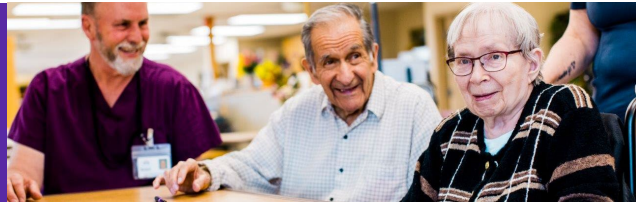




## Bethammi Nursing Home



## BNH COVID Information

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### Mask Requirements

- Masking is required for all visitors, caregivers and staff during an outbreak, or if a resident is in isolation.
- Masking changes were mandated by the Ministry of Long-Term Care and put into place November 7, 2023. Staff, students, volunteers and support workers are required to wear masks when on Bethammi nursing home floors in all resident areas.
- Visitors and Caregivers are not required to wear mask when entering BNH. Caregivers and visitors are **strongly** recommended to wear mask at all times when in BNH but may remove their masks when visiting a resident in their room or when eating or drinking with a resident in communal spaces.
- **Mask Availability**  
Masks will continue to be available in Bethammi:
  - Outside the elevators on the main floor of the Heritage.
  - Immediately off the elevator on the 2<sup>nd</sup> and 3<sup>rd</sup> floor in Bethammi Nursing Home.

### Failure of Screening

- Anyone who is not feeling well, or identifies noted symptoms, is asked not to visit Bethammi Nursing Home until your fever is gone and your symptoms have improved for 24 hrs. (48 hrs. for gastrointestinal symptoms).

### Confirmed COVID 19

- If you have a confirmed positive COVID-19 test result from a home test or a pharmacy, please do not visit Bethammi Nursing Home for a period of 10 days.

- **Caregiver / Visitor COVID 19 Testing**

Caregivers or visitors whom believe there are COVID 19 positive can book a PCR test through the:

**Thunder Bay Assessment Centre**

Thunder Bay Regional Health Sciences Centre  
980 Oliver Road  
Thunder Bay, ON  
P7B 6V4

**Hours**

Monday - Sunday: 8 a.m. to 4 p.m. (closed from 12:15pm to 1:30 for lunch)

**Phone number** [1-807-935-8100](tel:1-807-935-8100) **Website** [www.tbdhu.com/coronavirus](http://www.tbdhu.com/coronavirus)

## **Concern Process**

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If you have a complaint or concern about resident care, or the operation of the home, please let us know.

Concerns and complaints can be shared directly in person with our registered staff and Management.

2<sup>nd</sup> Floor Team Station- (807) 768-4419

3<sup>rd</sup> Floor Team Station- (807) 768-4426

Assistant Clinical Manager- (807) 768-4446

If you feel that your concern has not been appropriately addressed you can also notify the Clinical Manager/Director of Care and Administrator in person or by calling:

Clinical Manager/Director of Care ..... (807) 768-4421

Administrator ..... (807) 768-4418

If you feel that your concern has still not been addressed by the home, you can alternatively reach out to the following supports:

Ministry of Long-Term Care Family Support and Action Line: toll-free 1-866-434-0144 between: 8:30am - 7:00pm, 7 days a week or the Patient Ombudsman Action Line: toll-free 1-888-321-0339 between 9:00am to 4:00pm, Monday to Friday.

Following the Fixing Long-Term Care Act, 2021 (FLTCA), Whistle-blowing protections are in place to give anyone (residents, family members, staff or visitors) the confidence to bring forward any concerns about a Long-Term Care Home without fear of retaliation.

## Whistle Blowing

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Whistle-blowing protection forbids retaliation or threats of retaliation against a person for disclosing anything to an inspector or the Ministry of Health and Long-Term Care Director, or for giving evidence in a proceeding under the LTCHA or during a coroner's inquest. Employees, officers, and directors cannot discourage these disclosures.

## Resident Handbook

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The Resident Handbook is a great resource for information about the home. Please visit [www.sjcg.net](http://www.sjcg.net) or the link [http://www.sjcg.net/documents/books/SJCG-LTC\\_Resident-and-Family\\_Handbook.pdf](http://www.sjcg.net/documents/books/SJCG-LTC_Resident-and-Family_Handbook.pdf) to view the Resident Handbook.

## St. Joseph's Care Group Website

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Bethammi Nursing Home is posting the updates/newsletter information on the St. Joseph's Care Group website, [www.sjcg.net](http://www.sjcg.net)

The link to view the website information <http://www.sjcg.net/services/COVID-19/visitor-LTCH.aspx>

## Services

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The following services are being offered at Bethammi Nursing Home.

Sacha Torkkeli, Foot Nurse

Phone: (807) 472-6042 • Email: [info@footnurse.ca](mailto:info@footnurse.ca) • Online booking at: [footnurse.ca](http://footnurse.ca)

Carolyn Weiss, Dental Hygienist  
Phone: (807) 631-6000 • Email: [cwdhc@tbaytel.net](mailto:cwdhc@tbaytel.net)

Jenny Johnston, Hair Dresser  
Phone: (807) 767-2004

## Family Council

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A Family Council in long-term care is a group of family members and persons of importance to residents that meet on a regular basis to provide mutual support, improve quality of life for the residents, express ideas, and work towards positive change.

The Bethammi Family Council will be meeting the 3rd Tuesday of every second month at 2:00pm in the Visual Strategy Room. Any family member or person of importance to residents of the home are welcome to attend.

### Upcoming Family Council Meeting

- Tuesday Jan 23, 2024
- Tuesday March 19, 2024
- Tuesday May 21, 2024

If you have any questions please contact Jessica Derbyshire, Resident Counsellor, at [Jessica.derbyshire@tbh.net](mailto:Jessica.derbyshire@tbh.net) or Randy Middleton, Administrator, at [middletr@tbh.net](mailto:middletr@tbh.net).

## Bethammi Resident Council

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The purpose of the Resident Council is to provide a forum for residents to express themselves and suggest positive changes that will benefit the quality of life for all residents of the home. All residents are welcome to attend!

The Bethammi Residents Council will be meeting the 4th Tuesday of every month at 2:00pm—3:00pm in the Visual Strategy Room.

## Upcoming Resident Council Meetings

- Tuesday Jan 30, 2024
- Tuesday Feb 27, 2024
- Tuesday March 26, 2024

## Come Join Our Volunteer Team

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- Volunteers at St. Joseph's Care Group are an integral and valued part of the care provided to the residents and clients we serve. Our volunteers are engaged in meaningful ways that reflect their various skills, abilities, needs and backgrounds.
- Please contact Volunteer Services at (807) 343-2428 or email [volunteers@tbh.net](mailto:volunteers@tbh.net) if you are interested in becoming a volunteer.

## Inclement Weather Watch

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With the weather and temperature changes this time of year, we encourage everyone to be mindful when walking outside.

For everyone's safety wear weather appropriate footwear.