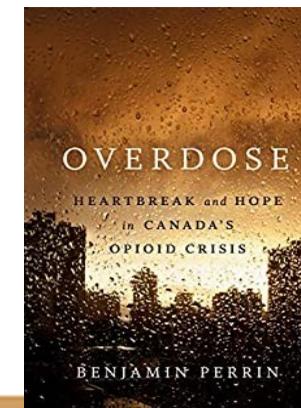
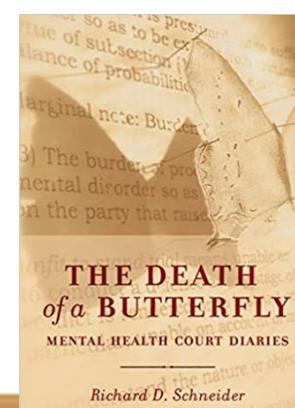
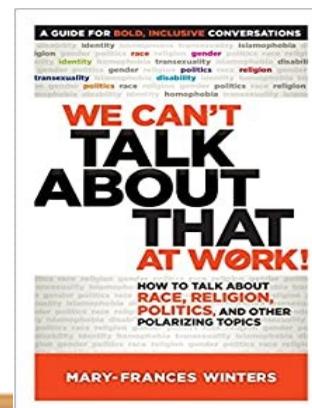
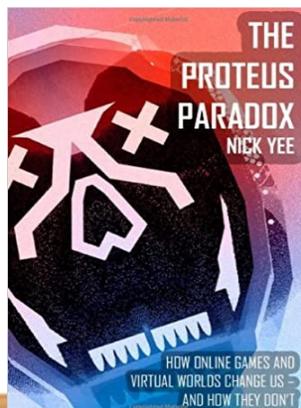
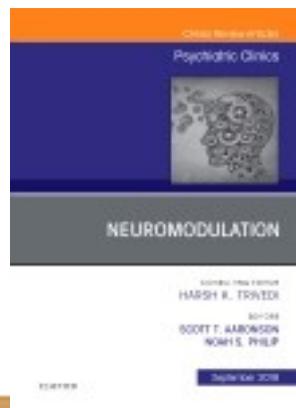
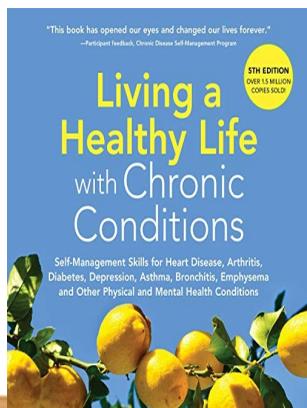


# New Titles May 2020



## ***Living a Healthy Life with Chronic Conditions* / Lorig**

Readers will learn self-management skills for heart disease, arthritis, diabetes, depression, asthma, bronchitis, emphysema and other physical and mental health conditions. It offers the chance to take control of your health and enjoy life to the fullest extent possible with chronic illness. This completely revised 5th edition includes material of special interest to Canadian readers.

**WT 500 L784 2020**

## ***Neuromodulation / Psychiatric Clinics of North America***

This issue covers essential topics in psychiatric treatment. Articles discuss ECT for depression and other conditions, clinical applications for deep brain stimulation, clinical studies of vagus nerve stimulation, transcranial magnetic stimulation for depression and other disorders, transcranial direct current stimulation, neuro-modulation in children, and future stimulation approaches/considerations.

**W3 C6P7 v41 no3 2018**

## ***The Proteus Paradox: How online gaming and virtual worlds change us and how they don't* / Yee**

This book offers a surprising assessment of the ways that virtual worlds are entangled with human psychology. With a wealth of entertaining and provocative examples, the author explains what virtual worlds are about and why they matter, not only for entertainment but also for business and education. He examines what it means to be human in a digital world.

**GV 1469.15 Y44 2014**

## ***We Can't Talk About That at Work: How to talk about race, religion, politics and other polarizing topics* / Winters**

Conversations about taboo topics happen at work every day. If they aren't handled effectively, they can become polarizing and divisive, impacting productivity, engagement, retention, teamwork, and even employees' sense of safety in the workplace. In this concise and powerful book, Winters shows how to deal with sensitive subjects in a way that brings people together.

**HD 30.2 W56 2017**

## ***The Death of a Butterfly: Mental health court diaries* / Schneider**

This book explores the mental health court from the perspective of an Ontario Court Justice. His tales of life in the mental health court—which served as a vibrant setting for the award-winning CBC series *This Is Wonderland*—provide a compelling analysis of fitness to stand trial, what it means to be criminally responsible, and the role of mental disorders.

**KEO 729 S35 2019**

## ***Overdose: Heartbreak and hope in Canada's opioid crisis* / Perrin**

Someone is dying every two hours in Canada from illicit drug overdose. Fentanyl has become a looming presence—an opioid more powerful, pervasive, and deadly than any previous street drug. In this urgent and humane look at a devastating epidemic, Perrin draws on behind-the-scenes interviews with those on the frontlines unveiling complexities of this situation and a new way forward.

**WM 284 P47 2020**



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