

Catholic Health Alliance of Canada
PROGRAM FOR VIRTUAL CONFERENCE



Annual National Conference
Wednesday May 11 to Friday May 13, 2022



Looking Within: Creating Culturally
Safe Environments of Care
for Indigenous Peoples

Hosted by St. Joseph's Care Group, Thunder Bay and Fort William First Nation

Front Cover Art



Turtle Island

Artist: Jordan Quequish

www.thecreativecompany.ca/jordan-quequish

Jordan Quequish is Anishinaabe from Weagmow First Nation located in Treaty #9 in Northern Ontario. Currently he resides in Thunder Bay, Ontario. Painting in the Woodland Style, Jordan bases his work on traditional Anishinaabe teachings, stories, and legends. Jordan has been painting from a young age and was first inspired as he watched his father draw.



Catholic Health Alliance Of Canada

Our Mission

Inspired by the Gospel and grounded in shared beliefs and values, the Alliance is a forum for Catholic health and social services Sponsors in Canada, to exchange ideas and develop shared strategic initiatives that support their ability to strengthen the healing ministry of Jesus.

We exist because we want a Canadian society that reaches out to every person who is suffering from illness, stigma, poverty, or loneliness.



Welcome ~ Bienvenue



Welcome to the 59th Catholic Health Alliance of Canada National Conference. The conference is being held virtually again this year as we navigate the end of the pandemic. All of us have experienced a great deal over the past two years with a multitude of pandemic effects having to be addressed. Along with this is a heightened realization of the consequences of colonization on Indigenous Peoples, with particular focus on the Residential School system.

In March this year, First Nations, Métis, and Inuit delegations from Canada travelled to the Vatican to meet with Pope Francis and to share stories of the impact of church-run residential schools on their communities, the ongoing inter-generational trauma, and to call for an official apology for abuses committed at the schools. Pope Francis apologized on Friday, April 1st, *"For the deplorable conduct of these members of the Catholic Church, I ask for God's forgiveness, and I want to*

say to you with all my heart: I am very sorry. And I join my brothers, the Canadian bishops, in asking your pardon." Personally, I am deeply thankful for this historic meeting and apology, and I believe that it lays the foundation for actions that now need to follow as part of our path towards Truth and Reconciliation.

Catholic health care is committed to be a healing presence on the journey of Truth and Reconciliation. Among other things, as settlers this means understanding our own privilege and how we can use this to address the harms of the past and create a more equitable future. Our conference this year will be one step on our journey. We are grateful that the conference is being hosted by St. Joseph's Care Group in Thunder Bay on the traditional territory of the Fort William First Nation.

Focusing on the theme *Looking Within: Creating Culturally Safe Environments of Care for Indigenous Peoples*, the conference will explore uncomfortable truths, as well as shared actions that will help us move towards authentic healing and restoration, mutual understanding, and trust. As Catholic health care providers and individuals who are committed to learning more about the truth that leads to the path of healing and reconciliation, we are called upon to lead, collaborate, innovate, and influence in order to improve health care in Canada and to serve where the needs are the greatest.

Some of our 129 health organizations with Catholic identity are located in communities that have the highest presence of Indigenous People in Canada. As such, there is a direct link between Indigenous Peoples and Catholic health. At Catholic health organizations across the country, we have become acutely aware of the need to better understand and respond to the specific needs of patients and families who are Indigenous Peoples. We are called to be in relationship and walk side-by-side with people in these communities.

I am confident that you will find the conference program rich, humbling and yet empowering as we navigate our paths to truth and reconciliation together to build exemplary health care in Canada. Our presenters are experts in their fields, and I am grateful for their wisdom and willingness to share their experiences. Finally, tragedies in our world abound, including internal and external dissent and conflict. Our prayers are with those suffering no matter what the cause. I know that our collective actions and prayers can and will significantly improve the lives of those we serve, and of each other.

Sara John Fowler
Chairperson
Catholic Health Alliance of Canada





What to Expect and Coping with Emotions

Thank you for taking the time to attend this conference to better understand what is required to create culturally safe environments of care for Indigenous Peoples. This work is an ongoing journey that will continue for many years to come and will involve both learning and unlearning.

