction Program **Referral Package** be completed with the client. If you are unable to complete the assessment please contact Intake directly.

**Referral of a Problem Gambling Client**

For referral of any client with gambling issues to our addiction program, you must have the client fill out the SOPG, WHODAS 2.0 and the CATALYST PG data forms provided.

**STEP 2: REFERRAL TO AN ADULT ADDICTION PROGRAM OPTION**

The completed package is sent to **Intake for Adult Addictions** at the SMSC where it is reviewed based on the client admission criteria. Please include the completed Consent to Release Information form designating your agency so we can communicate information about the client as needed. Once the Intake team has reviewed all the documentation, they will contact the referent and the client to discuss potential start dates for their program option & any pre-admission requirements will be outlined in a letter- examples follow in Step 3 & 4.

**STEP 3: ASSESS FOR WITHDRAWAL MANAGEMENT NEEDS**

The expectation varies regarding the need for clients to be free from any alcohol or drug use (other than approved medications) depending on the program option they are requesting. If needed, clients may be referred to a withdrawal management program. Alternatives may be needed for the management of other withdrawal symptoms. These should be discussed with SMSC Intake.

**STEP 4: ASSESS FOR STABILIZATION NEEDS**

Some clients may require stabilization prior to participating in their choice of treatment option. Stabilization means readiness for the level of treatment and physically, mentally and emotionally stable. This can be done through community based services (case management, support group, medical or psychiatric services) and/or referral to a residential support program which offers stabilization services (ie Crossroads Centre). These should be arranged by the Case Manager in consultation with SMSC Intake.

**STEP 5: ADMISSION TO THE TREATMENT OPTION**

Once any pre-treatment requirements are met, the client will receive a letter which confirms their Admission date for their program choice, and includes an Information sheet outlining anything they may need to know about the program.

**SISTER MARGARET SMITH CENTRE-  
ADULT ADDICTION & PROBLEM GAMBLING PROGRAMS**

**INTENSIVE RESIDENTIAL TREATMENT  
CLIENT ADMISSION CRITERIA**

1. **MENTAL HEALTH-** The client must be capable of living in a group situation and participating in an intensive group treatment process. Anyone having attempted suicide within the last 30 days will not be accepted into the intensive residential program, as we are not a hospital, nor are we a Schedule 1 facility. Prescribed psychoactive medications for mental health conditions must have been reviewed by a psychiatrist or physician and pre-approved for treatment by Intake prior to admission.
2. **MEDICATION-** All medications, both prescribed and non-prescribed, must be reviewed and approved by Intake prior to admission. If the client arrives with any medications not previously approved, they will have to be reviewed by the Smith Centre's medical practitioner prior to taking the medication. In the case of life enhancing medications i.e. Dilantin, Nitroglycerin, the client must have medical clearance prior to admission.

**PLEASE NOTE: Benzodiazepines** require written physician approval prior to the client being given an admission date. Due to Health & Safety concerns for both clients and staff, **Narcotic Drugs** (ie: oxycodone, morphine, codeine preparations) need to be reviewed by our medical consultants and a specialized plan developed for storage and delivery. (Categories as defined by the Office of Controlled Substances, Health Canada- see Appendix 1- Compendium of Pharmaceuticals & Specialties- 2010).

3. **METHADONE-** We accept clients on a Methadone program, **only** if they have been on the program for at least 2 months and on the same dosage for 2 weeks. They must have a clear screen (other than prescribed meds) for a week prior to admission. All methadone prescriptions must be transferred to a local pharmacy or clinic.
4. **PHYSICAL/COGNITIVE ISSUES-** Any physical health or cognitive impairments must be assessed for their interference with the client's ability to participate in the treatment program. Special dietary needs, limits to activity, memory, processing ability or other impairments may be able to be accommodated; however, the Smith Centre must be aware of them prior to admission.
5. **VIOLENCE-** Clients with current or previous charges or a history involving violence (physical or sexual) will be assessed for potential harm to staff and other clients, prior to acceptance of the referral. This is a co-ed facility with Men, Women and Youth Services treatment programs in the same building. We reserve the right to refuse admission to anyone, at any time, who could put the other clients and staff at risk.
6. **CONFIRMED TREATMENT DATE-** Once we have all the information requested, a tentative Treatment date may be given in order to secure access to Pre-treatment services. The client must meet all the Pre-admission requirements listed for them to follow in order to receive a Confirmed Treatment date. A Treatment Date Confirmation form must be signed and returned to Intake. If these steps are not followed the client will likely lose their treatment date.



