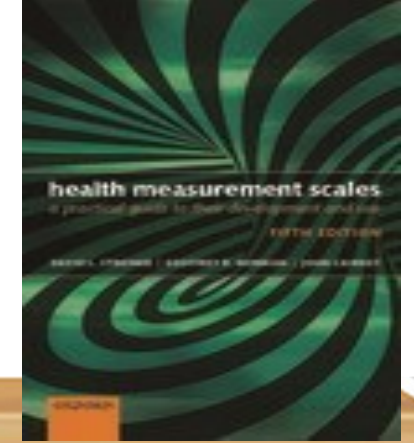
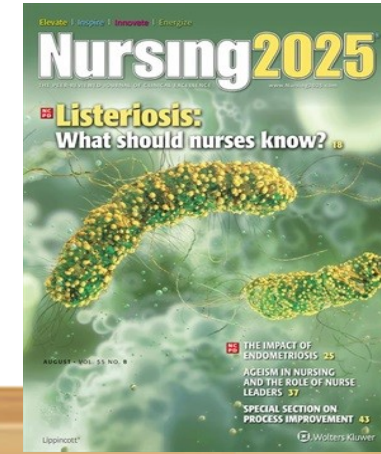
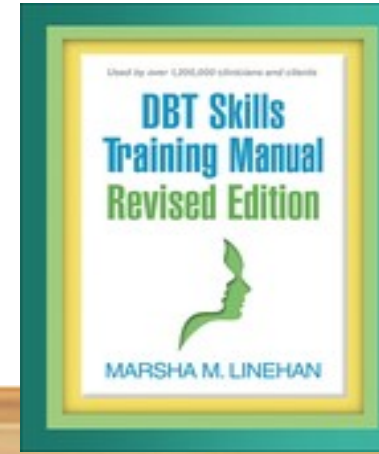
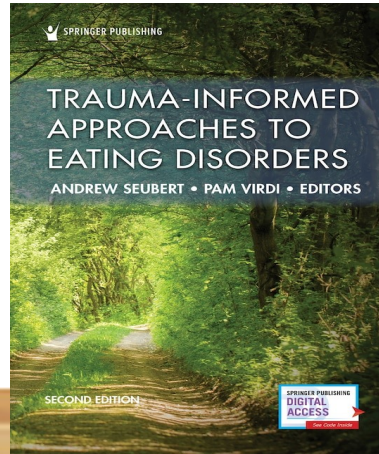
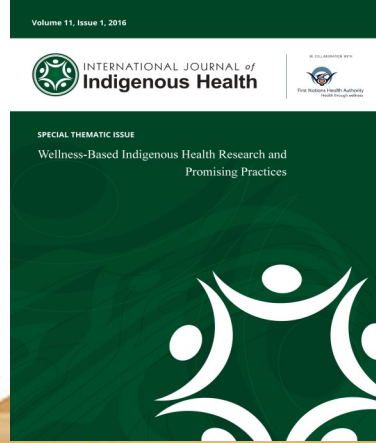


New Titles December 2025



International Journal of Indigenous Health / U of T

Established to improve Indigenous health, this peer reviewed journal brings knowledge from diverse intellectual traditions together with a focus on culturally diverse Indigenous voices, methodologies and epistemology. Published bi-annually, the journal shares innovative health research across disciplines, Indigenous communities, and countries.

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Trauma-Informed Approaches to Eating Disorders, 2nd ed. / Seubert, et al.

Edited by noted specialists in eating and other behavioral health disorders, this unique hands on clinical guide examines eating disorders from neurological, medical, nutritional, and psychological perspectives. It offers a multifaceted, phase model approach, recognizing the potential pitfalls of treatment and recovery, and includes abundant psychoeducational tools for the client.

[WM 175 T73 2024](#)

The Gerontologist / The Gerontological Society of America

The Gerontologist publishes applied, multidisciplinary research and analysis on social issues related to human aging. Published monthly since 1961, this journal informs the broad community of disciplines and professions involved in understanding the aging process and providing care to older people.

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DBT Skills Training Manual, Revised ed. / Linehan

This definitive skills training manual embraced by DBT practitioners worldwide is now in a revised edition. It provides complete instructions for orienting clients to DBT, structuring group sessions, troubleshooting common problems, and tailoring skills training for different settings and populations. It offers detailed teaching notes for the full range of mindfulness, interpersonal effectiveness, emotion regulation, and distress tolerance skills.

[WM 190.5 L56 2025](#)

Nursing 2025 / Wolters Kluwer

This peer-reviewed, award winning journal of clinical excellence, published since 1971 provides evidence-based information for all nurses on a comprehensive range of nursing topics, including clinical and professional information on drugs, diseases, nursing care strategies, and legal/ethical issues.

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Health Measurement Scales: A practical guide to their development and use, 6th ed. / Streiner

This updated practical guide is a must-read for clinicians and researchers dealing with any kind of subjective measurement. It is ideal for those who have no knowledge of statistics but who wish to appraise, develop, and validate measurement scales used in the health sciences. This edition reflects recent developments in survey methods and includes useful guidelines, appendices and checklists.

[WA 950 S78 2024](#)



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