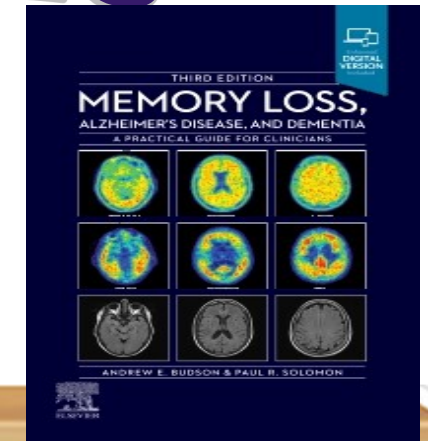
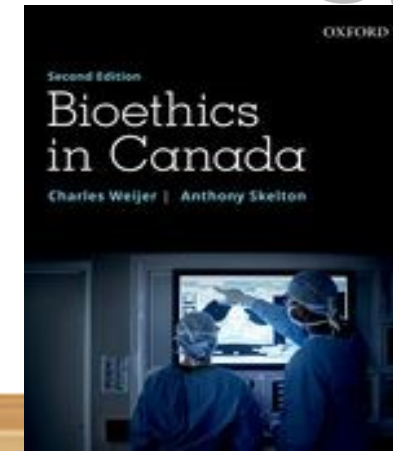
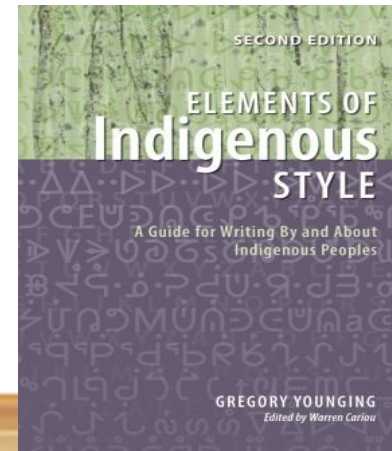
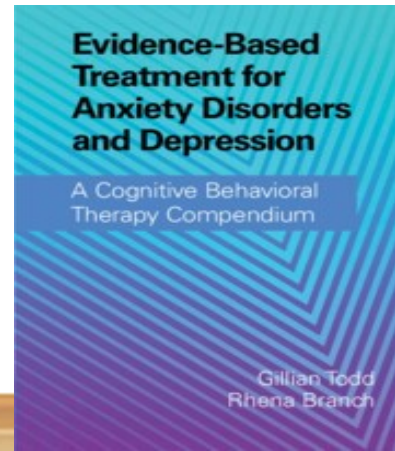
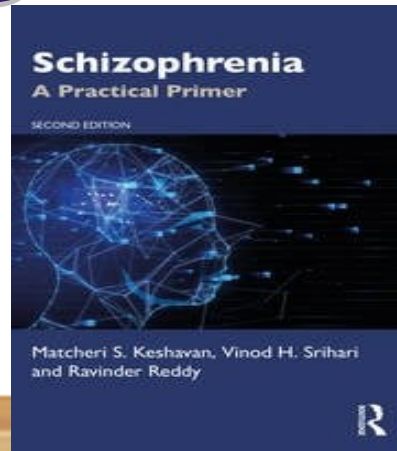
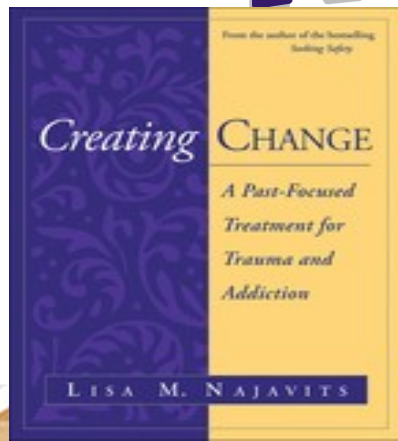


New Titles October 2025



***Creating Change: A past-focused treatment for trauma and addiction* / Najavits**

This flexible, evidence-based manual offers counselors a gentle, compassionate approach to help people with trauma, addiction, or both explore their past. *Creating Change* guides clients to understand how trauma and addiction arose over time, grieve losses and regrets, create a new perspective on their life story, and take pride in their survival. The manual has 23 topics that can be implemented in any order with individuals or groups.

WM 270 N33 2024

***Schizophrenia: A practical primer, 2nd ed.* / Keshavan**

Written to help anyone who is faced with managing schizophrenia, whether as a clinician, patient, friend, or family member, this accessible book is an ideal first stop for practical, up-to-date information. It includes an overview and answers to common questions on different aspects of the illness, such as diagnosis, pharmacological and psychotherapeutic management, treatment challenges and achieving recovery.

WM 203 S38

***Evidence-Based Treatment for Anxiety Disorders and Depression: A Cognitive behavioral therapy compendium* / Todd**

This comprehensive CBT clinician's manual strikes a balance between core, theoretical principles and protocol-based interventions. It provides disorder-specific chapters and accessible pedagogical features. Case examples demonstrate clinical applications of specific interventions and explain how to adapt CBT protocols for a range of diverse populations.

WM 425.5 E95 2022

***Elements of Indigenous Style: A guide for writing by and about Indigenous Peoples, 2nd ed.* / Younging**

The second edition of *Elements* continues to offer crucial guidance to everyone who works with words on how to accurately, collaboratively, and ethically participate in projects involving Indigenous Peoples. This edition updates the 22 succinct style principles to reflect current Indigenous-led best practices and includes examples of projects and institutions that demonstrate these practices.

AS Y68 2025

***Bioethics in Canada, 2nd ed.* / Weijer & Skelton**

This comprehensive introduction to bioethical issues emphasizes Canadian policies, issues, and scholars. Using the human lifespan as an organizing narrative, *Bioethics in Canada* explores ethical theories through a diverse selection of readings that discuss a wide range of traditional and cutting-edge topics including patient rights, global health inequalities and new technologies.

WB 60 B55 2019

***Memory Loss, Alzheimer's Disease, and Dementia: A practical guide for clinicians, 3rd ed.* / Budson**

With a focus on practical, day-to-day tools needed by neurologists, psychiatrists, geriatricians, and others who work with the elderly, this is an indispensable, easy-to-read resource. Clinical experts cover the essentials of physical and cognitive examinations and laboratory and imaging studies for dementia and related illnesses, giving you the guidance needed to make treatment decisions with confidence.

WT 155 B92 2022



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