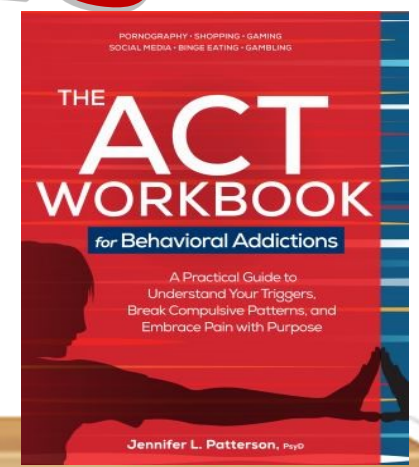
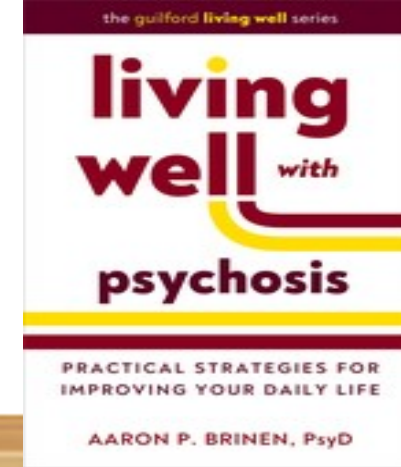
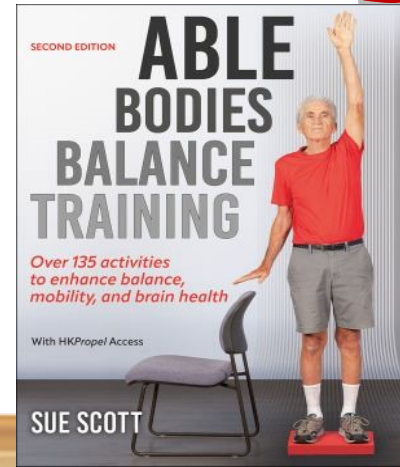
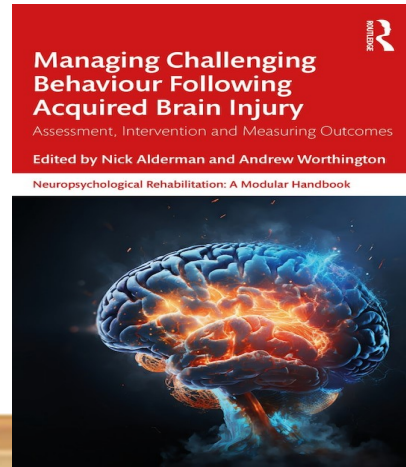
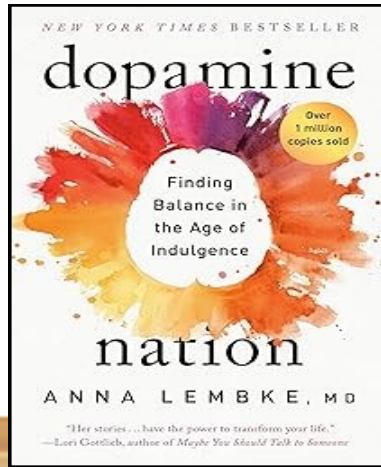
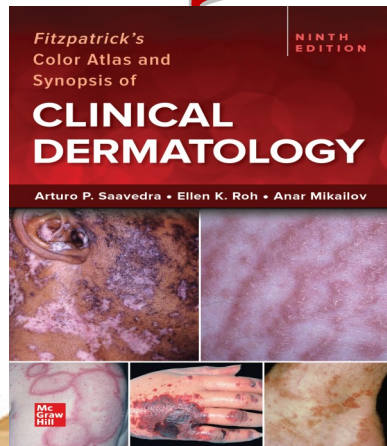


New Titles July 2026



Fitzpatrick's Color Atlas and Synopsis of Clinical Dermatology, 9th ed. / Saavedra, et al.

For more than three decades, *Fitzpatrick's* has remained one of the bestselling dermatology books. Covering the most essential content on skin problems, this updated edition combines laser-precise color images of skin lesions along with an overview of epidemiology and pathophysiology, and detailed information on diagnosis and treatment.

[WR 17 F57 2023](#)

Dopamine Nation: Finding balance in the age of indulgence / Lembke

This book explores new scientific discoveries that explain why the relentless pursuit of pleasure leads to pain . . . and what to do about it. Condensing complex neuroscience into easy-to-understand metaphors, psychologist, Anna Lembke, illustrates how finding contentment and connectedness means keeping dopamine in check. Through the lived experiences of her patients, she gives hope for managing our consumption and transforming our lives.

[BF 515 L46 2020](#)

Managing Challenging Behaviour Following Acquired Brain Injury: Assessment, intervention and measuring outcomes / Alderman

This handbook provides a step-by-step approach to assessment, formulation, intervention and evaluation of behaviour support plans, and features examples of specific challenging behaviours in a variety of contexts. The practical orientation of this book makes it an indispensable read for psychologists and other rehabilitation specialists involved in the care of people with ABI.

[WL 354 M61 2024](#)

ABLE Bodies Balance Training: Over 135 activities to enhance balance, mobility, and brain health, 2nd ed. / Scott

ABLE Bodies provides health practitioners a broad range of physically and intellectually engaging activities suitable for teaching to older or frail populations. They are designed to be functionally supportive for activities of daily living. The activities start simple and become progressively more challenging as participants' successes and strengths build.

[WB 541 S36 2026](#)

Living Well with Psychosis: Practical strategies for improving your daily life / Brinen

Psychologist and expert in recovery from serious mental illness, Dr. Brinen provides step-by-step guidance for becoming a strong self-advocate, navigating treatment options, managing symptoms that cause distress and coping with stigma. Brief chapters are engaging and compassionate, with downloadable practical tools designed to boost energy and motivation for getting out into the world, living well and feeling good.

[WM 200 B75 2025](#)

The ACT Workbook for Behavioral Addictions: A practical guide to understand your triggers, break compulsive patterns and embrace pain with purpose / Patterson

Gambling, binge eating, shopping, nonstop scrolling, gaming, and more, are behaviors that numb uncomfortable emotions, and can become harmful habits. This book provides a shame-free approach with actionable exercises that therapists can use to help people take back control of their lives and make choices closer to their values.

[WM 425.5 P56 2025](#)



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