



ST. JOSEPH'S CARE GROUP

## Leadership Team Report

June 2012

Care  
Compassion  
Commitment

### Strategic Priorities

*"The focus of our work"*

Client-Centred Care ♦ Mental Health & Addictions ♦ Seniors' Care ♦ Chronic Disease

#### **Telemedicine Services in Complex Care**

Telemedicine nursing positions have been filled for palliative care, wound/ostomy care and geriatric care/responsive behaviours. The wound care service is operational and nurses for the other services are completing Ontario Telemedicine Network (OTN) training/developing promotional information for the new regional services. Consultation profiles are being processed for posting to the OTN Directory to be available to all our regional partners.

#### **Seniors Mental Health**

As anticipated, the number of referrals from Thunder Bay Regional Health Sciences Centre has increased since the presence of the case manager at the Joint Discharge Operations Team (JDOT) meetings, and the increased availability of the case manager and geriatric psychiatrist to complete assessments.

#### **Palliative Care**

Robin Cano, Palliative Care Telemedicine Nurse, developed a poster presentation for the 2012 Palliative Care Booster – Palliative Care Knows No Boundaries: Working with Marginalized Population. This event is sponsored by the Centre for Education and Research on Aging and Health (CERAH).

#### **End of Life Care Network Lead**

A new lead was hired for the End of Life Care Network – Hilary Mettam – who will be temporarily located at our Lakehead Psychiatric Hospital (LPH) site. Hilary brings the community development and engagement skills that will be keys to our participation in the anticipated provincial palliative care strategy.

#### **Managing Clients with Mental Health and Addiction Issues in Complex Care**

Extensive Services (5S) has recently admitted a number of clients with responsive behaviours and mental health issues along with their complex medical conditions and comorbidities. Interprofessional team members continue to collaborate with internal and community mental health programs to ensure care needs of the clients are being met and to provide adequate support for the team members.

#### **Moving on After Stroke (MOST)**

The MOST self management program continues three times per year. A group of five stroke survivors in Thunder Bay and one couple in Fort Frances, as well as one in Red Lake, just completed a session. The spring session (*April-July*) started with four confirmed participants in Thunder Bay, two in Sioux Lookout and one in Geraldton. The next program will start in September.

#### **36<sup>th</sup> Annual Awards Presentation for Recognition of Citizens of Exceptional Achievement**

A client of Community Support Case Management Program received a Citizens of Exceptional Achievement award presented by Mayor Keith Hobbs at the Da Vinci Centre on May 2, recognizing 16 years of volunteering at both the Lakehead Psychiatric Hospital and St. Joseph's Hospital.

#### **2012 Walk for Schizophrenia**

Several clients and staff of Community Support Case Management Program received pledges and attended the Walk for Schizophrenia on Saturday, May 26. The walk was held by the Schizophrenia Society of Ontario.

### **Concurrent Disorders Services – Strategic Planning Day**

On May 23, staff of Concurrent Disorders Services, together with community partner representatives and client and family advisors, participated in a full day planning event to review the Strategic Priorities of St. Joseph's Care Group (SJCG) and develop operational goals/objectives aligned with the Strategic Priorities. Special guests were invited to make relevant presentations to inform this work. Janet Sillman presented the Strategic Priorities for both SJCG and Thunder Bay Regional Health Sciences Centre. Patty Hajdu presented the Implementation Plan for the Thunder Bay Municipal Drug Strategy, and Brent Maranzan of the North West Local Health Integration Network presented relevant regional information. Feedback from all who attended was very favourable. This session paralleled a similar session held in March 2012 with the Community Mental Health staff. Results of both planning sessions will be integrated to support the development and implementation of operational goals and objectives for the next three years.

## **Corporate Principles**

*"Guide posts for how we work"*

Quality & Safety ♦ Collaboration ♦ Innovation ♦ Accountability

### **International Wound Care Presentation**

Susan Mills-Zorzes (ET RN) attended the World Council of Enterostomal Therapists 19<sup>th</sup> Biennial Congress in Australia and presented the Canadian Association of Enterostomal Therapists (CAET) recommendations for conservative sharp wound debridement.

### **Diabetes Expo**

Diabetes Health Thunder Bay participated in the annual Diabetes Expo that was hosted by the Canadian Diabetes Association. A display board along with a door prize was offered. About 100 people came through the booth and had blood sugar testing to screen for diabetes.

