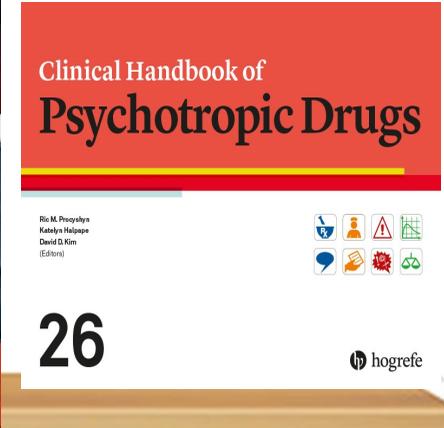
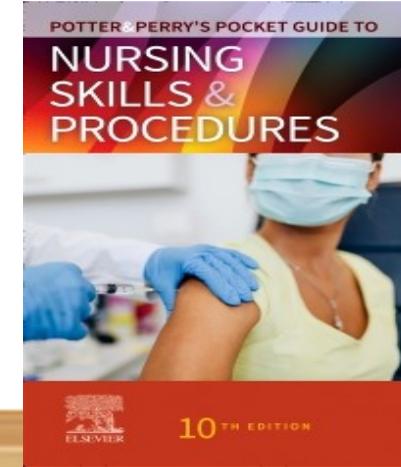
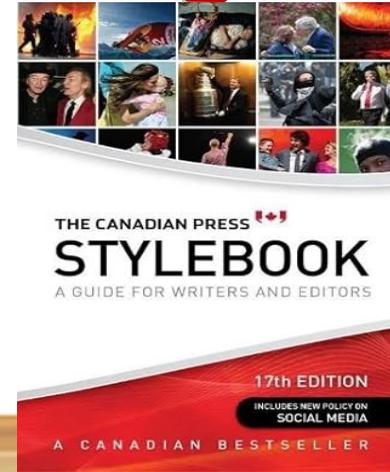
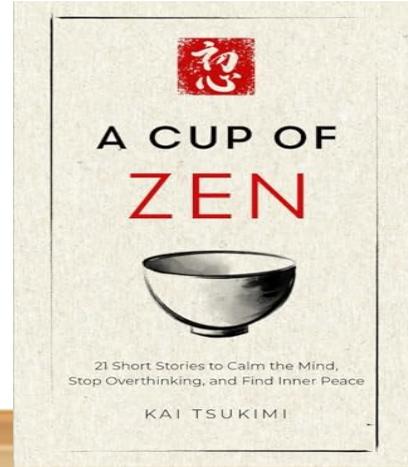
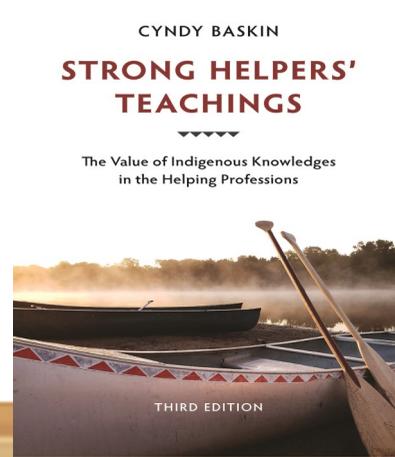
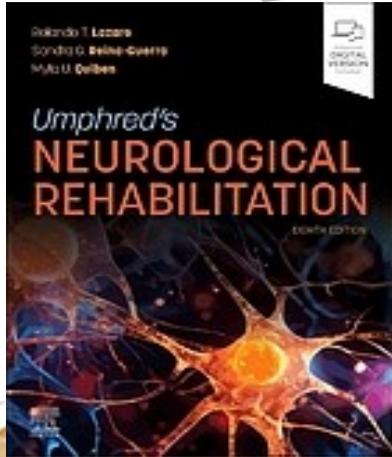


New Titles April 2026



Umphred's Neurological Rehabilitation, 8th ed. / Lazaro, et al.

Develop essential problem-solving strategies for providing individualized, effective neurologic care. This new edition covers the therapeutic management of people with activity limitations, participation restrictions, and quality-of-life issues following a neurological event across the lifespan. It provides foundational knowledge and addresses the best evidence for examination tools and interventions used in today's clinical practice.

[WL 140 U78 2026](#)

Strong Helpers' Teachings: The value of Indigenous knowledges in the helping professions, 3rd ed. / Baskin

This thoroughly updated edition places Indigenous perspectives at the centre of the social work disciplines and covers topics such as spirituality, research, justice, and healing. New chapters on decolonization and reconciliation, as well as expanded content on holistic healing implementation, skill building, and land-based practice, are included. With practical examples and case studies, this text is foundational for educators, practitioners and human service workers.

[SP B38 2022 IC](#)

A Cup of Zen: 21 short stories to calm the mind, stop overthinking, and find inner peace / Tsukimi

This collection is designed to help you quiet your mind, let go of unnecessary worries, and reconnect with the simplicity of the present moment. Each story is quick and easy to read, yet filled with timeless wisdom that gently shifts your perspective—offering clarity where there was confusion, and peace where there was tension. Like a warm cup of tea for the soul, *A Cup of Zen* is here to nourish you—one gentle, thoughtful story at a time.

[BF 637 T23 2025](#)

The Canadian Press Stylebook: A guide for writers and editors, 17th ed. / Canadian Press

Whether you're in public relations, communications or publishing, ensure your writing is accurate and consistent by following the standards set by Canada's trusted news leader. This bestseller is a one-stop reference for anyone looking for practical strategies for clean and concise writing, and includes tips for writing press releases, holding conferences and working with the media.

[PN 4783 C6 2021](#)

Potter & Perry's Pocket Guide to Nursing Skills & Procedures, 10th ed. / Elsevier

Put essential nursing skills and procedures at your fingertips. This guide provides quick access to 83 key nursing skills in a convenient, A-to-Z format. Step-by-step instructions include full-color photos plus rationales explaining why and how to use specific techniques. Reflecting the latest in evidence-based practice, this reference will help you perform core nursing skills safely and effectively.

[WY 49 P39 2024](#)

Clinical Handbook of Psychotropic Drugs, 26th ed. / Hogrefe

This handbook has become the standard reference and working tool for psychiatrists, psychologists, physicians, pharmacists, nurses, and other mental health professionals who need an up-to-date, easy-to-use, summary of all the most relevant information about psychotropic drugs. New in this edition are revised chapters on antidepressants, antipsychotics and drugs for ADHD and dementia.

[QV 77.2 C64 2025](#)



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