We need to unlearn some of the things that we think we know, particularly attitudes we have been socialized to believe to be true. Participating in the process of Truth and Reconciliation requires us to unlearn in some ways that ingrained socialization, and to learn new information and new ways of acting and being present.

The process of learning and unlearning can give rise to uncomfortable feelings that need to be honoured and accepted. These can include feelings such as guilt, distress, discomfort, anger, and even resistance on our part.

These reactions are all normal ways to feel. During the conference you are invited to embrace this normal process of learning and unlearning, and the feelings that arise during this process.

As the conference unfolds you will hear from and engage with many speakers that will support your continued learning and ongoing reflection, both personally and in your organizational practices. You are invited to welcome any discomfort that may arise, welcome it as part of your journey, and turn any feelings of guilt or discomfort into feelings of responsibility and accountability for making a positive contribution.

Resources

Resources to help you deal with feelings and emotions that may be evoked during this conference include:

- See brochure at the link — [Coping With Emotional Reactions \(Health Canada\)](#);
- The National Indian Residential Schools Crisis Line provides 24/7 emotional support and crisis intervention services to former students of Residential Schools. Call 1-866-925-4419 if you need to talk
- Elder Support — If you wish to have a conversation with an Elder, one is available to support you during the conference through the virtual conference platform.



Pre-Conference Reading List

Click here for a list of suggested books to read before and after the conference.





Schedule of Events

WEDNESDAY MAY 11, 2022

Pre-Conference Activities: *Sunrise Ceremony, Lighting of the Sacred Fire, Sweet grass smudging* are not public events and will not be live streamed. They will occur in Thunder Bay to ensure the success of the conference. Kairos Blanket Exercises will be available to those who register for this activity.

THURSDAY MAY 12, 2022 ~ 10:30 – 16:30 EST

- 10:30 **Words of Welcome and Opening Prayers**
John Ruetz, Kelli O'Brien and Chief Peter Collins
Pipe Ceremony — Elder Ernie Kwandibens
Prayer: Ernie and Charlotte Kwandibens
- 11:00 **The Story of Creation**
- 11:20 **Keynote Address:** Dr. Cynthia Wesley-Esquimaux
- 12:20 Lunch Break
- 13:00 **Virtual Kairos Blanket Exercise**
- 13:00 **Discussion forum** for participants who were able to attend in-person Kairos Blanket Exercises
- 15:00 Health Break
- 15:15 **Keynote Address:** Niigaanwewidam James Sinclair, PhD
- 16:15 **Weavers' comments and Jingle Dance**
- 16:30 Conference concludes for the day.

FRIDAY MAY 13, 2022 ~ 10:30 – 16:30 EST

- 10:30 **Welcome:** John Woods and Marinna Read
Opening Prayer: Elder Mary Wilson
- 10:45 **Keynote Address:** Dr. James Makokis
- 11:45 **Panel Discussion**
Lisa Raven, Diane Longboat and Dr. Cynthia Wesley-Esquimaux
- 12:45 Lunch Break
- 13:30 **Presentation of National Awards**
- 13:50 **Panel Discussion**
Paul Francis Jr., Harmony Johnson and Bill Hill
- 14:50 Health Break
- 15:05 **Keynote Address:** Terrellyn Fearn
- 16:05 **Closing Prayer:** Ernie and Charlotte Kwandibens
- 16:10 Weavers' Comments and Conference Closing Remarks
Traveling Song: Traditional Grandfather drum and singers





Pre-Conference Activities

Hosted by St. Joseph's Care Group and the Fort William First Nation, Thunder Bay, ON

Wednesday May 11, 2022

Sunrise Ceremony



Lighting of the Sacred Fire



Kairos Blanket Exercises



For the duration of the CHAC conference, the sacred fire will remain lit in Thunder Bay, watched over and tended to by a Fire Keeper to ensure the spirits and teachings guide and protect participants during the conference. The *Sunrise Ceremony* and *Lighting of the Sacred Fire* are not live streamed.