ST. JOSEPH'S CARE GROUP  
301 NORTH LILLIE ST.  
THUNDER BAY, ONTARIO  
P7C 0A6

SISTER MARGARET SMITH CENTRE  
ADULT ADDICTION PROGRAMS  
CLIENT ADMISSION PACKAGE

MEDITECH #: \_\_\_\_\_ (SJCG)

CLIENT INFORMATION FORM	REFERENT INFORMATION
<b>FIRST NAME:</b>  <b>MIDDLE NAME:</b>  <b>LAST NAME:</b>  <b>LAST NAME AT BIRTH:</b>	<b>DATE OF REFERRAL:</b>  <b>REFERRING AGENCY:</b>
<b>DOB:DD/MM/YEAR</b> <b>AGE:</b>	<b>NAME OF REFERENT:</b>
<b>GENDER: [   ] MALE                      [   ] FEMALE</b>	
<b>HEALTH CARD # :</b> <b>Province:</b> <b>Status Number #:</b> <b>Ontario Works #:</b>	<b>AGENCY ADDRESS:</b>   <b>POSTAL CODE:</b>  <b>PHONE:</b>  <b>FAX#:</b>
<b>STREET ADDRESS:</b>   <b>CITY:</b> <b>PROVINCE:</b>  <b>POSTAL CODE:</b>  <b>CONTACT BY MAIL: YES [   ]      NO [   ]</b>	
<b>HOME PHONE # :</b>  <b>CALL ALLOWED:      YES [   ]      NO [   ]</b> <b>MESSAGE ALLOWED YES [   ]      NO [   ]</b>  <b>OTHER PHONE #:</b>  <b>CALL ALLOWED:      YES [   ]      NO [   ]</b> <b>MESSAGE ALLOWED YES [   ]      NO [   ]</b>	
<b>CURRENT RESIDENCE (IF DIFFERENT FROM ADDRESS LISTED ABOVE)</b>   <b>PHONE #:</b>	
<b>EMERGENCY CONTACT:</b>  <b>RELATIONSHIP:</b>  <b>PHONE #:</b>	<b>CLIENT TYPE – PLEASE CIRCLE</b>  1. Client- Alcohol/Drug 2. Client- Alcohol/Drug/Gambling 3. Client- Gambling 4. Family member of Alcohol/Drug Client 5. Family member of Alcohol/Drug/Gambling Client 6. Other- Non-Addictions  <b>ETHNICITY- ETHNIC OR CULTURAL IDENTITY:</b>  <b>PRIMARY-</b>  <b>SECONDARY-</b>  <b>STATUS #-</b>
	<b>PREFERRED LANGUAGE:</b>   <b>NEED FOR TRANSLATOR?</b>

**SECTION 1- CATALYST ADMISSION INFORMATION**

PLEASE CIRCLE THE NUMBER IN EACH SECTION THAT BEST FITS:

**1. TREATMENT MANDATED\REQUIRED BY:**

1. None
2. Choice between treatment or jail
3. Condition of probation/parole
4. Child Welfare Authority
5. Condition of employment
6. Condition of school
7. Condition of family
8. Other \_\_\_\_\_

**6. INCOME SOURCE:**

1. Disability insurance (WSIB)
2. Employment
3. Employment insurance
4. Family Support
5. None
6. ODSP
7. Ontario Works
8. Other Insurance
9. Retirement
10. Other \_\_\_\_\_

**2. LEGAL STATUS:**

1. No problem
2. Awaiting trial\sentencing
3. On probation- Start date: \_\_\_\_\_ (DD/MM/YEAR) End date: \_\_\_\_\_ (DD/MM/YEAR)
4. On parole
5. Incarcerated
6. Other \_\_\_\_\_

