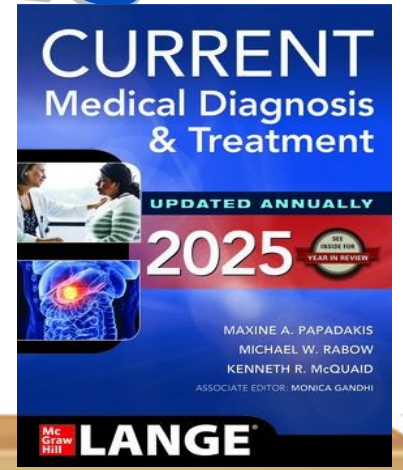
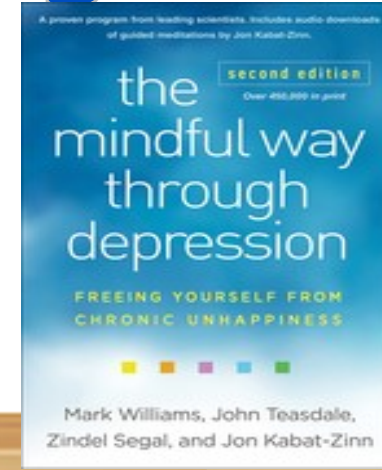
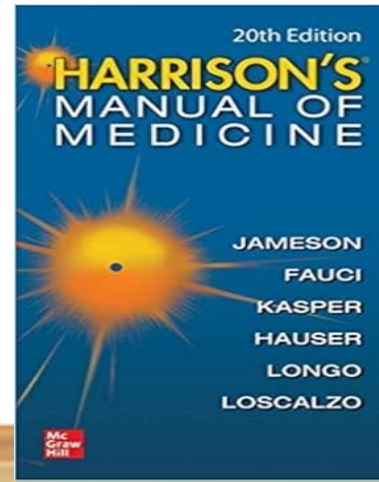
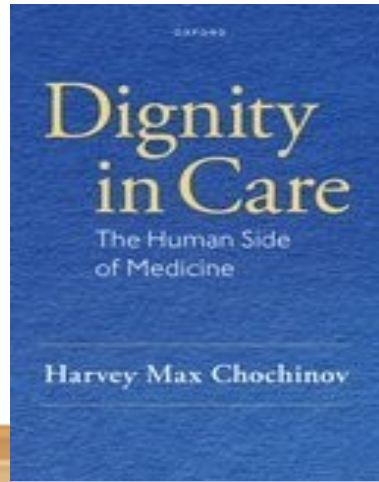
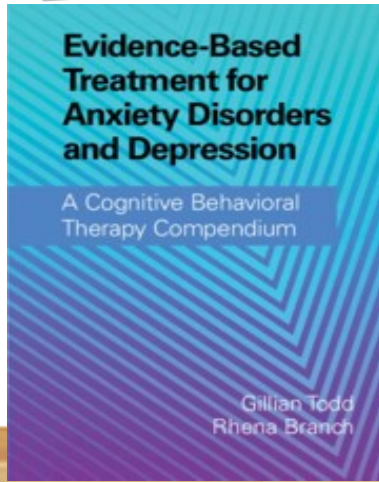
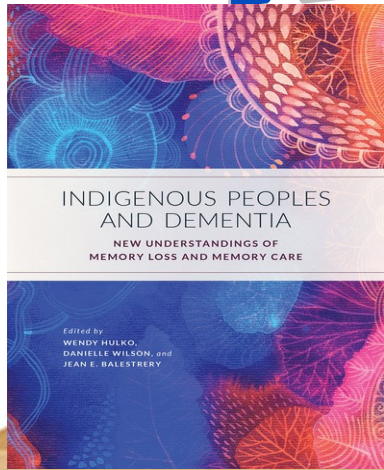


# New Titles February 2025



***Indigenous Peoples and Dementia: New understandings of memory loss and memory care* / Hulko**

Dementia is on the rise and health organizations are responding to the urgent need for guidance on how best to address memory loss in Indigenous communities. This book responds to the call by bringing together, for the first time, research on three key areas of concern: prevalence, causes, and public discourse; Indigenous perspectives on care and prevention; and the culturally safe application of research to Elder care.

[SB H85 N35 2019](#)

***Evidence-based Treatment for Anxiety and Depression: A cognitive behavioral therapy compendium* / Todd & Branch**

This clinician's manual provides disorder-specific chapters with cutting-edge research, advanced theory, and attention to special adaptations making it an ideal reference for CBT practitioners. It balances theoretical principles with protocol-based interventions for a range of diverse populations.

[WM 425.5 E95 2022](#)

***Dignity in Care: The human side of medicine* / Chochinov**

Most people working in healthcare understand that kindness and compassion are key, even foundational to success in the care they provide to patients and families. And yet, all too often, there are instances when contact with healthcare is tainted by experiences. This book explores how the humanity of care can get overlooked and how to avoid this happening. It teaches how to communicate better with patients, helping them to feel not just cared for, but cared about.

[W 84.7 C98 2022](#)

***Harrison's Manual of Medicine, 20th ed.* / Jameson & Fauci**

This manual provides rapid access to bedside information when decisions need to be made quickly. A full color summary guide covers all diseases and conditions commonly seen in inpatient general medicine, so you can be sure to find invaluable content directly to your workflow and practice. Easy-to-navigate chapters cover symptoms/signs, medical emergencies, specific diseases, and care of the hospitalized patient.

[WB 39 H23 2020](#)

***The Mindful Way Through Depression: Freeing yourself from chronic unhappiness* / Williams**

The revolutionary book that has helped hundreds of thousands of readers find relief from chronic unhappiness is now in an updated second edition. This authoritative, easy-to use self-help program is grounded in mindfulness-based cognitive therapy. The expert authors explain why our usual attempts to "fix" sadness or "talk ourselves out of it" can actually worsen recurrent depression instead of relieving it.

[WM 170 M66 2025](#)

***Current Medical Diagnosis & Treatment (CMDT) 2025* / Papadakis**

For decades, CMDT has been disseminating authoritative information that clinicians need to build their medical knowledge, expertise, and confidence. Covering over 1000 diseases and disorders, the book emphasizes the practical aspects of clinical diagnosis and disease management. Written by field experts, chapters are formatted so you can find the most relevant diagnostic tools and treatment algorithms for day-to-day practice.

[WB 141 C87 2025](#)



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