Keynote Speakers and Sessions

Thursday May 12, 2022 ~ 10:30

Welcome Greetings

John Ruetz, CEO Catholic Health Alliance of Canada
Kelli O'Brien, CEO of St. Joseph's Care Group, Thunder Bay
Chief Peter Collins of Fort William First Nations, Thunder Bay

Introduction of the Conference Weavers



Marinna Read is a Fort William First Nation community member and resides in Thunder Bay, Ontario. She is currently the Manager of the Indigenous Peoples Health department at St. Joseph's Care Group. She holds a Bachelor Degree in Criminology from the University of Manitoba and an Honours Bachelor of Social Work and Masters of Social Work degree from Lakehead University. She has spent over 20 years practicing in the areas of youth and adult mental health, Indigenous Peoples child welfare, program and community development and most recently implementing Indigenous Peoples health care into a hospital setting.



John Woods is President, St. Joseph's Villa, St. Joseph's Health System, Diocese of Hamilton. He has also served as Interim President of St. Mary's General Hospital in Kitchener. He is currently Chair of the Board of the Catholic Health Association of Ontario and is a member of the Board of Home Care Ontario. John began his career in the UK National Health Service (NHS) where he also completed the NHS Management Training Scheme. As a general administrator John has led teams in Finance, I.T., Community Health Services, Research Administration, Quality and Patient Safety, and Medical Affairs Risk and Legal. He is proud supporter of the Alzheimer's Society and the Margaret's Place Hospice.

Peter Collins, Chief of the Fort William First Nation



Peter Collins is currently serving his tenth term as the Chief of Fort William First Nation. He previously served nine years as Regional Grand Chief of the Northern Superior Region and currently holds a Board position with the Union of Ontario Indians, Anishnawbek Nation. In 2016, he was appointed to sit at the Chief's Committee on Economic Development with the Assembly of First Nations (AFN). Chief Collins is a leader who works hard for his community and is focussed on advancing the First Nation through Economic Development and capacity building. With this dynamic vision he wants to ensure that Fort William First Nation will position itself to be a leader in the area and to be a partner to other surrounding communities, businesses, and organizations. He believes strongly in the people of Fort William First Nation, focussing on the priorities of taking care of the Elders and setting an example for the Youth.





Prayer and Pipe Ceremony

Ernie and Charlotte Kwandibens of Whitesand First Nation or Gerry



Ernie is a member of the Whitesand First Nation. He works with his wife Charlotte on traditional ceremonies such as sweat lodge ceremonies, pipe ceremonies, sunrise ceremonies, naming ceremonies, and young men's teachings.

Ernie is also an Elder for Dilico Anishinabek Family Care and conducts sweat lodge ceremonies for community members.

Thursday May 12, 2022 ~ 11:00

The Story of Creation — Nanaboozhoo



Traditionally, people have expressed their understanding of themselves and their place in creation through stories that are particularly important among the Indigenous Peoples of *Turtle Island*, the continent Europeans named *North America*. To fully engage in the Creation Story we must go beyond merely listening to the words, to engage in such a way that we come to live the story.

Many Indigenous Peoples cultures

have multiple creation stories, each revealing different truths and teachings. Some speak of the creation of the entire world, others of the creation of the human, and others of the creation of a specific living being, river, mountain, or place.

Thursday May 12, 2022 ~ 11:20

Keynote Address

Dr. Cynthia Wesley-Esquimaux



Dr. Cynthia Wesley-Esquimaux will provide conference participants with a historical baseline of understanding of the Indigenous Peoples lived experiences that leads up until today.

Dr. Cynthia Wesley-Esquimaux, PhD is the first Indigenous Peoples Chair for Truth and Reconciliation in Canada for Lakehead University and Chair of the Governing Circle for the National Centre for Truth and Reconciliation at the University of Manitoba, a member and resident of the Chippewa of Georgina Island First Nation in Ontario and has dedicated her life to building bridges of understanding between peoples. She served as Vice Provost for Indigenous Peoples Initiatives at Lakehead University for three years.