**3. RELATIONSHIP STATUS:**

1. Married/partnered/common-law
2. Single (never married)
3. Widow or widower
4. Separated or divorced

**7. PARENTING (CUSTOM FIELD):**

1. Yes, with 1 or more child aged 0-6 years
2. Yes, with no children aged 0-6 years
3. Children in care of others
4. No children

**4. EMPLOYMENT STATUS:**

1. Employed full-time (includes self-employment)
2. Employed part-time
3. Unemployed (looking for work)
4. Student\ retraining
5. Disabled (not working)
6. Not in labour force
7. Retired

**5. HIGHEST LEVEL OF EDUCATION:**

1. No formal schooling
2. Some primary school
3. Primary school
4. Some high school
5. Completed high school
7. Some college
8. Completed college
9. Some university
9. University degree
10. How many years, in total, has the client spent studying in school, college or University? \_\_\_\_\_

## SUBSTANCE USE & GAMBLING HISTORY

### PRESENTING PROBLEM SUBSTANCES:

	SUBSTANCE USED	FREQUENCY IN LAST 30 DAYS- CIRCLE ONE	
MAJOR SUBSTANCE		1. Did not use 2. 1-3 times monthly 3. 1-2 times weekly	4. 3-6 times weekly 5. Daily 6. Binge
1 <sup>ST</sup> OTHER SUBSTANCE		1. Did not use 2. 1-3 times monthly 3. 1-2 times weekly	4. 3-6 times weekly 5. Daily 6. Binge
2 <sup>ND</sup> OTHER SUBSTANCE		1. Did not use 2. 1-3 times monthly 3. 1-2 times weekly	4. 3-6 times weekly 5. Daily 6. Binge

### OTHER SUBSTANCES USED IN PAST 12 MONTHS: (Circle all that apply)

- |                                    |                                       |             |
|------------------------------------|---------------------------------------|-------------|
| 1. Alcohol                         | 9. Glue & other inhalants             | 17. Tobacco |
| 2. Amphetamines & other stimulants | 10. Hallucinogens                     | 18. Unknown |
| 3. Barbiturates                    | 11. Heroin\ Opium                     | 19. None    |
| 4. Benzodiazepines                 | 12. Methamphetamines (Crystal meth)   |             |
| 5. Cannabis                        | 13. Other Psychoactive drugs          |             |
| 6. Cocaine                         | 14. Over the counter codeine products |             |
| 7. Crack                           | 15. Prescription opioids              |             |
| 8. Ecstasy                         | 16. Steroids                          |             |

### GAMBLING ACTIVITIES ENGAGED IN THE PAST 12 MONTHS:

- |   |   |
|---|---|
| 1. Bingo - live/TV/radio  | 10. Internet Gambling                                     |
| 2. Slot machines  | 11. Gambling with Stocks/Options/Commodities/Real estate  |
| 3. Gaming machines (other than slots)                                     | 12. Betting on games of skill i.e. pool, pitching pennies |
| 4. Casino- Card/Table Games   | 13. Betting on the outcome of events                      |
| 5. Non-Casino Card/Table Games  | 14. Other _____   |
| 6. Horse races-live/off-track   | 15. None  |
| 7. Sports betting (including Pro Line)                                    | 16. Unknown   |
| 8. Lottery tickets  |   |
| 9. Instant win/scratch tickets (i.e. break open, pull tab, Nevada strips) |   |

IS GAMBLING IDENTIFIED AS A PROBLEM? YES [  ] NO [  ]

**HEALTH STATUS/PROBLEMS:**

Visual impairment: YES [ ] NO [ ]  
 Hearing impairment: YES [ ] NO [ ]  
 Mobility/ physical impairment: YES [ ] NO [ ]

Pregnant: YES [ ] NO [ ] POSSIBLE [ ]

Non-medical intravenous drug use: [ ] Never injected  
 [ ] Injected prior to one year  
 [ ] Injected in last 12 months

Number of overnight hospitalizations in last 12 months for physical problems: \_\_\_\_\_

Reason for most recent hospitalization: \_\_\_\_\_

**Diagnosed with a mental health problem by a mental health professional:**

-within the past 12 months: YES [ ] NO [ ]

-within lifetime: YES [ ] NO [ ]

-most recent diagnosis: \_\_\_\_\_

Hospitalized for a mental health problem?

