

Indigenous Health Resources

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Journals

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[International Journal of Indigenous Health \(IJH\)](#)

Established to advance knowledge and understanding to improve Indigenous health, IJH seeks to bring knowledge from diverse intellectual traditions together with a focus on culturally diverse Indigenous voices, methodologies and epistemology. The Journal is peer-reviewed, online, open-access and shares innovative health research across disciplines, Indigenous communities, and countries.

Books

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[21 things you may not know about the Indian Act: helping Canadians make reconciliation with Indigenous Peoples a reality](#) / Bob Joseph, 2018. KE 7709 J67 2018

[A knock on the door: the essential history of residential schools from the Truth and Reconciliation Commission of Canada](#) / TRC; foreword by Phil Fontaine, 2016. E 96.5 T784 2016

[Aboriginal health in Canada: historical, cultural, and epidemiological perspectives, 2nd ed.](#) / James B Waldram, 2006. WZ 80.5 I.3W3 2006

[All our relations: finding the path forward](#) / Tanya Talaga, 2018. E98 T35 2018

[Braiding sweetgrass: Indigenous wisdom, scientific knowledge, and the teachings of plants](#) / Robin Wall Kimmerer, 2013. E98 K56 2013

[Canada's residential schools: missing children and unmarked burials](#) / The final report of the Truth and Reconciliation Commission of Canada: Volume 4, 2016. E 96.5 T78 2016.

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[Canadian geographic Indigenous Peoples atlas of Canada](#) / Royal Canadian Geographical Society, 2018. E 78 R69 2018

[Children of the broken treaty: Canada's lost promise and one girl's dream](#) / Charlie Angus, 2017. E96.65 A54 2017

[Dancing with a ghost: exploring Aboriginal reality](#) / Rupert Ross, 2006. E 78 D56 2006

[Decolonizing trauma work: Indigenous stories and strategies](#) / Renee Linklater, 2014
WA 305 DC2 2014

[Determinants of Indigenous peoples' health: beyond the social](#) / edited collection, comprised largely of contributions by Indigenous authors, 2018. WA 300 DC2 2018

[Elements of Indigenous style: a guide for writing by and about Indigenous Peoples](#) / Gregory Younging, 2018. PN 147 Y68 2018

[Fighting for a Hand to Hold: Confronting medical colonialism against Indigenous children in Canada](#) / Samir Shaheen-Hussain, 2020. RA 450 S53 2020

[Final report of the Truth and Reconciliation Commission of Canada: Summary: Honouring the truth, reconciling for the future](#) / TRC, 2015. E96.5T782 2015

[First Contact: Seasons 1 & 2 \(DVDs\)](#). Six Canadians take an extraordinary journey through Indigenous Canada. E 99 .F327 2018

[First peoples, second class treatment: the role of racism in the health and well-being of Indigenous peoples in Canada](#), Wellesley Institute, 2015. Online at <https://www.wellesleyinstitute.com/wp-content/uploads/2015/02/Summary-First-Peoples-Second-Class-Treatment-Final.pdf> WA 300 A45 2015

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[From the ashes: my story of being Metis, homeless, and finding my way](#) / Jesse Thistle, 2019.
E99 M47 T55 2019

[From where I stand: rebuilding Indigenous Nations for a stronger Canada](#) / Jody Wilson-Raybould, 2019. E 78 W73 2019

[Healing the soul wound: trauma-informed counseling for Indigenous communities, 2nd ed.](#) / Eduardo Duran, 2019. RA 448 D87 2019

[Health and health care in northern Canada](#) / edited by Rebecca Schiff and Helle Moller, 2021.
R 463 H43 2021

[Indian horse \(book and film\)](#) / Richard Wagamese, 2018. PN 1997 I64 2018

[Indigenous food systems: concepts, cases and conversations](#) / edited by Priscilla Settee and Shailesh Shukla, 2020. E 78 I53 2020

[Indigenous healing: exploring traditional paths](#) / Rupert Ross, 2014. E 78 C2 2014

[Indigenous health ethics: an appeal to human rights](#) / edited by Deborah Zion, Linda Briskman & Alireza Bagheri, 2021. WB 60 I75 2021

[Indigenous intergenerational resilience: confronting cultural and ecological crisis](#) / Lewis Williams, 2022. GN 47 W55 2022

[Indigenous relations: insights, tips & suggestions to make reconciliation a reality](#) / Bob Joseph with Cynthia F. Joseph, 2019. E 78 J67 2019

[Medicines to help us: traditional Metis plant use](#) / Christi Belcourt, 2007. E99 M47 2007

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[Revenge of the Windigo: construction of the mind and mental health of North American Aboriginal peoples](#) / James B. Waldram, 2004. WA 305.1 W35 2004

[Separate beds: a history of Indian hospitals in Canada, 1920s-1980s](#) / Maureen K. Lux, 2016. RA 450.4 L89 2016

[Seven fallen feathers: racism, death, and hard truths in a northern city](#) / Tanya Talaga, 2017. E 98 S67 2017

[Strong helpers' teachings: the value of Indigenous knowledges in the helping professions](#) / Cyndy Baskin, 2016. HV 40 B38 2016

[The education of Augie Merasty: a residential school memoir \(New Edition\)](#) / Joseph Auguste Merasty, 2017. E96.5 M47 2017

[The inconvenient Indian: a curious account of native people in North America](#) / Thomas King, 2013. E77 K566 2013

[The PATH: communication strategies for the reconciliation era](#) / Sandi Boucher, 2018. HM 1121 B68 2018

[The reason you walk](#) / Wab Kinew, 2015. E99.C6K55 2015

[The science of the sacred: bridging global Indigenous medicine systems and modern scientific principles](#) / Nicole Redvers, 2019

[Up Ghost River: a chief's journey through the turbulent waters of native history](#) / Edmund Metatawabin, 2014. E99 C88M483 2014

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[Walk a mile film project \(DVD\)](#) / directed by Michelle Derosier, 2014. DVD WM 172 D47 2014

Databases

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