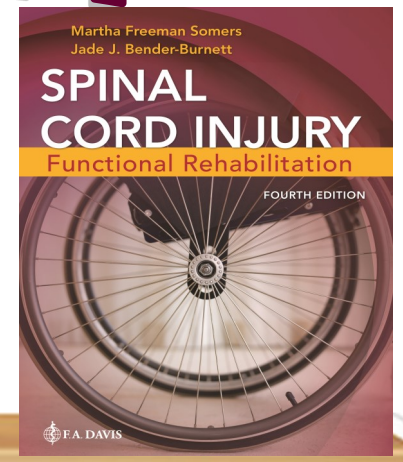
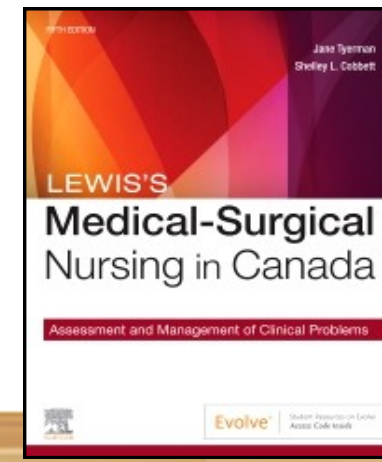
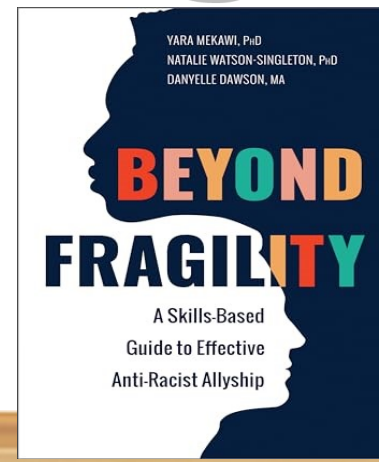
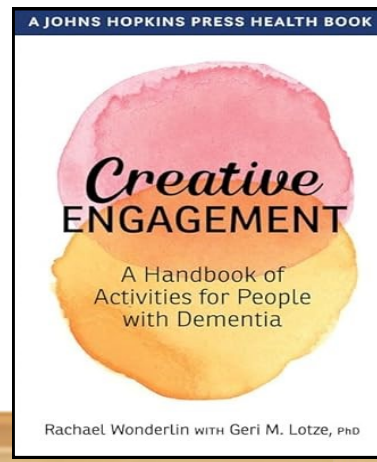
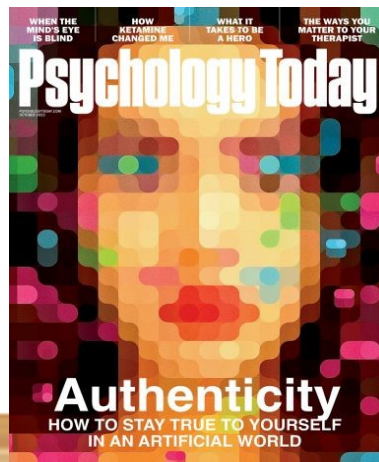
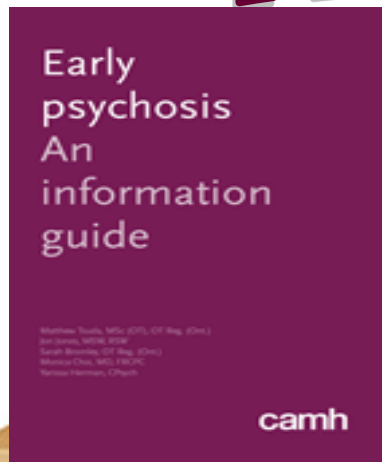


# New Titles August 2024



## **Early Psychosis: An information guide / CAMH**

A first episode of psychosis is confusing and frightening for those who experience it, and for their family and friends. This distress is heightened when those involved don't understand what is happening, and what can be done to help. This brief and helpful guide from CAMH outlines the symptoms, phases, causes, different types and the treatment of psychosis. This knowledge can increase understanding and promote recovery.

[WM 200 B76 2022](#)

## **Psychology Today**

*Psychology Today* is devoted to the coverage of human behavior and mental health and is a trusted source for clinical and scientific information. Content is written by experts in a way that is accessible to lay readers. The mission is to cover aspects of human behavior so as to help people better manage their own wellness, adjust their mindset, and manage a range of mental health and relationship concerns. Sign up below to receive table of contents alerts for future issues.

[Online Journal](#)

## **Creative Engagement: A handbook of activities for people with Dementia / Wonderlin**

This book provides creative, hands-on ways to engage with people living with cognitive loss. Teaching caregivers how to find dementia-friendly daily activities and introduce them into a person's life, this comprehensive, empathetic guide is aimed at both family members and professionals. Anyone who cares for someone living with dementia will gain valuable knowledge from this compassionate book.

[WT 157 W62 2020](#)

## **Beyond Fragility: A skills-based guide to effective anti-racist allyship / Mekawi**

The majority of resources on this topic emphasize educating allies about anti-racism without teaching them how to actually do anti-racism work. *Beyond Fragility* fills this gap by providing a concrete, step-by-step approach to effective anti-racism allyship. Filled with case examples, guided reflections, and skill-building exercises, this book will provide you with the skills that allow you to engage in impactful and sustainable allyship.

[HT 1563 M44 2024](#)

## **Lewis's Medical-Surgical Nursing in Canada: Assessment and management of clinical problems / Tyerman**

Written from a Canadian perspective, this comprehensive guide reflects the expertise of nurses from across Canada with evidence-informed guidelines, a focus on clinical trends and a review of pathophysiology. Clear examples make it easy to understand every concept in nursing care - from health promotion to acute intervention to ambulatory care.

[WY 161 L67 2023](#)

## **Spinal Cord Injury: Functional rehabilitation, 4th ed. / Freeman Somers**

This text provides the foundational knowledge, skills, and understanding physiotherapists need to develop and implement rehabilitation programs for persons living with spinal cord injuries. From coverage of pathology and the pathological repercussions through medical and rehabilitative management to patient and family education, readers will be prepared to meet the complex challenges of working with this population.

[WL 403 F67 2024](#)



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