-within the past 12 months- YES [ ] NO [ ]

-within lifetime- YES [ ] NO [ ]

**Received counselling/support/treatment for a mental health, emotional, behavioural or psychological problem from a community mental health program or professional?**

-currently- YES [ ] NO [ ]

-within the past 12 months- YES [ ] NO [ ]

-within lifetime- YES [ ] NO [ ]

-name of current service provider: \_\_\_\_\_

-contact info for service provider: \_\_\_\_\_

**Prescribed medication for a mental health problem:**

-currently- YES [ ] NO [ ]

-within the past 12 months- YES [ ] NO [ ]

-within lifetime- YES [ ] NO [ ]



**HEALTH CONDITIONS/PROBLEMS**

Please check all that apply:

- |   |   |
|---|---|
| <input type="checkbox"/> allergies  | <input type="checkbox"/> history of head injuries                     |
| <input type="checkbox"/> blood pressure problems                              | <input type="checkbox"/> history of seizures/epilepsy                 |
| <input type="checkbox"/> cancer   | <input type="checkbox"/> jaundice                                     |
| <input type="checkbox"/> chronic pain   | <input type="checkbox"/> kidney disease                               |
| <input type="checkbox"/> diabetes   | <input type="checkbox"/> lice/scabies                                 |
| <input type="checkbox"/> Eating disorders<br>(bulimia, anorexia, over eating) | <input type="checkbox"/> liver disease                                |
| <input type="checkbox"/> HIV/AIDS   | <input type="checkbox"/> menstrual/menopausal difficulties            |
| <input type="checkbox"/> heart disease  | <input type="checkbox"/> respiratory                                  |
| <input type="checkbox"/> Hepatitis A  | <input type="checkbox"/> STD (syphilis, gonorrhea, chlamydia, herpes) |
| <input type="checkbox"/> Hepatitis B  | <input type="checkbox"/> stomach/gastrointestinal problems            |
| <input type="checkbox"/> Hepatitis C  | <input type="checkbox"/> thyroid problems                             |
|   | <input type="checkbox"/> tuberculosis                                 |

Provider of Primary Health care (doctor, nurse practitioner, health clinic): \_\_\_\_\_

**Contact information** for provider of health care: \_\_\_\_\_

**PRESCRIBED DRUGS**

**Drugs currently prescribed:**

On Methadone or opioid substitute: **YES** [  ] **NO** [  ] Prescriber: \_\_\_\_\_

Do you experience drowsiness, or fall asleep within 2 hours of taking your methadone dose? (Y/N) \_\_\_\_\_

If Yes, have you discussed this with your prescriber? \_\_\_\_\_

Prescribed Drug	Prescriber & Phone #	Prescription Details

**NOTES ON HEALTH STATUS:**

**SECTION 2- ADDITIONAL INFORMATION- ALL REFERENTS COMPLETE:**

**REFERRAL INFORMATION:**

1. What circumstances have made the client request treatment at this time & how did the client come to know about our services?

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2. Describe the nature of your involvement with the client.

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3. What supports are you providing or able to provide on a pretreatment basis?

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4. What supports does the client have access to in the community? What supports/services has the client accessed to date? (If the client has not accessed services please explain why)

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**SYMPTOMS / TREATMENT HISTORY:**

1. Please put an X by all **addiction related** symptoms the client has experienced:

- |   |  |
|---|--|
| <input type="checkbox"/> feeling sluggish, without energy         | <input type="checkbox"/> disrupted sleep           |
| <input type="checkbox"/> headaches                                | <input type="checkbox"/> nausea / vomiting         |
| <input type="checkbox"/> rapid heart rate                         | <input type="checkbox"/> shakiness, unsteady hands |
| <input type="checkbox"/> passing out                              | <input type="checkbox"/> blackouts                 |
| <input type="checkbox"/> flashbacks / tracers                     | <input type="checkbox"/> sweating                  |
| <input type="checkbox"/> seeing / hearing things not really there | <input type="checkbox"/> poor memory               |
| <input type="checkbox"/> poor concentration                       | <input type="checkbox"/> nose bleeds               |
| <input type="checkbox"/> chronic cough                            |  |
| <input type="checkbox"/> Other (specify) _____                    |  |