### **Responsive Behaviour Tracking Tool**

Psychologist Dr. Tran, with support from Clinical Manager Gail O'Quinn and Directors Bev Gellert and Trish Nelson, developed a responsive behavior tracking tool within the context of St. Joseph's Care Group's Risk Management Framework. The goal is to minimize risk to health and safety as well as to help better serve individuals with complex and challenging care needs.

### **Lakehead University Nursing Scholarship Forum**

The 10<sup>th</sup> Annual Nursing Scholarship Forum was held in the St. Joseph's Hospital Cafeteria. Poster presentations from Lakehead University students were well attended. There was very impressive work done by all students!

### **HAGI Working Group**

Mandy Byerley-Vita, Physical Rehabilitation Social Worker and Professional Practice Leader, is participating on a HAGI working group looking at smooth transition for clients being discharge to HAGI supportive housing.

### **Stroke Transition Pathway**

The Stroke Transition Pathway joint meeting of St. Joseph's Care Group and Thunder Bay Regional Health Sciences Centre met on April 10, 2012. The staff from both organizations continue to work together to identify opportunities for innovation/change to better align services and transitions for our stroke population.

### **Centre for Healthcare Ethics**

Randy Middleton Occupational Therapist for the Driver Assessment Program participated as a panel member for the Centre for Healthcare Ethics. The topic: When is it fair to remove someone's driver's license?

### **American College of Rheumatology**

Noel Heath (OT RDP) participated in 2 teleconferences with members of the E-learning subcommittee as part of her role as a board member of the American College of Rheumatology.

### **Concurrent Disorders Services – Collaboration**

Brent Maranzan, Senior Planning and Integration Consultant with the North West Local Health Integration Network (NW LHIN) toured Balmoral Centre. By request, a Health Services Improvement Plan was submitted to the NWLHIN to expand current capacity and enhance withdrawal management programs located at Balmoral Centre. Plans include medically supported withdrawal management and expansion of community based services designed to respond to increasing community needs, reduce unnecessary Emergency Department visits and reduce hospital admissions.

## **Strategic Enablers**

*“Functions that support our success”*

Our People ♦ Infrastructure ♦ Communication

### **Publication on Self Management Program using Videoconference Technology**

Denise Taylor, Special Rehabilitation Physiotherapist, was recently published in the Journal of Remote and Rural Health for her Masters of Public Health thesis work which was supported by St. Joseph’s Care Group. The article was titled *Remote Participants’ Experiences with a Group-based Stroke Self-management Program*, using videoconference technology.

### **Arthritis Presentation**

Noel Heath presented with Dr. Fidler on the Arthritis Referral Service to family physicians, nurse practitioners and other allied health workers. The presentation was titled *Maximizing Outcomes for Inflammatory Arthritis Patients in your Practice*.

### **Nursing Expo 2012**

Several nursing staff attended the Nursing Expo 2012 held at the Italian Cultural Centre on May 10. This year’s theme was Harry Potter “The Chamber of Collaboration”. The objectives were for nurses to discuss accountability and client-centered care, identify positive ways to resolve conflict, promote positive working environment of continued self learning, as well as collaboration and the sharing of gained knowledge within the health care team.

### **Out of the Darkness Memorial Walk**

The 2<sup>nd</sup> Annual Out of the Darkness Memorial Walk was held on May 6 at Confederation College to celebrate the lives of those lost to suicide and to increase awareness of the seriousness of depression and suicide. St. Joseph’s Care Group staff provided information and participated in the walk and opening ceremony.

### **Clergy Information Session**

Dr. Jack Haggarty and Shannon McFadyen did a presentation for the Thunder Bay Clergy at St. Joseph’s Health Centre on May 9th. Dr. Haggarty provided teaching on recognition of symptoms of mental illness and how the clergy can help parishioners presenting with various types of mental health issues. Information about mental health programs and services as well as accessibility was also provided.

### **Mother’s Day Recital**

On May 13, a special recital celebrating Mother’s Day was held at St. Andrews Presbyterian Church. The event was a musical tribute to express gratitude and celebrate the important women in our lives. Proceeds from the event supported CNIB, Canadian Mental Health Association, and St. Joseph’s Care Group (Hogarth Riverview Manor – Life Enrichment Program).

