

Psychiatry and Psychology Resources

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Canadian Journal of Psychiatry

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Community Mental Health Journal

Devoted to the evaluation and improvement of public sector mental health services for people affected by severe mental disorders, serious emotional disturbances and/or addictions.

Counselor: The Magazine for Addiction Professionals

The longest running publication in the addiction field and the leading source of practical, how-to information for professionals in addiction treatment and behavioral healthcare.

Psychiatry Drug Alerts

Monthly newsletters about the efficacy and safety of drugs and therapeutics, containing summaries that can help solve a problem, warn about safety, or reassure you about efficacy.

Psychology Today

Publishes content written by clinicians, experts and researchers from across the fields of behavior and psychology.

Psychotherapy Networker

Written with the practical needs of clinicians in mind and celebrated for its engaging style, the Networker is the most widely read publication in the psychotherapy community today.

Schizophrenia Bulletin

Publishes recent developments and empirically based hypotheses regarding the etiology, pathophysiology and treatment of schizophrenia and related disorders.

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[A Compendium of Neuropsychological Tests: Fundamentals of neuropsychological assessment and test reviews for clinical practice](#), 4th ed. / Sherman, et al., 2022. WL 141 S76 2022

[ACT Made Simple: An easy-to-read primer on acceptance and commitment therapy](#), 2nd ed. / Harris, 2019. WM 425.5 H31 2019

[Addiction Psychiatry: Challenges and recent advances](#) / Psychiatric Clinics of North America, 2022. W3 C6P7 v45 no3 2022

[Anxiety Disorders: An information guide](#) / Centre for Addiction and Mental Health (CAMH), 2023. WM 172 R42 2023

[Bipolar Disorder: An information guide](#) / Centre for Addiction and Mental Health (CAMH), 2013. WM 207 P37 2013

[Clinical Handbook of Psychological Disorders: A step-by-step treatment manual](#), 6th ed. / Barlow, 2021. WM 420 C58 2021

[Clinical Manual of Child and Adolescent Psychopharmacology](#), 4th ed. / APA, 2024. WS 350 C32 2024

[Clinician's Guide to Bipolar Disorder](#) / Miklowitz, 2015. WM 171.7 M54 2015

[Cognitive-Behavioral Strategies in Crisis Intervention](#), 4th ed. / Dattilio, et al., 2023. WM 401 C64 2023

[Clinician's Thesaurus: The guide to conducting interviews and writing psychological reports](#) / Zuckerman, 2019. WM 34 Z94 2019

[Diagnostic and Statistical Manual of Mental Disorders: DSM-5-TR](#) / American Psychiatric Association, 2022. WM 15 2022

[Early Psychosis: An information guide](#), revised edition / Centre for Addiction and Mental Health (CAMH), 2022. WM 200 B76 2022

[Ethics in Psychiatry](#) / Psychiatric Clinics of North America, 2021. W3 C6P7 v44 no4 2021

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[Essentials of Clinical Geriatrics](#), 8th edition / Kane, et al., 2018. WT 100 E78 2018

[Evidence-Based Treatment for Anxiety Disorders and Depression: A cognitive behavioral therapy compendium](#) / Tood & Branch, editors, 2022. WM 425.5 E95 2022

[Evidence Based Treatments for Trauma-Related Psychological Disorders: A practical guide for clinicians](#) / Schnyder & Cloitre, editors, 2022. WM 172.5 E93 2022

[Geriatric Psychiatry](#) / Psychiatric Clinics of North America, 2018. W3 .C6P7 v. 41 no 1 2018

[Handbook of Dual Diagnosis: Assessment and treatment in persons with intellectual disorders](#) / Matson, 2020. WS 107 H47 2020

[Handbook of Personality Disorders: Theory, research, and treatment](#), 2nd ed. / Livesley & Larstone editors, 2018. WM 190 H2365 2018

[I Hate You – Don't Leave Me: Understanding the Borderline Personality Disorder](#), 3rd ed. / Kreisman, 2021. WM 190 K74 2021

[I Want to Change My Life: How to overcome anxiety, depression & addiction](#) / Melemis, 2010. BF 637 S4M46 2010

[Kaplan & Sadock's Concise Textbook of Clinical Psychiatry](#), 4th ed. / Sadock, Sadock & Ruiz, 2017. WM 140 K37 2017

[Kaplan & Sadock's Synopsis of Psychiatry](#) / editors, Boland, et al., 2022. WM 140 K36 2022

[Managing Challenging Behaviour Following Acquired Brain Injury: Assessment, intervention and measuring outcomes](#) / Alderman, 2024. WL 354 M61 2024

[Motivational Interviewing in Healthcare: Helping patients change behavior](#) / Rollnick, Miller & Butler, 2022. WM 143 R75 2022

[Motivational Interviewing in the Treatment of Psychological Problems](#) / Arkowitz, Miller & Rollnick, editors, 2015. WM 143 M91 2015

[Pocket Guide to Emergent and Serious Adverse Events in Psychopharmacology](#) / APA, 2023. QV 39 P23 2023

[Principles and Practice of Psychiatric Rehabilitation: Promoting recovery and self-determination](#) / Corrigan, et al., 2024. WM 30 P74 2024

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[Process-Based CBT: The science and core clinical competencies of cognitive behavioral therapy](#) / editors, Hayes & Hofmann, 2018. WM 425.5 P75 2018

[Psychiatry in Canada: 50 years \(1951 to 2001\)](#) / Canadian Psychiatric Association, 2001.
WM 11 S56

[Recovering From a First Episode Psychosis: An integrated approach to early intervention](#) / Jackson, 2019. WM 200 J33 2019

[Stahl's Essential Psychopharmacology: Neuroscientific basis and practical applications](#), 5th edition (E-Book) / Stahl, 2021.

[Substance Use in Older Adults](#) / American Psychiatric Association, 2024. WM 270 S89 2024

[The Anxious Perfectionist: How to manage perfectionism-driven anxiety using acceptance & commitment therapy](#) / Ong et al., 2022. WM 425.5 O65 2022

[The Maudsley Prescribing Guidelines in Psychiatry](#), 14th Edition / Taylor, Barnes, & Young, 2021. QV 77 T56 2021

[Transforming Cognitive Rehabilitation: Effective instructional methods](#) / Sohlberg, et al, 2023.
WM 425.5 S65 2023

[When the Body Says No: The cost of hidden stress](#), Vintage Canada edition / Mate, 2021.
WM 172 M37 2021

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