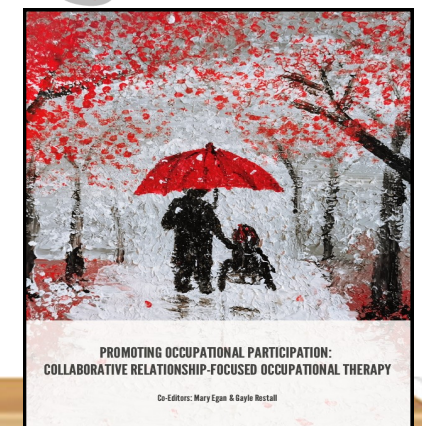
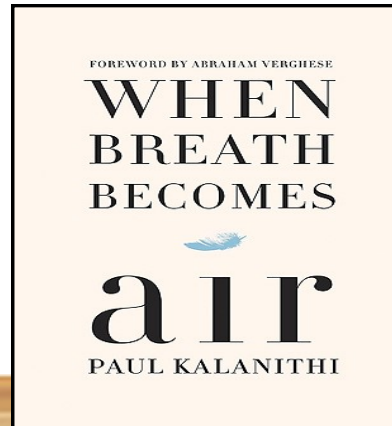
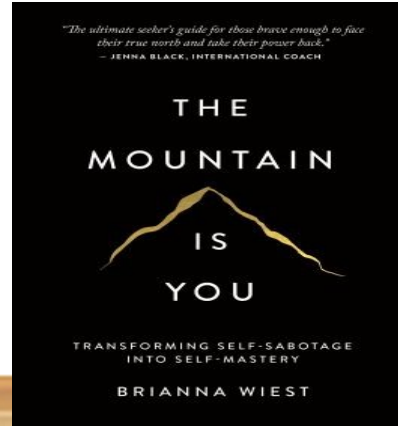
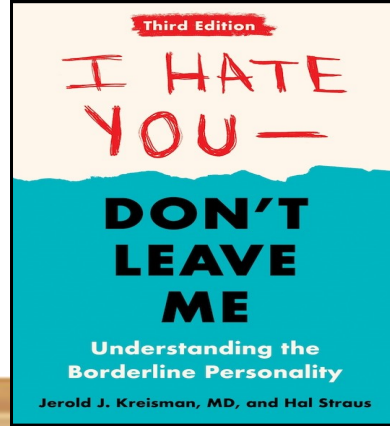
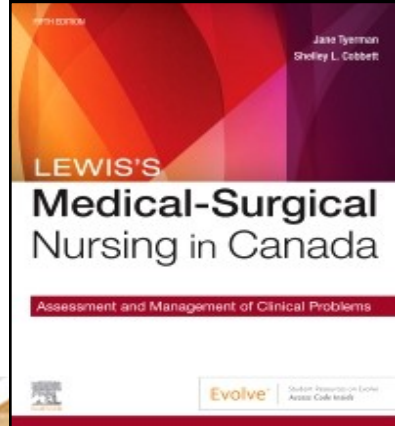


# New Titles December 2023



## **Lewis's Medical-Surgical Nursing in Canada: Assessment and management of clinical problems / Lewis, et al.**

Written from a Canadian perspective, this comprehensive guide reflects the expertise of nurses from across Canada with evidence-informed guidelines, a focus on clinical trends and a review of pathophysiology. Clear examples make it easy to understand every concept in nursing care - from health promotion to acute intervention to ambulatory care.

[WY 161 L67 2023](#)

## **I Hate You—Don't Leave Me: Understanding the borderline personality / Kreisman & Straus**

After more than two decades as the essential guide to Borderline Personality Disorder (BPD), this new edition now reflects the most up-to-date research that has opened doors to the neurobiological, genetic, and developmental roots of the disorder as well as connections between BPD and substance abuse, Post-Traumatic Stress Syndrome, ADHD, and eating disorders.

[WM 190 K74 2021](#)

## **The Mountain is You: Transforming self-sabotage into self-mastery / Wiest**

For centuries, the mountain has been used as a metaphor for the big challenges we face, especially ones that seem impossible to overcome. To scale our mountains, we actually have to do the deep internal work of excavating trauma, building resilience, and adjusting how we show up for the climb. In the end, it is not the mountain we master, but ourselves. This is a book about self-sabotage. Why we do it, when we do it, and how to stop doing it for good.

[BF 637 W54 2020](#)

## **When Breath Becomes Air / Kalanithi**

On the verge of completing a decade's worth of training as a neurosurgeon, Kalanithi was diagnosed with stage IV lung cancer. Just like that, the future he and his wife had imagined evaporated. Kalanithi chronicles his transformation from a naive medical student into a neurosurgeon at Stanford working in the brain, the most critical place for human identity, and finally into a patient and new father confronting his own mortality.

[WZ 100 2016](#)

## **American Journal of Recreation Therapy**

*American Journal of Recreation Therapy* (AJRT) is the gold standard for providing recreational therapists the latest research, techniques and advances in the use of recreational intervention. Guided by an internationally recognized editorial review board, AJRT strives with each issue to help recreational therapists make better quality of life a reality for their patients of all ages and stages of disability. Sign up to receive alerts for future issues below.

[Online Journal](#)

## **Promoting Occupational Participation: Collaborative relationship-focused occupational therapy, 10th Canadian occupational therapy guidelines / CAOT**

This book addresses the fundamental purpose of occupational therapy – helping others to gain access to, initiate, and sustain occupational participation. It emphasizes that the process of occupational therapy is focused on collaborative relationships and builds on concepts and processes to celebrate the strengths, knowledge, talents, and resources of individuals.

[WB 555 P76 2022](#)



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