2. Attempting to quit or cut down can be difficult, has the client previously tried to quit or cut down on their

Substance use? No \_\_\_\_\_ Yes \_\_\_\_\_ How many times ? \_\_\_\_\_

Gambling? No \_\_\_\_\_ Yes \_\_\_\_\_ How many times ? \_\_\_\_\_

3. What were the circumstances that caused the client to make changes with his/her use during these times?

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4. What has been the longest period of maintained change? \_\_\_\_\_

5. What did the client find helpful during those periods?

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6. Where does the client place him/herself on the continuum of use? (Please determine for each substance used – whether they are “problematic” or not).

Drug # 1 _____	Drug # 2 _____	Drug # 3 _____	Drug # 4 _____
<input type="checkbox"/> No Use	<input type="checkbox"/> No Use	<input type="checkbox"/> No Use	<input type="checkbox"/> No Use
<input type="checkbox"/> Social/recreational use	<input type="checkbox"/> Social/recreational use	<input type="checkbox"/> Social/recreational use	<input type="checkbox"/> Social/recreational use
<input type="checkbox"/> Habitual Use	<input type="checkbox"/> Habitual Use	<input type="checkbox"/> Habitual Use	<input type="checkbox"/> Habitual Use
<input type="checkbox"/> Problematic use	<input type="checkbox"/> Problematic use	<input type="checkbox"/> Problematic use	<input type="checkbox"/> Problematic use
<input type="checkbox"/> Abuse	<input type="checkbox"/> Abuse	<input type="checkbox"/> Abuse	<input type="checkbox"/> Abuse
<input type="checkbox"/> Dependence	<input type="checkbox"/> Dependence	<input type="checkbox"/> Dependence	<input type="checkbox"/> Dependence

7. What is the client’s current substance use goal?

<input type="checkbox"/> quit all substance use/gambling	<input type="checkbox"/> cut down on _____
<input type="checkbox"/> maintain abstinence	<input type="checkbox"/> make no changes
<input type="checkbox"/> other _____	

8. What is the client’s current gambling goal?

<input type="checkbox"/> quit all substance use/gambling	<input type="checkbox"/> cut down on _____
<input type="checkbox"/> maintain abstinence	<input type="checkbox"/> make no changes
<input type="checkbox"/> other _____	

9. Previous addiction treatment: No previous treatment attempts-   
 Yes, **FILL IN TABLE BELOW**

PLACE	WHEN	TYPE OF TREATMENT	COMPLETE?

9. What did the client find most helpful about their past treatment experience(s)?

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10. What did the client find most challenging about their past treatment experience(s)?

OTHER NOTES ON SYMPTOMS/TREATMENT HISTORY:

**EMOTIONAL HEALTH:**

**PLEASE ANSWER YES OR NO AND PROVIDE INFORMATION ON HOW THE CLIENT HAS COPEDED AND WHAT SUPPORTS HAVE BEEN UTILIZED**

CONCERN	EXPERIENCED IN LAST 90 DAYS (Y/N)	EXPERIENCED IN LIFETIME [YEAR OR AGE(S)]	RECEIVED TREATMENT (Y/N)	SUPPORTS/COPING SKILLS USED
Anxiety- tension, nervousness fears / phobias				
Depression- grief, losses, isolation				
Sexual abuse / sexual assault				
Abuse- physical, emotional, mental abuse				
Suicide- suicidal thinking, attempts, self-harm behaviour				
Cognitive- difficulty tracking , concentrating, focusing				
Anger- assaults, aggressive behaviour				
Other trauma (eg. deaths, losses, accidents, other events)				

**NOTES ON EMOTIONAL HEALTH (INCLUDING MENTAL HEALTH /DIAGNOSIS DETAILS)**

**OTHER POTENTIALLY EXCESSIVE BEHAVIOURS:**  
**PLEASE CHECK THE BOXES BELOW IF THEY ARE RELEVANT. PROVIDE DETAILS IN THE SPACE PROVIDED.** *ie. Amount of time spent doing this activity, negative life impact, causes financial strain, topic of arguments with loved ones).*