Thursday May 12, 2022 ~ 13:00

Virtual Kairos Blanket Exercise

Conference participants who attended a Kairos Blanket Exercise on Tuesday May 10, Wednesday May 11 or Thursday May 12. A limited number of spots are available at each in-person and virtual session, and will be assigned on a first come first serve basis. The Kairos Blanket Exercise is available at no extra cost to participants. It is included as part of the registration fee. All participants are encouraged to attend a session of this moving and educational exercise. You will be asked to select a session as part of the registration process.

Developed in collaboration with Indigenous Peoples, Elders, Knowledge Keepers and educators, the KAIROS Blanket Exercise (KBE) is an interactive and experiential teaching tool that explores the historic and contemporary relationship between Indigenous and non-Indigenous peoples in the land we now know as Canada. Participants step on blankets representing the land and into the role of First Nations, Inuit and Métis peoples. They are guided by trained facilitators who work from a script that covers pre-contact, treaty-making, colonization, resistance and much more. The KBE concludes with a debriefing, conducted as a talking circle, during which participants discuss the learning experience, process their feelings, ask questions, share insights, and deepen their understanding. Over the past two decades, thousands of KAIROS Blanket Exercises have been delivered in Canada and around the world, including in the United States, Central and South America, Europe, and Australia. By engaging participants on both emotional and intellectual levels, the KBE both educates while creating empathy and understanding.



Discussion Forum

This discussion forum will provide an opportunity for individuals who have already participated in a Kairos Blanket Exercise to discuss learnings, emotions that were evoked, and how learnings could be shared and applied at their home organization.





Thursday May 12, 2022 ~ 15:15

Keynote Address

Niigaanwewidam James Sinclair, PhD



Niigaan will speak on concepts of health from the Indigenous Peoples perspective that include mind, body, health, and spirit as well as how trauma has had an incredible impact on all peoples affected by assimilation, segregation, and the Indian Residential Schools. He will also touch upon the calls to action of the Truth and Reconciliation Commission and what we can do going forward.

Niigaanwewidam (Niigan) James Sinclair is an Anishinaabe academic and writer based in Winnipeg, Manitoba. Originally from Selkirk, Manitoba. Sinclair completed his undergraduate studies at the University of Winnipeg, and went on to obtain a MA at the University of Oklahoma, and then a PhD at the University of British Columbia. Sinclair is Head of the Department of Native Studies at the University of Manitoba and an activist and public speaker on Indigenous Peoples issues. He has edited or written pieces, as well as a number of graphic novels. Sinclair is also a journalist for the Winnipeg Free Press and has worked as a high school teacher. He is the son of Senator Murray Sinclair.

Thursday May 12, 2022 ~ 16:15

Weavers' Comments

Jingle Dance



The jingle dress and dance is an Ojibwe healing dance that originated with the Naotkamegwaning (Whitefish Bay) First Nation in Northern Ontario. A young girl, Maggie White, became ill and her grandfather had a dream in which he prayed for a way to heal her. In the dream four ladies came to him wearing dresses with cones on them that sounded like rain when they moved. He was told that if he created these dresses and the ladies would dance, his granddaughter would be healed. He made the dresses and the women from his family danced for the girl and over time she began to heal.

The dresses have 365 metal cones attached to them representing the 365 days of the year. The dancers do a side-step movement and are supposed to stay in a line. Jingle Dress dancers don't pass each other as they dance, as they don't want to break the healing circle.





Friday May 13, 2022 ~ 10:30

Opening Prayer

Elder Mary Wilson

Cultural Specialist at Manitoba Adolescent Treatment Centre and Child and Family Services



Mary Wilson is known to many as *Grandmother of Four Directions* and *Walks With Wolves*. As a spiritual teacher, Spirit Walker and Healer, Mary's gentle presence has helped people to heal, emotionally, physically, and spiritually. Mary is presently working as a Resident Elder Cultural Specialist at Manitoba Adolescent Treatment Centre and Child and Family Services. Mary has worked as an Elder at the Circle of Life Thunderbird House co-creating programs with Elder Mary Richard. She has served as an Elder and Spiritual Care person at Neeginan Emergency Centre (First Nations Homeless Shelter). While she was there, Mary created addiction therapy groups, a literacy program, and a safe place for individuals to lay down their pain. Mary is finishing her Ph.D. in Philosophy with Clinical Hypnotherapy as a major. She has also been honoured with two Honorary Doctorates in Philosophy and Divinity.

