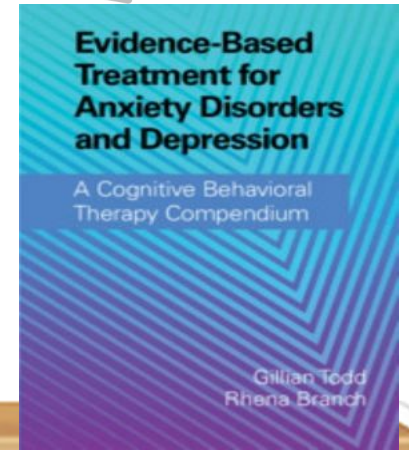
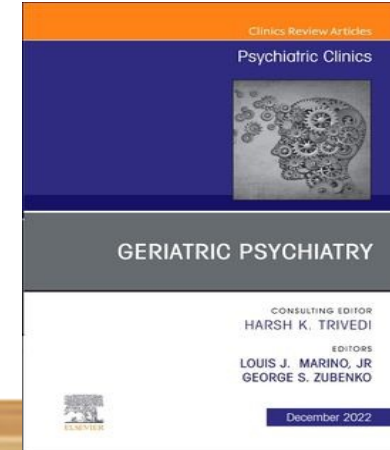
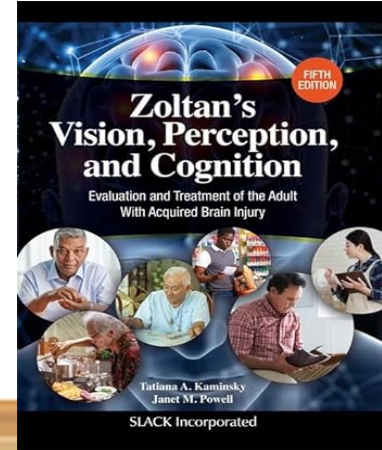
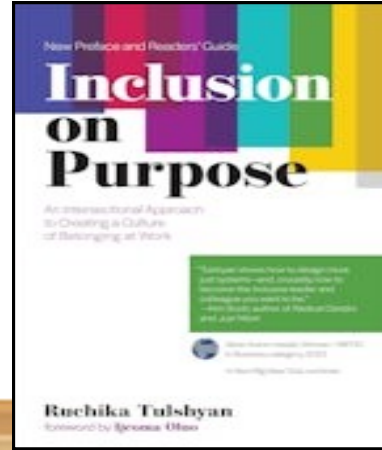
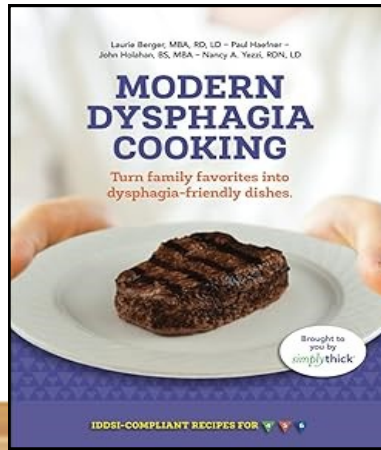
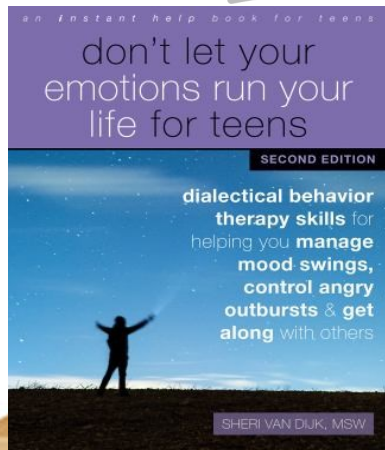


New Titles September 2024



Don't Let Your Emotions Run Your Life for Teens: Dialectical behavior therapy skills for helping you manage mood swings, control angry outbursts, & get along with others / Van Dijk

This fully revised and updated second edition offers teens even more strategies for managing difficult feelings, and includes new material on acceptance, overcoming shame, the role of values in emotion regulation, body-based practices for finding calm, and more.

[WS 464 V36 2021](#)

Modern Dysphagia Cooking: Turn family favorites into dysphagia-friendly dishes / Berger

This is the first International Dysphagia Diet Standardization Initiative (IDDSI) compliant cookbook. It has taken the broad standards from IDDSI and turned them into a set of practical, easy-to-follow instructions for the home user. IDDSI's gift to the world is a set of tools that allows anyone to ensure the food prepared in their kitchen is exactly as their healthcare provider prescribed.

[WI 258 M34 2024](#)

Inclusion on Purpose: An intersectional approach to creating a culture of belonging at work / Malhotra

If we believe in the morality and the profitability of including people of diverse and underestimated backgrounds in business, why don't we do it? Because inclusion takes awareness, intention and regular practice. This book provides cutting-edge inclusion best practices and will help all leaders and organizations to meaningfully promote inclusion, diversity and equity.

[HF 5549 T85 2024](#)

Zoltan's Vision Perception and Cognition: Evaluation and treatment of the adult with acquired brain injury / Kaminsky

The go-to guide for nearly 50 years for occupational therapists working with adults with visual, perceptual, and cognitive deficits after brain injury is back for a fifth edition. This best-selling text translates research and theory into application for practice. The result is a comprehensive, accessible, up-to-date, and evidence-informed textbook with a strong occupation-based focus.

[WL 354 Z65 2023](#)

Geriatric Psychiatry: An issue of Psychiatric Clinics of North America

In this issue, guest editors bring their considerable expertise to the topic of geriatric psychiatry. Experts cover key topics such as insomnia and sleep disorders in older adults; substance use disorders in the elderly; comorbidity and management of concurrent psychiatric and medical disorders; mood disorders in the elderly; cognitive impairment in the elderly; and more.

[W3 C6P7 v45 no4 2022](#)

Evidence-Based Treatment for Anxiety Disorders and Depression: A cognitive behavioral therapy compendium / Todd

Written by internationally recognized experts, this comprehensive CBT clinician's manual provides disorder-specific chapters and accessible pedagogical features. Case examples demonstrate clinical applications of specific interventions and explain how to adapt CBT protocols for a range of diverse populations.

[WM 425.5 E95 2022](#)



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