### **Mental Health Week 2012**

During Mental Health Week, May 6-12, the Mental Health Network (MHN) proudly delivered 45 free workshops in Thunder Bay promoting mental health and well-being. Workshops included speaker presentations and interactive sessions for people of all ages. As a member of the MHN, St. Joseph’s Care Group hosted two very popular workshops: Enneagrams by Reverend Hugh Walker for over 75 people in the Georgian Room, and Kundalini Yoga by Helen Arpin for over 30 people. Special thanks to Brook Latimer on the organizing committee.

### **Community Session on Oxycontin & Other Opiates**

On May 31, 2012, the Thunder Bay Drug Strategy and St. Joseph's Care Group co-hosted a community discussion about Oxycontin and other prescription opiates. The event, with over 35 in attendance, featured a screening of the film *Cottonland*, followed by a panel discussion. Expert panel members included: Nancy Black, Director of Concurrent Programs, and Dr. Paul Mulzer, Staff Psychiatrist, from St. Joseph's Care Group, and Julie Tilbury, Thunder Bay Police Services. Feedback was positive with requests for more sessions of a similar nature. An information pamphlet was also produced and will be distributed to local agencies and pharmacies.

### **Corporate Video Revision**

In conjunction with St. Joseph's Care Group's (SJCG) new Strategic Plan 2012-15, the SJCG Corporate Video was revised and posted on the SJCG website and iNtranet. The new version highlights the changes to our Mission, Vision, Core Values and Strategic Priorities. Special thanks to SJCG Board of Directors and Management Team for providing valuable feedback during the revision process.

### **Annual Curling Funspiel**

The 4<sup>th</sup> annual Curling Funspiel was held on March 31 at the Port Arthur Curling Club, with 10 teams participating. Thanks to Marie Murray, Linda McDonald, Bridget Mercer, Carolyn Hamilton and Tabatha Kennepohl for organizing the event. The Team Spirit award went to *Off their Rock"r"* consisting of Remo D'Angelo, Laura Szturm, Marianne Kulp and Rob Berardi. Thanks to Human Resources for donating a prize of complimentary tickets to the 2013 Employee Recognition Dinner.

### **Health and Safety Week Celebrated**

The goal of Health and Safety week is to focus employers and employees, partners and the public on the importance of preventing injury and illness at work and at home. Health and Safety Week was celebrated May 6 to 12 with daily newsletters sent out highlighting daily events, recipes, contests and puzzles, as well as upcoming events. Activities for the week included yoga, physiotherapy walk-arounds, and walks at lunch.

### **Health Safety and Risk Lunch & Learn Sessions**

Health Safety & Risk Services offered Lunch & Learn Sessions on May 16 and 17, with videoconferencing to most sites. *4 Wheels Meets 2 Wheels (Sharing the Road)* – was led by Adam Krupper, the Active Transportation Coordinator for the City of Thunder Bay, and Stasia Starr, a Public Health Nurse with the Thunder Bay District Health Unit. Topics included injury prevention and bike lane safety for 2 wheeled and 4 wheeled vehicles.

### **Volunteer Award Recipients**

Six volunteers from St. Joseph's Care Group (SJCG) received the City of Thunder Bay's Citizens of Exceptional Achievement Award at a dinner at the Da Vinci Cultural Center on Wednesday, May 2. Congratulations to Jeanne Adams, Elizabeth Gobiell, Ellen Eickmeier, Theresa Matijasic, Bobbi McFadden and Anne Teschke, who were presented with a certificate and pin from Mayor Keith Hobbs and City Council members. Twenty four volunteers were also recognized for their years of service with SJCG at the Ontario Volunteer Service Awards on Friday, May 11 at the Valhalla Inn. Congratulations to these long standing volunteers who received a certificate and pin from the Assistant Deputy Minister Chisanga Puta-Chekwe.

### **Leadership Thunder Bay**

On June 7 two St. Joseph's Care Group (SJCG) staff graduated as part of the 2012 class of Leadership Thunder Bay in a special ceremony and celebration held at Hazelwood Lake Nature Centre. Congratulations to Linda Piscioneri and Tanya Shute, who now join a growing group of SJCG staff who are proud Leadership Thunder Bay alumni! Congratulations also to Mandy Byerley-Vita, Physical Rehabilitation Social Worker and Professional Practice Leader, who is SJCG's sponsored participant in the 2012-2013 Leadership Thunder Bay Program.