Friday May 13, 2022 ~ 10:45

Keynote Address

Dr. James A. Makokis



Dr. James Makokis will speak to Indigenous Peoples health and wellness, and what Indigenous Nations look to for healing — the importance of community, ceremony, languages, protective factors, and the way we treat our ancestors. Participants will come away with a better understanding of why reconciliation is important, why we should care about reconciliation, and what might keep us from meaningful reconciliation.

Dr. James A. Makokis is a Nehiyô (Plains Cree) Family Physician from the Saddle Lake Cree Nation in northeastern Alberta. Dr. Makokis is a national and internationally recognized leader and author in the area of Indigenous Peoples health and transgender health. Recently named to "The Medical Post's 2021 Power List," Dr. Makokis believes that power should be shared, especially with those who have been dis-empowered. His philosophy of leadership is based on Nehiyô *iyintiw wiyasiwewina* (Cree Natural Laws) including *kisewatisiwin* (kindness), *kwayask itatisiwin* (honesty), *sohkeyitamowin* (strength/determination), and *pahkwenamatowin* (sharing) as taught to him by his Elders.

Friday May 13, 2022 ~ 11:45

Panel Discussion

These following three panelists will explore ways to form creative and collaborative partnerships for organizational change in health care, and will draw on their expertise and community experiences.

- Lisa Raven will speak to the trauma that Indigenous Peoples have suffered and how they are finding their way forward to healing by using a model from Returning to Spirit. That healing must be done in partnership with Catholics.
- Diane Longboat and Cynthia Wesley-Esquimaux will interweave themselves into this conversation and incorporate how we need clear ancestral lineages and community for healing and building; what is the collective way forward and understanding that reconciliation needs to be done on both sides.





Lisa Raven, Executive Director and Trainer for *Returning to Spirit* is from Hollow Water First Nation and attended Marieval Indian Residential School (SK) for one year. Lisa believes that we were put on this earth to operate from our greatness, regardless of race, creed or background. As humans we limit ourselves in so many ways. Located in the center of Canada on Treaty 1 territory, *Returning to Spirit* is an indigenous-led non-profit organization governed by a Board that has an equal number of Indigenous and non-Indigenous members. Together, with a valued team of experienced trainers and passionate partners, they have been delivery experiential reconciliation workshops since 2001.



(Kahontakwas) Diane Longboat M.Ed, CAMH Elder, Senior Manager of Strategic Initiatives. She is a member of the Turtle Clan, Mohawk Nation at Six Nations Grand River Territory, and a citizen of the Haudenosaunee Confederacy. She is a ceremonial leader, traditional teacher, and healer. Diane's work is braided at the intersection of health, education and traditional knowledge systems of Indigenous Nations. Diane is founder of *Soul of the Mother*, a Healing and Teaching Lodge on the shores of the Grand River at Six Nations Grand River Territory. Diane is also founder of *First Nations House* (Office of Aboriginal Student Services and Programs) at the University of Toronto.



Dr. Cynthia Wesley-Esquiaux, PhD is the first Indigenous Peoples Chair for Truth and Reconciliation in Canada for Lakehead University and Chair of the Governing Circle for the National Centre for Truth and Reconciliation at the University of Manitoba. a member and resident of the Chippewa of Georgina Island First Nation in Ontario and has dedicated her life to building bridges of understanding between peoples. She served as Vice Provost for Indigenous Peoples Initiatives at Lakehead University for three years. Cynthia was the inaugural Nexen Chair for Indigenous Leadership at the Banff Centre for Arts and Creativity and remains a faculty member in the Indigenous Learning program.

Friday May 13, 2022 ~ 13:30

National Award Presentations

Each year the Catholic Health Alliance of Canada invites nominations to recognize national excellence in the following categories:

Lifetime Achievement ~ Catholic health care in Canada has been blessed with a legacy of faithful leaders whose dedication throughout their careers has built the ministry and ultimately brought care and healing to persons and communities. The Lifetime Achievement is presented in three categories: Honouring a Leader, Honouring a Direct Caregiver and Honouring a Board Member.