**NONE**

	√	DETAILS
Shopping (excessive money spending)	<input type="checkbox"/>	
Computer overuse	<input type="checkbox"/>	
Internet overuse (surfing, chatting, blogging, social networking)	<input type="checkbox"/>	
Video Gaming (computer or home systems, online)	<input type="checkbox"/>	
Eating Disorder (starving on purpose, binging purging)	<input type="checkbox"/>	
Sex (pornography, masturbating, sex, visiting sex trade workers, preoccupation with thoughts)	<input type="checkbox"/>	
Other	<input type="checkbox"/>	

**LEISURE ACTIVITIES:**

1. What type of activities does the client do for fun? (past and current)

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**FAMILY/SUPPORTS:**

1. What community is the client originally from? \_\_\_\_\_

2. Childhood Experiences:

- |  |  |
|--|--|
| <input type="checkbox"/> Substance abuse of mother/father    | <input type="checkbox"/> Death of a parent             |
| <input type="checkbox"/> Witness to violence                 | <input type="checkbox"/> Divorce/separation of parents |
| <input type="checkbox"/> Emotional, physical or sexual abuse | <input type="checkbox"/> Foster Care (# of years_____) |
| <input type="checkbox"/> Inconsistent care provision         | <input type="checkbox"/> Inconsistent care providers   |

3. How does the client describe the relationship with his/her family of origin?

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4. Relationship Experiences:

- |  |  |
|--|--|
| <input type="checkbox"/> Never been in a relationship    | <input type="checkbox"/> Difficulties talking about feelings |
| <input type="checkbox"/> Affairs                         | <input type="checkbox"/> Violence/abuse                      |
| <input type="checkbox"/> Mental health issues of partner | <input type="checkbox"/> Solid/supportive relationship       |

5. If the client is currently in a relationship, does the partner struggle with any addiction issues?

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6. Does the client have any children?  Yes  No  
If yes, who has custody of the children? What is the nature of the relationship with the children?

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7. Is there any family history of mental health or addiction?

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8. Do you have a secret life?  Yes  No

Comments: \_\_\_\_\_

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NOTES ON FAMILY/SUPPORTS

**ECONOMIC / EMPLOYMENT / EDUCATION:**

- 1. Current or last occupation? \_\_\_\_\_
- 2. Does the client have EAP in the workplace? \_\_\_\_\_
- 3. If not working, what is the client's source of income? \_\_\_\_\_
- 4. If attending school, which program? \_\_\_\_\_
- 5. Does the client have a learning disability? YES [ ] NO [ ]  
If yes, what type: \_\_\_\_\_

Were there any academic accommodations made in school? \_\_\_\_\_

How does the client best learn new information? (IE: verbally, observing, participating, hands-on, reading, etc.)

\_\_\_\_\_

NOTES ON EDUCATION / EMPLOYMENT-

**LEGAL:**

- 1. Any current charges? YES [ ] NO [ ]
- 2. If yes, what are they? \_\_\_\_\_  
When is the next court date? \_\_\_\_\_
- 3. If on probation or parole...  
What charges is the client on probation for? \_\_\_\_\_  
Probation or parole officer's name: \_\_\_\_\_  
Contact Information: \_\_\_\_\_

4. Past Offenses (check all that apply):

- |   |  |
|---|--|
| <input type="checkbox"/> theft / possession of stolen property                    | <input type="checkbox"/> parole / probation violations |
| <input type="checkbox"/> drug charges   | <input type="checkbox"/> forgery                       |
| <input type="checkbox"/> weapons offenses   | <input type="checkbox"/> burglary, break & enter       |
| <input type="checkbox"/> robbery  | <input type="checkbox"/> assault                       |
| <input type="checkbox"/> arson  | <input type="checkbox"/> sexual assault / incest       |
| <input type="checkbox"/> impaired driving   | <input type="checkbox"/> willful damage / mischief     |
| <input type="checkbox"/> murder / manslaughter, criminal negligence causing death |  |
| <input type="checkbox"/> other – (specify): _____                                 |  |

NOTES ON LEGAL-

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**GOALS FOR TREATMENT:**

1. What are the client's goals for treatment?

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2. What does the client see as important areas to explore in treatment in order to achieve those goals?

