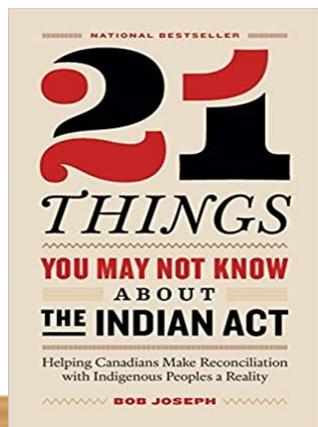


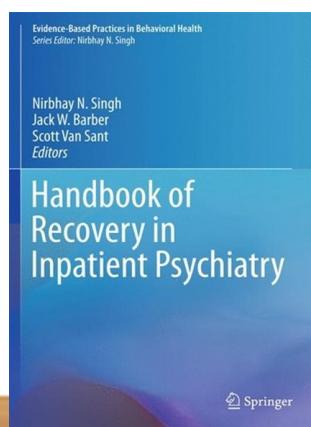
New Titles April 2020



21 Things You May Not Know About the Indian Act / Bob Joseph

This is the essential guide to understanding the legal document and its repercussion on generations of Indigenous Peoples, written by a leading cultural sensitivity trainer. Joseph explains how Indigenous Peoples can step out from under the Indian Act and return to self-government, self-determination, and self-reliance - and why doing so would result in a better country for every Canadian.

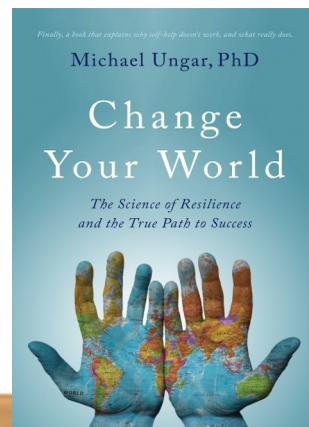
KE 7709 J67 2018



Handbook of Recovery in Inpatient Psychiatry / Nirbhay Singh

This must have resource provides a guide for individualized, responsive, and meaningful care to patients with severe mental illness. It offers detailed treatment modalities, including cognitive remediation, psychological and psychiatric services, nursing and occupational therapy services, peer support, and pharmacological treatment.

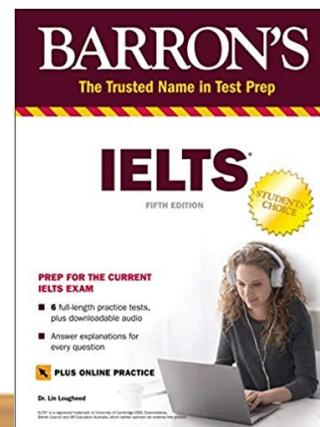
WM 400 H34 2016



Change Your World: The science of resilience and the true path to success / Michael Ungar

In this mind-bending look at what the science of resilience teaches us about success, Dr. Ungar shows that individual growth depends very little on what we think or feel and that answers lie in the people and the support systems around us. Supportive spouses, caring families, nurturing employers, and effective governments are very often the difference between individual success and failure.

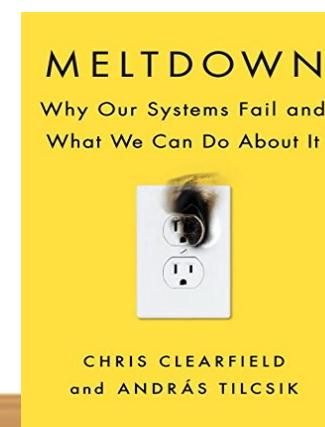
BF 698 R47 2019



Barron's IELTS: International English Language Testing System / Lin Lougheed

For 75 years, Barron's experts have been helping students surpass their expectations on standardized tests. This 5th edition includes complete coverage and review of all IELTS question types, 4 full-length academic module and 2 full-length general training module practice exams as well as tips and strategies to help you improve your score.

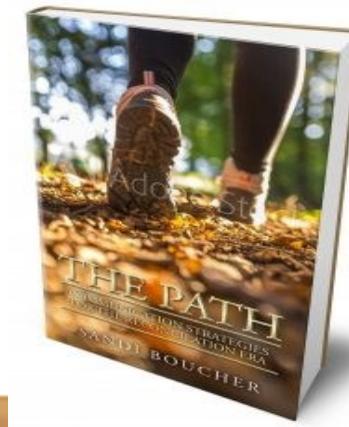
PE 1128 L64 2019



Meltdown: Why our systems fail and what we can do about it / Clearfield

Meltdown is about solutions—whether you're managing a team or the chaos of your family's routine. It reveals why ugly designs make us safer, how a five-minute exercise can prevent billion-dollar catastrophes, why teams with fewer experts are better at managing risk, and why diversity is one of our best safeguards against failure. The result is an eye-opening, empowering, and entirely original book.

HM 701 C54 2018



The PATH: Communication strategies for the reconciliation era / Sandi Boucher

What IS reconciliation anyways? Is it even possible? Sandi Boucher uses her personal, conversational, and comforting style to discuss this very hard subject. Known for speaking “to hearts and not minds” Sandi walks us down The PATH to reconciliation or rather the TWO paths – one for non-Indigenous Canadians and one for the Indigenous themselves.

HM 1121 B68 2018



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