Tomorrow's National Leaders ~ Tomorrow's National Leaders Award is given to young leaders who have already made significant contributions to the ministry locally and who, through their leadership, can provide prophetic witness to the mission of Catholic health care at the national level.

Programs of Distinction ~ Motivated by Christ's call to care for those who are poor, suffering and vulnerable, Catholic health care organizations respond with innovative approaches to the needs of people within and beyond their communities.

This Years Presentations ~ Awards this year will honour 1 person for Lifetime Achievement in the category of Honouring a Board Member; 2 persons for Lifetime Achievement in the category of Honouring a Leader; and 1 Program of Distinction.





Friday May 13, 2022 ~ 13:50

Panel Discussion

The three panelists in this forum discussion will seek to highlight learnings at health organizations with Catholic identity and how we can co-create approaches to do meaningful work in reconciliation.

- Harmony Johnson will primarily focus on the conditions and pre-work that organizations need to do to prepare themselves and their organizations to do meaningful work in reconciliation.
- Paul Francis is the first Director of Indigenous Peoples Relations at St. Joseph's Care Group in Thunder Bay and will highlight "nothing about us without us" and St. Joseph's creation of an Indigenous Peoples relations committee and what has transpired since then.
- Bill Hill is the Project Lead for the *Biigajiisakaan: Indigenous Pathways to Mental*. He will speak on how the effects of the inter-generational healing methods has impacted the mental health of many people.



Paul Francis Jr. was born and raised in Thunder Bay, with Indigenous roots in Mnidoo Mnising (Manitoulin Island) and is a member of Wiikwemkoong Unceded Territory. Paul is the Director of Indigenous Relations at St. Joseph's Care Group in Thunder Bay, Ontario. Paul's part-time private practice *Shkode Mkwa* provides individual and family counselling that is First Nation Trauma-Informed, culturally appropriate, and utilizing holistic methods.



Harmony Johnson, sełakes, the Vice-President for Indigenous Wellness and Reconciliation at Providence Health Care in Vancouver, is of the Tla'amin First Nation (Coast Salish) and was raised in Tla'amin territory where most of her family resides. Harmony operates a consulting business providing strategy and advisory services in Indigenous Peoples health, governance, and human rights. She has served in senior roles with the *In Plain Sight* review in BC health care, and with the First Nations Health Authority, First Nations Summit, and First Nations Forestry Council. Harmony has a BA from Simon Fraser University and an MHA from the University of British Columbia.



Ro'nikonkatste (Standing Strong Spirit) Bill Hill is an Adjunct Assistant Professor at Western University, Department of Psychiatry. He has worked at Parkwood Institute Mental Health London since 1982, originally as a nurse and then as a Social Worker on several Assertive Community Treatment teams. Currently he is the Project Lead for the *Biigajiisakaan: Indigenous Pathways to Mental Wellness* which is co-led by the Atlohsa Family Healing Service and Parkwood Institute Mental Health. He has a Bachelor of Social Work from Ryerson University, a Masters of Social Work in Indigenous Field of Study from Laurier University and completed a degree in Education from Brock University in the Indigenous Teacher Education Program.





Friday May 13, 2022 ~ 15:05

Keynote Address

Terrellyn Fearn, Co-director, Turtle Island Institute

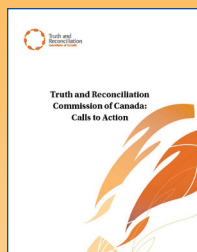


The closing keynote address by Terrellyn Fearn will bring together discussions that have taken place during the conference, speak of the importance of relationships and care in our outreach and engagement practice. She will also highlight a path forward based on stories drawn on her experience.

Terrellyn Fearn is Snake Clan, and a member of Glooscap First Nation in Mi'kma'ki with strong Mi'kmaq lineage from her paternal grandmother and rich Irish roots from her maternal grandmother. She grew up on the shores of the Bay of Fundy in close relationship with the land and water. As Co-Director of Turtle Island Institute, she brings wisdom and understanding of Indigenous Peoples well-being and community building through *rematriation*, an Indigenous Peoples women's led movement and digital storytelling platform dedicated to helping return the sacred to the mother. Her work over the last 25 years has focused on advancing social justice and systems change around health, gender-based violence, education, and healing. She is privileged to have worked with over 340 rural and urban Indigenous communities throughout Turtle Island.