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3. What group experiences has the client had to date? (What did they like/dislike?)

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4. What is the client's availability for treatment?

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5. What does the client see as the biggest barrier or potential barrier for attending a treatment program?

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**STRENGTHS AND RESOURCES:**

1. What gives the client hope?

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2. What does the client see as his/her personal strengths?

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**PRE-TREATMENT PLAN FOR CLIENT:**

Pre-treatment service suggested to client	Yes \ No	Agency Suggested
Withdrawal management services (Detoxification)		
Stabilization prior to treatment- supportive housing, individual counselling, meetings.		
Medical Services- medication management, physical assessment, medical procedures.		
Psychiatric Services- psychological or psychiatric assessment, medication stabilization.		
Other (specify) _____		

SUMMARY NOTES

\_\_\_\_\_  
Signature of Client

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Counsellor

\_\_\_\_\_  
Date



**SOPG**  
**Sister Margaret Smith Centre**  
**Problem Gambling Services**

Thinking about the last 12 months...

1. Have you bet more than you could really afford to lose?
 

Never	Almost always
Sometimes	Don't know
Most of the time	
  
2. Still thinking about the last 12 months, have you needed to gamble with larger amounts of money to get the same feeling of excitement?
 

Never	Almost always
Sometimes	Don't know
Most of the time	
  
3. When you gambled, did you go back another day to try to win back the money you lost?
 

Never	Almost always
Sometimes	Don't know
Most of the time	
  
4. Have you borrowed money or sold anything to get money to gamble?
 

Never	Almost always
Sometimes	Don't know
Most of the time	
  
5. Have you felt that you might have a problem with gambling?
 

Never	Almost always
Sometimes	Don't know
Most of the time	
  
6. Has gambling caused you any health problems, including stress or anxiety?
 

Never	Almost always
Sometimes	Don't know
Most of the time	
  
7. Have people criticized your betting or told you that you had a gambling problem, regardless of whether or not you thought it was true?
 

Never	Almost always
Sometimes	Don't know
Most of the time	
  
8. Has gambling caused any financial problems for you or your household?
 

Never	Almost always
Sometimes	Don't know
Most of the time	

9. Have you felt guilty about the way you gamble or what happens when you gamble?  
 Never                                      Almost always  
 Sometimes                                      Don't know  
 Most of the time
10. In the past 12 months, what was the largest amount of money you have gambled with (to the nearest dollar)?
11. Check which of the following people in your life has (or had) a gambling problem:
- |                |   |                  |
|----------------|---|------------------|
| Father         | grandparent                             | child(ren)       |
| Mother         | spouse/partner                          | another relative |
| Brother/sister | friend, or someone important in my life |                  |
12. In the past 12 months, have you ever claimed to be winning money gambling but weren't really? In fact, you lost.  
 Never  
 Yes, less than half the time I lost  
 Yes, most of the time
13. In the past 12 months, have you ever felt like you would like to stop gambling but didn't think you could?  
 Yes                      No
14. In the past 12 months, have you neglected household or other responsibilities in order to gamble, or to get money to gamble?  
 Yes                      No
15. In the past 12 months, have you ever hidden betting slips, lottery tickets, gambling money or other signs of betting or gambling from others?  
 Yes                      No
16. In the past 12 months, have you ever argued with people you live with about how you handle money?  
 Yes                      No
17. (If you answered "yes" to question #16) Have money arguments ever centered on your gambling?  
 Yes                      No
18. (If you answered "yes" to question #17) Have you had a secret life, regarding your money, because of your gambling?  
 Yes                      No
19. In the past 12 months, have you ever borrowed from someone and not paid them back as a result of your gambling?  
 Yes                      No
20. In the past 12 months have you ever lost time from work (or school) due to gambling?  
 Yes                      No

21. Have you ever used gambling to:

- |                        |     |    |
|------------------------|-----|----|
| a) avoid conflict?     | Yes | No |
| b) change your mood?   | Yes | No |
| c) escape from "life"? | Yes | No |

