

Dietitian Resources

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Journals

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Journal of the Academy of Nutrition and Dietetics

Focuses on advancing professional knowledge across the range of research and practice issues such as: nutritional science, medical nutrition therapy, public health nutrition, food science and biotechnology, foodservice systems, leadership and management, and dietetics education.

Nutrition Action Health Letter

Provides honest, unbiased, science-based advice on nutrition and health. It's the world's largest-circulation nutrition newsletter—bringing the latest nutrition news and advice to more than half a million readers.

Eating Disorders: Journal of Treatment and Prevention

Publishes research on the science and practice related to eating disorders, reflecting current theories that facilitate prevention and clinical treatment.

Databases

SJCG Library offers several databases that are accessible from your ZenWorks Application Portal. We offer health, research, point of care and drug databases. Each database is searchable and where you will find references to published literature, including journal and newspaper articles, government and legal publications, patents, reports, and books. The Library also offers a literature search service to all staff. Request a **literature search** [here](#)

Practice-Based Evidence in Nutrition (PEN) is a dynamic knowledge translation tool developed by the Dietitians of Canada in collaboration with the British Dietetic Association and the Dietitians Australia. PEN provides nutrition practitioners with ready access to timely, current and authoritative guidance on food and nutrition, offering evidence-based answers to the questions encountered in every day practice. PEN® eNews is a monthly e-newsletter created to help dietitians position themselves as leaders in evidence-based nutrition practice featuring articles on new evidence and resources.

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Books

For a more comprehensive listing of titles in the collection, please visit our online catalogue [here](#). Our loan period is three weeks.

ASPEN Fluids, Electrolytes, and Acid-Base Disorders Handbook, 2nd ed. / Todd W. Canada, 2020. WD 220 A87 2020

Clinical Handbook of Complex and Atypical Eating Disorders / Leslie K. Anderson, editor, 2018. WM 175 A53 2018

Clinical Manual of Eating Disorders, 1st ed. / Yager, editor, 2007. WM 175 C641 m 2007

Diabetes Unpacked: Just science and sense, no sugar coating / Zöe Harcombe, editor, 2017. WK 810 H37 2017

Eating Disorders and Obesity: A comprehensive handbook, 3rd ed. / Kelly D. Brownell, 2017. WM 175 E1715 2017

Essentials of Clinical Nutrition in Healthcare / Beth Frates, Marie-France Hivert and Christopher Duggan, 2024. WB 400 F56 2024

Gastroenterology / An issue of Clinics in Geriatric Medicine, 2014. W3 .C6G4 v. 30 no. 1 2014

Guidebook on Enteral Medication Administration / American Society for Parenteral and Enteral Nutrition, 2019. (E-Book access via EBSCO)

Indigenous Food Systems: Concepts, cases and conversations / Priscilla Settee and Shailesh Shukla, 2020. E 78 I53 2020

The Mayo Clinic Diabetes Diet / Mayo Clinic, 2013. WB 400 M38 2013

Modern Dysphagia Cooking: turn family favorites into dysphagia-friendly dishes / Laurie Berger, 2024. WI 258 M34 2024

Motivational Interviewing in Nutrition and Fitness / Dawn Clifford, 2016. WB 400 C55 2016

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Nutrition in Older Adults / An issue of Clinics in Geriatric Medicine, 2015.
W3 .C6G4 v.31 n.3 2015

Nutrition Therapy & Pathophysiology, 4th ed. / Marcia Nahikian Nelms, 2018.
WB 400 N67 2018

Pocket Guide to Micronutrient Management / Academy of Nutrition and Dietetics /
Kristen M. Roberts, et al, 2024 QU 145.5 P67 2025

**Unburdened Eating: Healing your relationships with food and your body using
an Internal Family Systems (IFS) approach** / Jeanne Catanzaro, 2024.
WM 175 C38 2024

Simply Great Food: 250 quick, easy & delicious recipes / Dietitians of Canada, 2007.
WB 405 C47 2007

Type II Diabetes Mellitus: A multidisciplinary approach / Heidelbaugh, editor, 2014.
WK 810 H45 2014

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