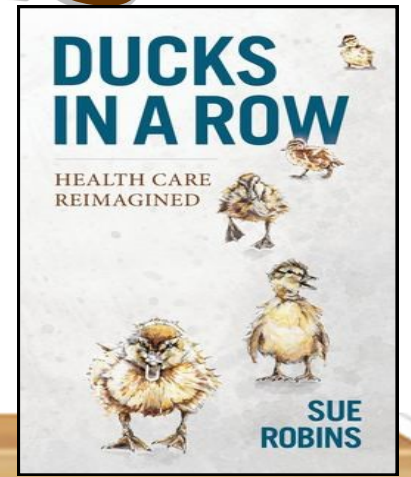
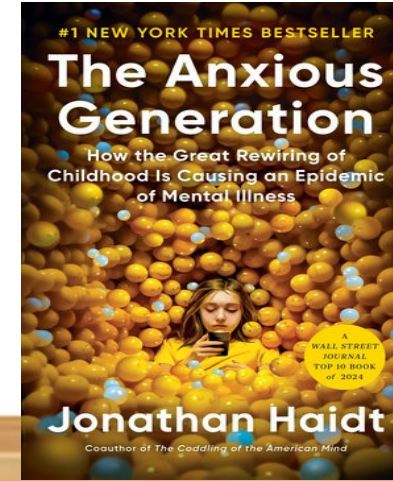
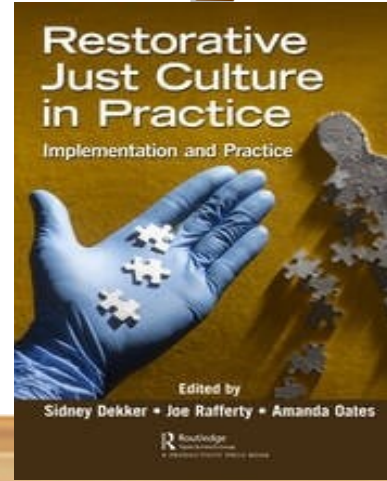
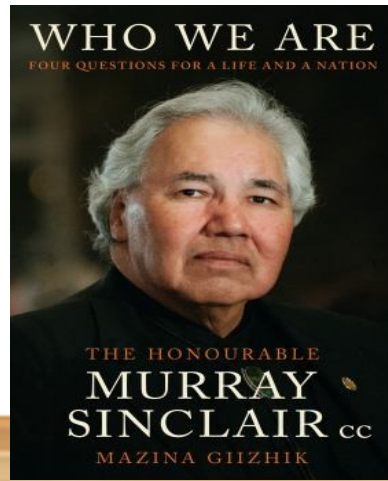
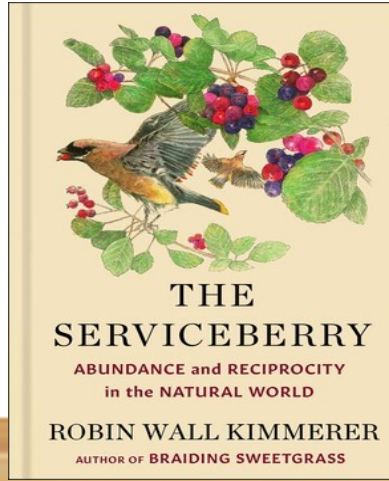
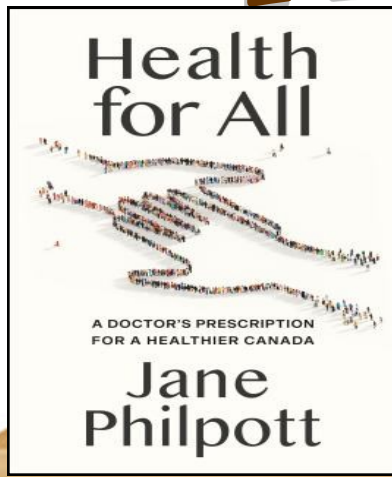


# New Titles April 2025



**Health For All: A doctor's prescription for a healthier Canada / Philpott**

*Health For All* is an instant #1 bestseller from one of Canada's most respected and high-profile health professionals (and former federal Minister of Health). It is a timely, practical, ambitious, and deeply personal call for action on health that sets out the roadmap to our future well-being.

[WA 525 P45 2024](#)

**The Serviceberry: Abundance and reciprocity in the natural world / Wall Kimmerer**

From the #1 New York Times bestselling author of *Braiding Sweetgrass*, this book offers a bold and inspiring vision for how to orient our lives around gratitude, reciprocity, and community, based on the lessons of the natural world.

[E 98 K56 2024](#)

**Who We Are: Four questions for a life and a nation / Sinclair**

Drawing on unique experiences and perspectives regarding Indigenous identity, human rights, and justice in Canada, *Who We Are* examines the roles of history, resistance, and resilience in the pursuit of finding a path forward, and healing the damaged relationship between Indigenous Peoples and non-Indigenous peoples in Canada.

[E78.C2 S56 2024](#)

**Restorative Just Culture in Practice: Implementation and practice / Dekker**

Restorative practices aim to involve participants from the entire community in the resolution and repair of harms to create a sustainable just, restorative culture. This book offers organization leaders a practical guide for the implementation and evaluation of a just and learning culture.

[HF 5549 R79 2022](#)

**The Anxious Generation: How the great rewiring of childhood is causing an epidemic of mental illness / Haidt**

After more than a decade of stability, the mental health of adolescents plunged in the early 2010s. Rates of depression, anxiety, self-harm, and suicide rose sharply, more than doubling on many measures. Why? This book explains the major causes of the epidemic of mental illness and offers a path forward.

[WS 105 H23 2024](#)

**Ducks in a Row: Health care reimagined / Robins**

This book offers a fresh take on health care transformation – a shift from the corporate model back to the foundation of caring for each other as human beings. Based on the authors work in patient engagement, this book shares wisdom and practical advice for those who rail against the status quo and yearn for authentic change.

[W 85 R63 2022](#)



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