22. If you borrowed money to gamble or pay debts, in the past 12 months, who or where did you borrow from?

- |  |     |    |
|--|-----|----|
| a) from household money.....                             | Yes | No |
| b) from spouse/partner.....                              | Yes | No |
| c) from other relatives or in-laws.....                  | Yes | No |
| d) from banks, loan companies, or credit unions.....     | Yes | No |
| e) from credit cards.....                                | Yes | No |
| f) from loan sharks.....                                 | Yes | No |
| g) cashed in stocks, bonds, or other securities.....     | Yes | No |
| h) sold personal or family property.....                 | Yes | No |
| i) borrowed on chequing account (passed bad cheques).... | Yes | No |
| j) you have (had) a line of credit with a bookie.....    | Yes | No |
| k) you have (had) a credit line with a casino.....       | Yes | No |

23. On a scale of 1-10 (1= no problem with gambling, 10 being a serious gambling problem), how do you rate the level of problems surrounding your gambling?

I rate my gambling problem...                      /10

24. How many years ago would you have rated yourself a 5 (5 being "moderate degree of problems" on the scale?)

**PSGI Score:**           /27           (to be completed by SMSC clinician)

Comments:

**Sister Margaret Smith Centre  
CATALYST data form**

Please complete the following questions:

1. Are you seeking help for:
  - Your own difficulties related to a family/significant others gambling **STOP HERE**
  - Your own gambling problem **PLEASE CONTINUE**
  - Both **PLEASE CONTINUE**
  
2. Looking back now, for how many years has your gambling affected your life in negative ways?  
 \_\_\_\_\_ Years \_\_\_\_\_ Months
  
3. Please indicate how long it has been since you last gambled: Record the number of years, months, weeks or days.  
 \_\_\_\_\_
  
4. Please indicate whether:
  - You came to this agency specifically for gambling treatment
  - Your gambling problem surfaced in the course of other treatment
  
5. (a) Please indicate how often you engaged in each of the following gambling activities in the past 12 months. Please check the most appropriate box.

Gambling Activities:	Did not gamble	Less than once a month	1-3 times monthly	1-2 times weekly	3-6 times weekly	Daily	Unknown
1. Played cards for money							
2. Played Mahjong for money							
3. Played "live" KENO for money							
4. Played roulette for money							
5. Bets on horses, dogs or other animals							
6. Bets on sports							
7. Bets on dice games							
8. Bought lottery tickets							
9. Bought scratch tickets							
10. Bought tear open tickets							
11. Played bingo for money							
12. Played the stock options and/or commodities market							
13. Played VLTs							
14. Played slots or other non- VLT machines							
15. Internet gambling							
16. Played pool, golf or some other game of skill for money							
17. Participated in Sports Pools							
18. Betting spontaneously on random events/informal bets							

19. Some other type of gambling							
---------------------------------	--	--	--	--	--	--	--

5. (b) Please indicate the top three types of gambling problems, using the activity numbers in question 5(a).  
Major \_\_\_\_\_ 1<sup>st</sup> other \_\_\_\_\_ 2<sup>nd</sup> other \_\_\_\_\_
6. (a) Please indicate how often you gambled in each of the following locations in the last 12 months. Check the most appropriate box.

Locations:	Did not gamble	Less than once a month	1-3 times monthly	1-2 times weekly	3-6 times weekly	Daily	Unknown
1. In a commercial casino							
2. In a charity gaming club							
3. In a bingo hall							
4. At the race track							
5. At an off-track betting location							
6. On the internet							
7. On the television							
8. On the telephone							
9. Lottery kiosk/outlet							
10. In family/friends setting							
11. In a social club							
12. In a restaurant/bar							
13. In a school setting							
14. In a work setting							
15. In a seniors centre/home							
16. In a custody/correctional facility							
17. Somewhere else in the community							

6. (b) Please indicate the top three locations for gambling, using the numbers in 6 (a).  
Major \_\_\_\_\_ 1<sup>st</sup> other \_\_\_\_\_ 2<sup>nd</sup> other \_\_\_\_\_
7. Thinking about the times you gambled in the past 12 months, what percent were:  
(a) In Ontario \_\_\_\_\_% (b) In another province \_\_\_\_\_% (c) Outside of Canada \_\_\_\_\_%