In 2017, she was the Director of Outreach and Support Services for the Canadian National Inquiry into Missing and Murdered Indigenous Women and Girls (MMIWG) and led a 2.5 year process for family members and survivors of violence to share their truth. She is a MEd. candidate at York University and a Research Associate at the Waterloo Institute for Social Innovation & Resilience (WISIR).

Books and Resources about Indigenous Peoples

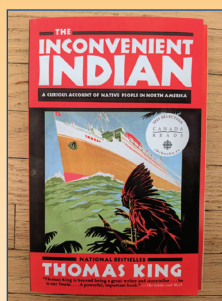
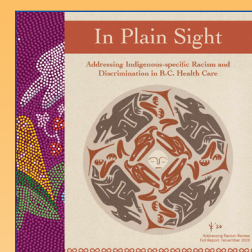


Truth & Reconciliation Commission
Health Care Calls to Action

[Download PDF](#)

*In Plain Site Report: Addressing
Indigenous-specific racism and
discrimination in B.C. Health Care*

[Download PDF](#)



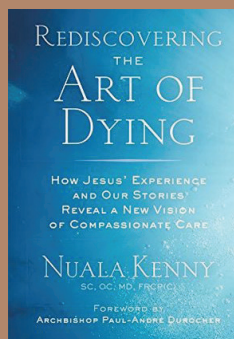
The Inconvenient Indian
by Thomas King

Rich with dark and light, pain and magic, *The Inconvenient Indian* distills the insights gleaned from Thomas King's critical and personal meditation on what it means to be "Indian" in North America, weaving the curiously circular tale of the relationship between non-Natives and Natives in the centuries since the two first encountered each other.

Separate Beds (Indian Hospitals) by Maureen Lux

Maureen K. Lux's new work, *Separate Beds: A History of Indian Hospitals in Canada, 1920s-1980s*, is a well researched examination of Indian hospitals on the Canadian prairies in the twentieth century. Previously awarded for her other work on Aboriginal health in Canada, historian Lux, examines a particular type of institution and period in Aboriginal history in Canada.



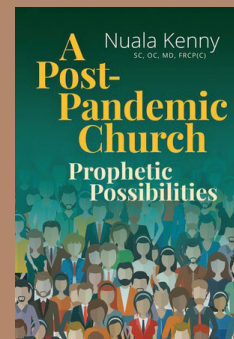


Gems from Sr. Nuala Kenny

Available from Novalis

In *The Art of Dying*, Kenny draws on the Passion of Christ and reflects on the inevitable questions we all face regarding health, illness, suffering, and dying.

A Post-Pandemic Church: Prophetic Possibilities delves into the various theological, spiritual and organizational issues and into personal and ecclesial transformation as missionary disciples of Jesus.



Catholic Hospital History Buffs

Bytown 1847: Élisabeth Bruyère and the Irish Famine Refugees

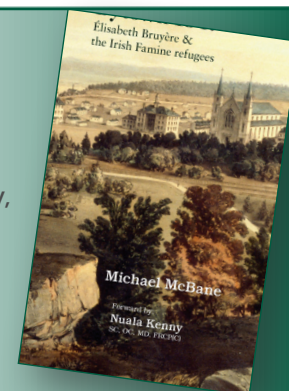
by Michael McBane

In 1847, Sr. Élisabeth Bruyère, the 29 year old superior of the Bytown Sisters of Charity, took extraordinary action at great personal risk to care for the Irish Famine refugees streaming into Bytown (Ottawa).

