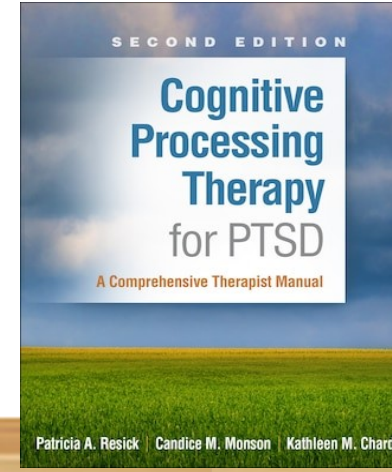
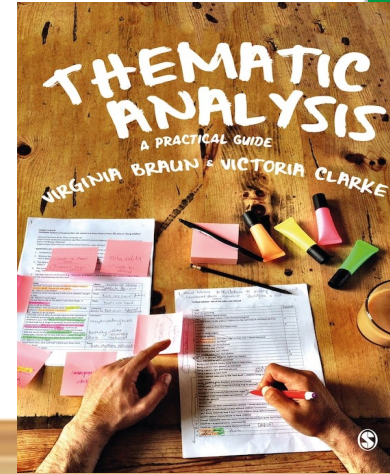
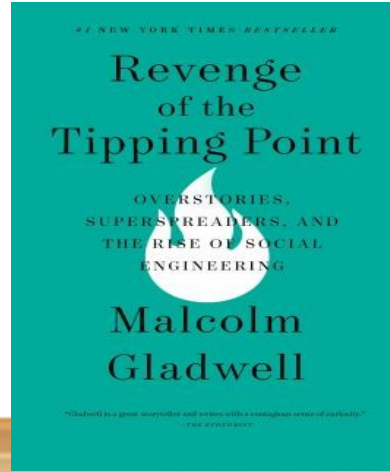
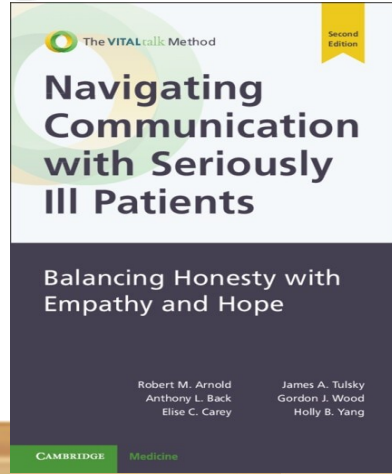
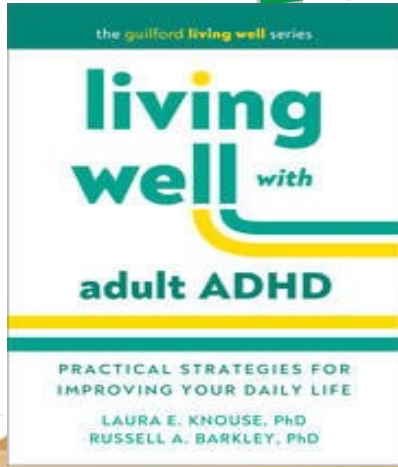


New Titles May 2026



Living Well with Adult ADHD: Practical strategies for improving your daily life / Knouse & Barkley

In short, engaging chapters, this friendly guide provides a menu of science-based strategies and resources for getting organized, completing tasks from start to finish, managing time, regulating your emotions and impulses, and addressing common relationship problems faced by adults with ADHD. Knouse and Barkley share ideas you can use every day, complete with checklists, self-coaching tips and helpful links.

[WM 169 K63 2026](#)

Navigating Communication with Seriously Ill Patients: Balancing honesty with empathy and hope / Arnold

When clinicians communicate effectively, patients retain more information, have higher trust and a better quality of life. Such a patient-centred approach is the future of clinical care, and this book is an essential how-to guide on improving these skills. In this updated edition, emphasis is placed on the roles privilege, race, and power play in the medical encounter, and new tools are provided to help clinicians navigate this landscape with greater self-awareness and sensitivity.

[W 62 N37 2024](#)

Revenge of the Tipping Point: Overstories, super-spreaders, and the rise of social engineering / Gladwell

In this provocative new work, Malcolm Gladwell returns for the first time in twenty-five years to the subject of social epidemics and tipping points, this time with the aim of explaining the dark side of contagious phenomena. Through a mix of storytelling and social science, he traces the rise of a new and troubling form of social engineering and offers a guide to making sense of the contagions of modern world.

[HM 1033 G52 2024](#)

Thematic Analysis: A practical guide / Braun & Clarke

Thematic analysis (TA) is one of the most popular qualitative data analytic techniques in psychology and the social and health sciences. This definitive guide on TA addresses common questions surrounding TA as well as developments in the field, offering a highly accessible and practical discussion of doing TA situated within a clear understanding of the wider terrain of qualitative research. ** Winner of the 2022 British Psychological Society Book Award **

[W 20.5 B65 2022](#)

Cognitive Processing Therapy for PTSD: A comprehensive therapist manual, 2nd ed. / Resick

The updated second edition of this authoritative manual reflects a wealth of new Cognitive Processing Therapy research, conceptual refinements, and feedback from trainings of thousands of clinicians. It includes session-by-session implementation guidelines and extensive sample dialogues for working effectively with specific populations and culturally diverse clients.

[WM 172.5 R24 2024](#)

The American Journal of Psychiatry / American Psychiatric Association (APA)

The American Journal of Psychiatry is the official journal of APA and the most widely read psychiatric journal in the world. Published monthly, it is an indispensable resource for all psychiatrists and other mental health professionals who need to stay on the cutting edge of virtually every aspect of psychiatry.

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