Resident & Family Newsletter

September 29, 2023



Bethammi Nursing Home



BNH COVID Information

Mask Requirements

- Masking is required for all visitors, caregivers and staff during an outbreak, or if a resident is in isolation.
- Effective the end of our current Facility Wide Outbreak, the following Bethammi Nursing Home masking protocols will be in place:
- Staff, Students, and Volunteers

All staff, students, and volunteers will mask upon entry into the home, and remain masked for the duration of their shift in all area's with the exception of designated break rooms.

• Visitors and Family Members

All visitors and family members will mask upon entry into the home, and remain masked in all common areas.

Visitors may remove their mask only when in the privacy of their residents room, and no staff are present.

• Eating and Drinking

All Staff, Students, and Volunteers will only be permitted to eat in designated break areas. All Visitors and Family will only be permitted to eat in the privacy of their residents rooms, when staff are not present.

Visitors, and Family Members can consume beverages by simply raising their mask to take a sip as long as the mask is not fully removed outside of privacy of their resident's room.

• Entertainers and Spiritual Care Providers

All Entertainers as well as Spiritual Care Volunteers performing a service, will be permitted to remove their mask when 6' physical distancing can be accomplished.

Mask Availability

Masks will continue to be available in Bethammi:

- -Outside the Elevators on the main floor of the Heritage.
- -Immediately off the elevator on the 2nd and 3rd floor in Bethammi Nursing Home.

Failure of Screening

Anyone who is not feeling well, or identifies noted symptoms, is asked not to visit Bethammi
Nursing Home until your fever is gone and your symptoms have improved for 24 hrs. (48 hrs. for
gastrointestinal symptoms)

Confirmed COVID 19

• If you have a confirmed positive COVID-19 test result from a home test or a pharmacy, please do not visit Bethammi Nursing Home for a period of 10 days.

Caregivers during an Outbreak

- Our limit is four (4) designated caregiver's max at a time.
- General Visitors are still not permitted to visit any residents within isolation or a unit in outbreak.

Signing in

• All Visitors and Caregivers are required to sign in and out of the care unit at each of our home area nursing stations.

Building Entrances

 Caregivers and Visitors can continue to enter the building using the main entrance to the SJ Heritage Building.

SIMPLE STEPS TO SCREEN YOURSELF



Do not enter if you are experiencing any new or worsening symptoms, as listed below, which are not related to any known condition(s) you have.

Stay home until ALL of the following apply:

- No fever
- Symptoms have been improving for at least 24 hours (48 hours for gastrointestinal symptoms)
- No development of additional symptoms

One (1) or more of these symptoms:



FEVER OR CHILLS



COUGH



SHORTNESS OF BREATH



DECREASED OR LOSS OF SMELL OR TASTE

Two (2) or more of these symptoms:



RUNNY NOSE OR NASAL CONGESTION



HEADACHE



EXTREME FATIGUE



MUSCLE ACHES OR JOINT PAIN



GASTROINTESTINAL SYMPTOMS (SUCH AS VOMITING OR DIARRHEA)



SORE THROAT

For more information visit sjcg.net



Resident and Family Satisfaction Survey

- St. Joseph's Care Group is committed to ensuring that our residents and their family members receive
 the best possible care and services. Our vision is to be a leader in client-centered care.
- To improve, we need to hear from you. The survey has been mailed to the resident's power of attorney (POA) for completion.
- The survey will run from **September 11 to November 5, 2023**.
- If you have any questions, please contact Hillary Maxwell at the Centre for Applied Health Research at 343-2431 ext. 2107.

Concern Process

If you have a complaint or concern about resident care, or the operation of the home, please let us know.

Concerns and complaints can be shared directly in person with our registered staff and Management.

2nd Floor Team Station- (807) 768-4419

3rd Floor Team Station- (807) 768-4426

Assistant Clinical Manager- (807) 768-4446

If you feel that your concern has not been appropriately addressed you can also notify the Clinical Manager/Director of Care and Administrator in person or by calling:

Clinical Manager/Director of Care (807) 768-4421

Administrator (807) 768-4418

If you feel that your concern has still not been addressed by the home, you can alternatively reach out to the following supports:

Ministry of Long-Term Care Family Support and Action Line: toll-free 1-866-434-0144 between: 8:30am - 7:00pm, 7 days a week or the Patient Ombudsman Action Line: toll-free 1-888-321-0339 between 9:00am to 4:00pm, Monday to Friday.

Following the Fixing Long-Term Care Act, 2021 (FLTCA), Whistle-blowing protections are in place to give anyone (residents, family members, staff or visitors) the confidence to bring forward any concerns about a Long-Term Care Home without fear of retaliation.

Whistle Blowing

Whistle-blowing protection forbids retaliation or threats of retaliation against a person for disclosing anything to an inspector or the Ministry of Health and Long-Term Care Director, or for giving evidence in a proceeding under the LTCHA or during a coroner's inquest. Employees, officers, and directors cannot discourage these disclosures.

Resident Handbook

The Resident Handbook is a great resource for information about the home. Please visit www.sjcg.net or the link http://www.sjcg.net/documents/books/SJCG-LTC_Resident-and-Family_Handbook.pdf to view the Resident Handbook.

St. Joseph's Care Group Website

Bethammi Nursing Home is posting the updates/newsletter information on the St. Joseph's Care Group website, www.sjcg.net

The link to view the website information http://www.sjcg.net/services/COVID-19/visitor-LTCH.aspx

Services

The following services are being offered at Bethammi Nursing Home.

Sacha Torkkeli, Foot Nurse

Phone: (807) 472-6042 • Email: info@footnurse.ca • Online booking at: footnurse.ca

Carolyn Weiss, Dental Hygienist

Phone: (807) 631-6000 • Email: cwdhc@tbaytel.net

Jenny Johnston, Hair Dresser

Phone: (807) 767-2004

Family Council

A Family Council in long-term care is a group of family members and persons of importance to residents that meet on a regular basis to provide mutual support, improve quality of life for the residents, express ideas, and work towards positive change.

The Bethammi Family Council meets the 3rd Monday of every second month at 2:00pm in the Penthouse. Any family member or person of importance to residents of the home are welcome to attend.

Upcoming Family Council Meeting

Monday Nov 20, 2023

If you have any questions please contact Jessica Derbyshire, Resident Counsellor, at <u>Jessica.derbyshire@tbh.net</u> or Randy Middleton, Administrator, at <u>middletr@tbh.net</u>.

Bethammi Resident Council

The purpose of the Resident Council is to provide a forum for residents to express themselves and suggest positive changes that will benefit the quality of life for all residents of the home. All residents are welcome to attend!

The Bethammi Residents Council meets the 4th Monday of every month at 2:00pm—3:00pm in the Penthouse.

Upcoming Resident Council Meetings

- Monday Oct 30, 2023
- Monday Nov 27, 2023

Come Join Our Volunteer Team

- Volunteers at St. Joseph's Care Group are an integral and valued part of the care provided to the
 residents and clients we serve. Our volunteers are engaged in meaningful ways that reflect their various
 skills, abilities, needs and backgrounds.
- Please contact Volunteer Services at (807) 343-2428 or email volunteers@tbh.net if you are interested in becoming a volunteer.