336 pages with illustrations (ISBN 978-1-7753688-2-3)

\$25.00 per copy + postage & handling

Available from the author. E-mail: michael@mcbane.ca



Celebrating the Legacy



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**Celebrating
the People
of Catholic
Health Care**

The 2021 National Award Recipients

2021 LIFETIME ACHIEVEMENT AWARD



Anne Anderson, CSJ
Hamilton, Ontario



Jean Piché
Winnipeg, Manitoba

2021 TOMORROW'S NATIONAL LEADER AWARD



Jo-Ann Tait
Vancouver, British Columbia



2021 PROGRAMS OF DISTINCTION AWARD



**Regional Specialty
Mental Health Services**
Providence Care
Kingston, Ontario



**Mobile Outreach and
Support Team (MOST)**
Hôtel-Dieu Grace Healthcare
Windsor, Ontario





2022-2023 Governing Council



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Representing the
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Victoria, British Columbia



Fiona Dalton
Representing
Providence Health Care Society,
Vancouver, BC



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Representing the Canadian
Conference of Catholic Bishops
(CCCCB)



Beth Johnson
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Catholic Health Sponsors of Ontario,
Toronto, Ontario



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Richard Corneil, Vice Chair
Representing
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Patrick Dumelie,
Representing
Catholic Health of Alberta
and Saskatchewan



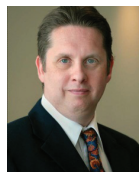
Scott Irwin
Representing
Emmanuel Care
Saskatoon, Saskatchewan



Daniel Lussier
Representing the Réseau Compassion
Network, the Diocese of Winnipeg
(Misericordia Health Centre) and the
Sisters Servants of Mary Immaculate



Elizabeth Millett
Representing the
Sisters of St Martha of Antigonish,
Nova Scotia



John Woods
Representing the
St. Joseph's Health System,
Hamilton, Ontario.



John Ruetz
President and CEO
Catholic Health Alliance of Canada,
Ottawa, Ontario



Platinum Friends



Thank You



Merci

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*Sisters of Saint Martha
of Antigonish*



CATHOLIC HEALTH ASSOCIATION OF MANITOBA
ASSOCIATION CATHOLIQUE MANITOBAINE DE LA SANTÉ
МАНІТОБСЬКА КАТОЛИЦЬКА АСОЦІАЦІЯ ЗДОРОВ'Я



**Emmanuel
Health**



*Catholic Health International
Santé Catholique Internationale*

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Silver Friends



**Catholic Health
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St. Joseph's
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Message from Thomas King, Indigenous Author

Thomas King is a respected and well-known Canadian author. His work, whether fiction, nonfiction or radio, is a master class in storytelling. A Member of the Order of Canada and two-time nominee for the Governor General's Award, Thomas is often described as one of the finest contemporary Indigenous writers in North America. Thomas was the first Aboriginal person to deliver the prestigious Massey Lectures, and is the bestselling, award-winning author of six novels, two collections of short stories and two nonfiction books.

His non-fiction tour de force, *The Inconvenient Indian: A Curious Account of Native People in North America* explores the relationship between Natives and non-Natives since the fifteenth century, and examines the way that popular culture has shaped our notion of Indigenous identity.

As quoted in an interview with CBC on October 13, 2016, Thomas reflected on the use of humour in his writing:

"I think that things have been, in some places for many of our people, so bad for so long that all you can do is joke about it and try to do the best you can. I think humour is a way to keep ourselves from going absolutely crazy. The really great storytellers, oral storytellers or people who are writing have a good sense of humour and it is so critical to hear that.

Humour deepens the tragedy. My idea in a book like, say, The Inconvenient Indian, when I was writing that, was I said, 'Ok, what I have to do is make people laugh and cry at the same time. I have to find ways to do that to where I can present that material in a way that I get both of those reactions almost simultaneously.'"



Thomas sent the following message to the Catholic Health Alliance of Canada:

"I do wish you well with the conference. Since you are working within the realm of Reconciliation, you could use a poem about Reconciliation that appears in my poetry collection 77 Fragments of a Familiar Ruin.

The poem is somewhat ironic, satiric, doggerel-ish, and mean spirited, and is probably not appropriate. Still . . . it's poem #36. Just in case."

To reconcile, here's what to do.
The rules are simple,
the rules are few.

Honour the promises,
do what you say,
restore the land
and get out of our way.

Send the lawyers to
another dance,
and keep your apologies
in your pants.

Thomas King – used with permission