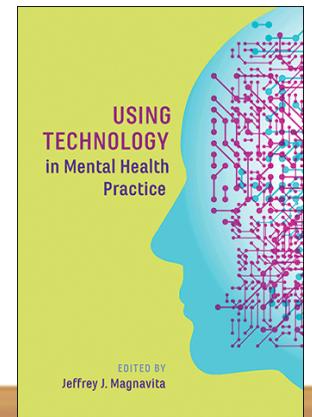
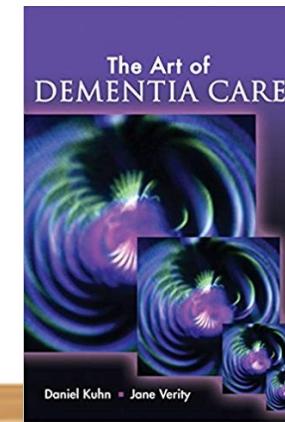
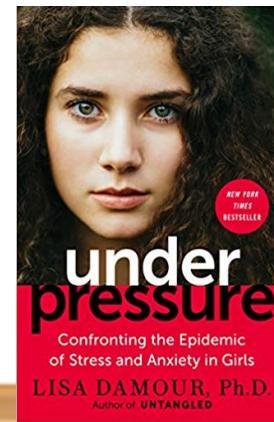
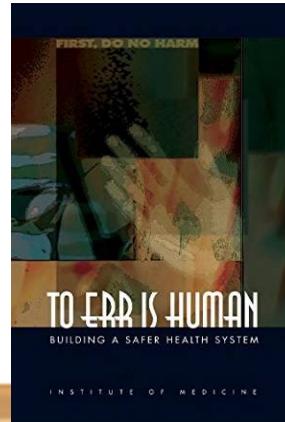
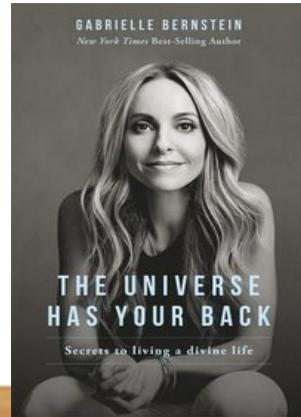
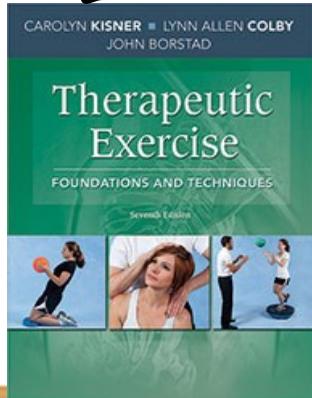


# New Titles at the Library ~ June 2019



## **Therapeutic Exercise: Foundations and Techniques / Kisner & Colby**

This renowned manual remains the authoritative source for exercise instruction for the therapist and for patient self management. It offers the most up-to-date exercise guidelines for individualizing interventions for individuals with movement disorders.

**WB 541 K47 2018**

## **The Universe Has Your Back / Bernstein**

Through acceptance, surrender, and a commitment to her continually evolving spiritual path, Gabrielle Bernstein has been transforming her fear into faith. Her stories and universal lessons provide a framework for releasing the blocks to what everyone most longs for: happiness, security, and clear direction.

**BF 637 B47 2018**

## **To Err is Human: Building a Safer Health System / Institute of Medicine**

This report lays out a comprehensive strategy by which government, health care providers, industry, and consumers can reduce preventable medical errors. Concluding that the know-how already exists to prevent mistakes, the report sets as a minimum goal a 50% reduction in errors over the next five years.

**QZ 42 T62 2000**

## **Under Pressure: Confronting the Epidemic of Stress and Anxiety in Girls / Damour**

In the engaging, anecdotal style and reassuring tone that won over thousands of readers of her first book, *Untangled*, Damour addresses facts about psychological pressure. Readers will learn about the critical steps that adults can take to shield their daughters from the toxic pressures to which our culture, including we, as parents, subject girls.

**BF 724 D36 2019**

## **The Art of Dementia Care / Kuhn & Verity**

The Art of Dementia Care is a practical guide intended for all who provide support, encouragement and care for people with dementia. Using a relationship model of care, you will learn how you can make a positive difference in the lives of those with dementia.

**WM 220 V51 2008**

## **Using Technology in Mental Health Practice / Magnavita**

This comprehensive guide describes evolving technologies in the field of mental health. Contributors to this book demonstrate how technology fosters better access to care through mental health-related apps and other tools that complement pharmacological treatments and psychotherapy.

**RA 790.5 .U85 2018**



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