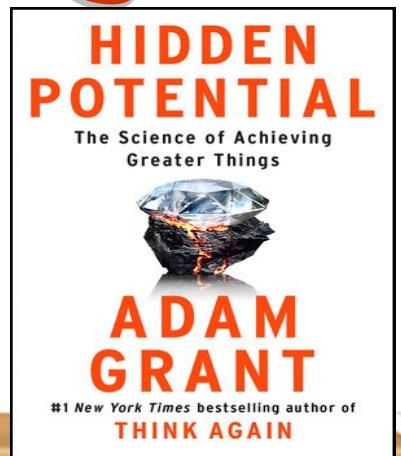
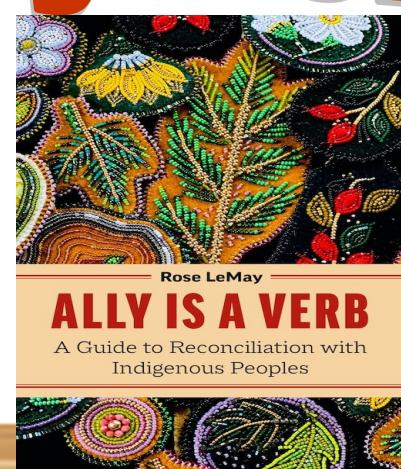
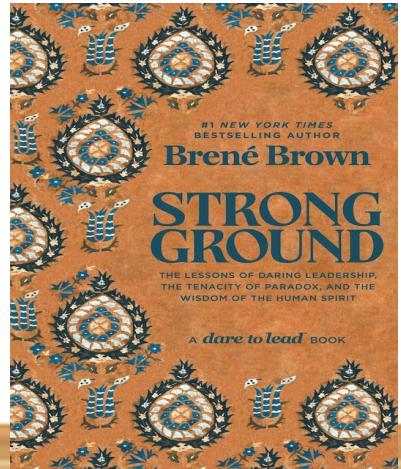
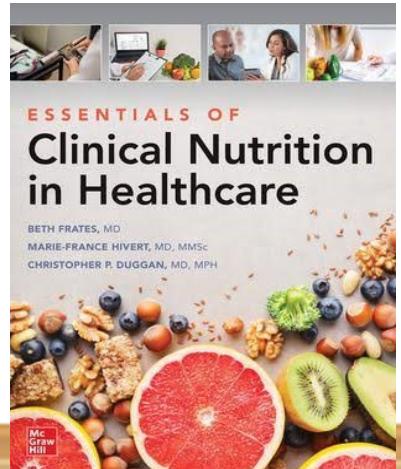
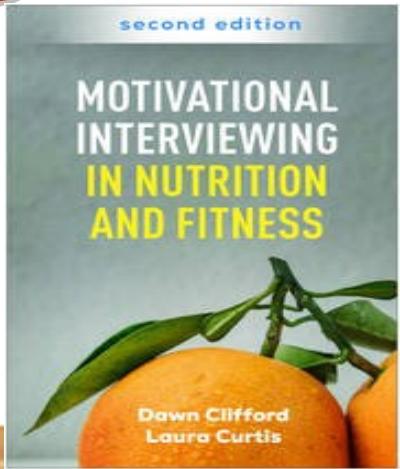
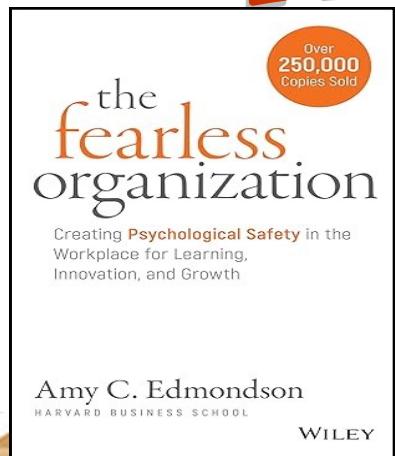


# New Titles January 2026



***The Fearless Organization: Creating psychological safety in the workplace for learning, innovation and growth*** / Edmonson

Based on decades of research, this book demonstrates that when people feel safe to speak up, share ideas, and admit mistakes without fear of negative consequences, organizations thrive. Psychological safety is not just a “nice-to-have” – it is a critical driver of learning, innovation, and collaboration in today’s complex work environments.

[HD 58.7 E28 2019](#)

***Motivational Interviewing in Nutrition and Fitness, 2nd ed.*** / Clifford

This go-to reference and practice guide for using motivational interviewing (MI) to enhance conversations about nutrition and fitness is now thoroughly updated. MI offers simple yet powerful tools for helping clients work through ambivalence and overcome barriers to change. Sample dialogues illustrate the dos and don'ts of counseling clients about meal planning and preparation, exercise, body image, disordered eating, and more.

[WB 400 C56 2025](#)

***Essentials of Clinical Nutrition in Healthcare*** / Frates, et al.

Focusing on nutrition and dietetics, this book walks you through the process of maintaining patients' energy balance while also providing sufficient nutrients, such as protein, vitamins, and minerals. Evidence-based chapters address the effects of diet on health and a comprehensive array of illnesses from cardiovascular disease, cancer, diabetes, and hypertension to depression, anxiety, and dementia.

[WB 400 F56 2024](#)

***Strong Ground: The lessons of daring leadership, the tenacity of paradox and the wisdom of the human spirit*** / Brown

This book is an urgent call to reimagine the essentials of courageous leadership. In a time when uncertainty runs deep and bluster and hubris are increasingly framed as acceptable leadership, Brené Brown delivers practical, actionable insights that illuminate the mindsets and skills sets essential to reclaiming focus and driving growth through connection, discipline, and accountability.

[HD 57.7 B77 2025](#)

***Ally is a Verb: A guide to reconciliation with Indigenous Peoples*** / LeMay

What can you do to be a better ally for your Indigenous colleagues and community members? By actively listening to the history and current lived experiences of Indigenous Peoples, you can take steps to address the inequities that Indigenous Peoples continue to face. This book describes key principles to promote reconciliation, deepen your practice of allyship, and contribute to meaningful change.

[PR L56 2025](#)

***Hidden Potential: The science of achieving greater things*** / Grant

This book offers a framework for raising aspirations and exceeding expectations. It explores how to build motivation and the character skills to realize our own potential, and how to design systems that create opportunities for those who have been underrated and overlooked. It reveals that progress depends less on how hard you work than how well you learn and that growth is not about the genius you possess—it's about the character you develop.

[BF 503 G73 2023](#)



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