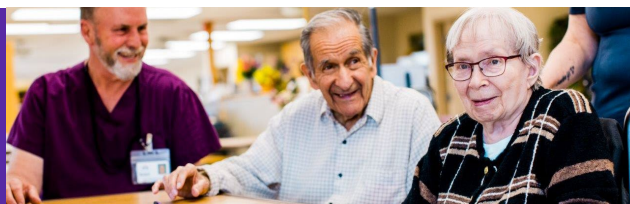




## Bethammi Nursing Home



## BNH COVID Information

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### Mask Requirements

- Masking is recommended but not required for visitors and caregivers. Visitors and Caregivers may now join in for dining and sharing a meal or beverage in communal spaces. Please note that visitors and caregivers will be required to wear a mask in the event of an outbreak or if a resident is in isolation.

### Failure of Screening

- Anyone who is not feeling well, or identifies noted symptoms, is asked not to visit Bethammi Nursing Home until your fever is gone and your symptoms have improved for 24 hrs. (48 hrs. for gastrointestinal symptoms)

### Confirmed COVID 19

- If you have a confirmed positive COVID-19 test result from a home test or a pharmacy, please do not visit Bethammi Nursing Home for a period of 10 days.

### Caregivers during an Outbreak

- The limit of one (1) caregiver visiting at a time during an outbreak or when a resident is symptomatic or isolating, will be removed. Our limit is four (4) persons max at a time.
- General Visitors are still not permitted to visit any residents within isolation or a unit in outbreak.

### Signing in

- All Visitors and Caregivers are required to sign in and out of the care unit at each of our home area nursing stations.

### Building Entrances

- Caregivers and Visitors can continue to enter the building using the main entrance to the SJ Heritage Building.

# SIMPLE STEPS TO SCREEN YOURSELF



Do not enter if you are experiencing any new or worsening symptoms, as listed below, which are not related to any known condition(s) you have.

Stay home until ALL of the following apply:

- No fever
- Symptoms have been improving for at least 24 hours (48 hours for gastrointestinal symptoms)
- No development of additional symptoms

## One (1) or more of these symptoms:



FEVER OR CHILLS



COUGH



SHORTNESS OF  
BREATH



DECREASED OR LOSS  
OF SMELL OR TASTE

## Two (2) or more of these symptoms:



RUNNY NOSE OR  
NASAL CONGESTION



HEADACHE



EXTREME FATIGUE



MUSCLE ACHES  
OR JOINT PAIN



GASTROINTESTINAL  
SYMPTOMS  
(SUCH AS VOMITING  
OR DIARRHEA)



SORE THROAT

For more information visit [sjcg.net](https://sjcg.net)



# Whistle Blowing

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Whistle-blowing protection forbids retaliation or threats of retaliation against a person for disclosing anything to an inspector or the Ministry of Health and Long-Term Care Director, or for giving evidence in a proceeding under the LTCHA or during a coroner’s inquest. Employees, officers, and directors cannot discourage these disclosures.

# Concern Process

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If you have a complaint or concern about resident care, or the operation of the home, please let us know. Concerns and complaints can be shared directly in person with our registered staff and Management.

- 2<sup>nd</sup> Floor Team Station- (807) 768-4419
- 3<sup>rd</sup> Floor Team Station- (807) 768-4426
- Assistant Clinical Manager- (807) 768-4446

If you feel that your concern has not been appropriately addressed you can also notify the Clinical Manager/Director of Care and Administrator in person or by calling:

- Clinical Manager/Director of Care ..... (807) 768-4421
- Administrator ..... (807) 768-4418

# Resident Handbook

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The Resident Handbook is a great resource for information about the home. Please visit [www.sjcg.net](http://www.sjcg.net) or the link [http://www.sjcg.net/documents/books/SJCG-LTC\\_Resident-and-Family\\_Handbook.pdf](http://www.sjcg.net/documents/books/SJCG-LTC_Resident-and-Family_Handbook.pdf) to view the Resident Handbook.

# St. Joseph's Care Group Website

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Bethammi Nursing Home is posting the updates/newsletter information on the St. Joseph's Care Group website, [www.sjcg.net](http://www.sjcg.net)

The link to view the website information <http://www.sjcg.net/services/COVID-19/visitor-LTCH.aspx>

## Services

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The following services are being offered at Bethammi Nursing Home.

Sacha Torkkeli, Foot Nurse

Phone: (807) 472-6042 • Email: [info@footnurse.ca](mailto:info@footnurse.ca) • Online booking at: [footnurse.ca](http://footnurse.ca)

Carolyn Weiss, Dental Hygienist

Phone: (807) 631-6000 • Email: [cwdhc@tbaytel.net](mailto:cwdhc@tbaytel.net)

Jenny Johnston, Hair Dresser

Phone: (807) 767-2004

## Family Council

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A Family Council in long-term care is a group of family members and persons of importance to residents that meet on a regular basis to provide mutual support, improve quality of life for the residents, express ideas, and work towards positive change.

The Bethammi Family Council meets the 3rd Monday of every second month at 2:00pm in the Penthouse. Any family member or person of importance to residents of the home are welcome to attend.

### Upcoming Family Council Meetings

- Monday July 24, 2023
- Monday Sept 18, 2023
- Monday Nov 20, 2023

If you have any questions please contact Jessica Derbyshire, Resident Counsellor, at [Jessica.derbyshire@tbh.net](mailto:Jessica.derbyshire@tbh.net) or Randy Middleton, Administrator, at [middletr@tbh.net](mailto:middletr@tbh.net).

## Bethammi Resident Council

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The purpose of the Resident Council is to provide a forum for residents to express themselves and suggest positive changes that will benefit the quality of life for all residents of the home. All residents are welcome to attend!

The Bethammi Residents Council meets the 4th Monday of every month at 2:00pm—3:00pm in the Penthouse. There will not be meetings scheduled during summer months of July and August.

### Upcoming Resident Council Meetings

- Monday Sept 25, 2023
- Monday Oct 30, 2023
- Monday Nov 27, 2023

## Come Join Our Volunteer Team

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- Volunteers at St. Joseph's Care Group are an integral and valued part of the care provided to the residents and clients we serve. Our volunteers are engaged in meaningful ways that reflect their various skills, abilities, needs and backgrounds.
- Please contact Volunteer Services at (807) 343-2428 or email [volunteers@tbh.net](mailto:volunteers@tbh.net) if you are interested in becoming a volunteer.