Resident & Family Newsletter

March 28, 2024



Bethammi Nursing Home



Masking

- Effective March 8, 2024, masks no longer required at BNH and St. Joseph's Care Group sites.
- Staff will wear masks according to their own point of care risk assessments, or if asked to wear a mask by a resident or their family member.
- Everyone (staff, physicians, volunteers and visitors) must follow the instructions of Infection Prevention and Control during an outbreak or when enhanced protocols are required.

• Caregiver / Visitor COVID 19 Testing

Caregivers or visitors whom believe there are COVID 19 positive can book a PCR test through the:

Thunder Bay Assessment Centre

Thunder Bay Regional Health Sciences Centre 980 Oliver Road Thunder Bay, ON P7B 6V4

Hours Monday - Sunday: 8 a.m. to 4 p.m. (closed from 12:15pm to 1:30 for lunch)

Phone number 1-807-935-8100 Website www.tbdhu.com/coronavirus

Concern Process

If you have a complaint or concern about resident care, or the operation of the home, please let us know.

Concerns and complaints can be shared directly in person with our registered staff and Management.

2nd Floor Team Station- (807) 768-4419

3rd Floor Team Station- (807) 768-4426

Assistant Clinical Manager- (807) 768-4446

If you feel that your concern has not been appropriately addressed you can also notify the Clinical Manager/Director of Care and Administrator in person or by calling:

 Clinical Manager/Director of Care
 (807) 768-4421

 Administrator
 (807) 768-4418

If you feel that your concern has still not been addressed by the home, you can alternatively reach out to the following supports:

Ministry of Long-Term Care Family Support and Action Line: toll-free 1-866-434-0144 between: 8:30am - 7:00pm, 7 days a week or the Patient Ombudsman Action Line: toll-free 1-888-321-0339 between 9:00am to 4:00pm, Monday to Friday.

Following the Fixing Long-Term Care Act, 2021 (FLTCA), Whistle-blowing protections are in place to give anyone (residents, family members, staff or visitors) the confidence to bring forward any concerns about a Long-Term Care Home without fear of retaliation.

Whistle Blowing

Whistle-blowing protection forbids retaliation or threats of retaliation against a person for disclosing anything to an inspector or the Ministry of Health and Long-Term Care Director, or for giving evidence in a proceeding under the LTCHA or during a coroner's inquest. Employees, officers, and directors cannot discourage these disclosures.

Resident Handbook

The Resident Handbook is a great resource for information about the home. Please visit www.sjcg.net or the link http://www.sjcg.net/documents/books/SJCG-LTC_Resident-and-Family_Handbook.pdf to view the Resident Handbook.

Bethammi Nursing Home is posting the updates/newsletter information on the St. Joseph's Care Group website, <u>www.sjcg.net</u>

The link to view the website information <u>http://www.sjcg.net/services/COVID-19/visitor-LTCH.aspx</u>

Services

The following services are being offered at Bethammi Nursing Home.

Sacha Torkkeli, Foot Nurse Phone: (807) 472-6042 • Email: <u>info@footnurse.ca</u> • Online booking at: footnurse.ca

Carolyn Weiss, Dental Hygienist Phone: (807) 631-6000 • Email: <u>cwdhc@tbaytel.net</u>

Jenny Johnston, Hair Dresser Phone: (807) 767-2004

Family Council

A Family Council in long-term care is a group of family members and persons of importance to residents that meet on a regular basis to provide mutual support, improve quality of life for the residents, express ideas, and work towards positive change.

The Bethammi Family Council will be meeting the 3rd Tuesday of every second month at 2:00pm in the Visual Strategy Room. Any family member or person of importance to residents of the home are welcome to attend.

Upcoming Family Council Meetings

- Tuesday May 21, 2024
- Tuesday July 23, 2024
- Tuesday September 17, 2024

If you have any questions please contact Jessica Derbyshire, Resident Counsellor, at <u>Jessica.derbyshire@tbh.net</u> or Randy Middleton, Administrator, at <u>middletr@tbh.net</u>.

Bethammi Resident Council

The purpose of the Resident Council is to provide a forum for residents to express themselves and suggest positive changes that will benefit the quality of life for all residents of the home. All residents are welcome to attend!

The Bethammi Residents Council will be meeting the 4th Tuesday of every month at 2:00pm—3:00pm in the Visual Strategy Room.

Upcoming Resident Council Meetings

- Tuesday April 30, 2024
- Tuesday May 28, 2024
- Tuesday June 25, 2024

Come Join Our Volunteer Team

- Volunteers at St. Joseph's Care Group are an integral and valued part of the care provided to the residents and clients we serve. Our volunteers are engaged in meaningful ways that reflect their various skills, abilities, needs and backgrounds.
- Please contact Volunteer Services at (807) 343-2428 or email volunteers@tbh.net if you are interested in becoming a volunteer.

Making Connections Support Group



Bethammi Nursing Home

Is pleased to offer this program designed for families and caregivers, to provide support and education. The sessions will cover various topics such as self care, ambiguous loss and grief, redefining caregiver's role/relationship, coping techniques and adjusting to Long Term Care.

The group will consist of four (4) weekly sessions

held

Thursday afternoons, from 1:30 pm to 3:30 pm

Thursday April 4, 2024 to Thursday April 25, 2024

For more information or to enroll please contact

Jessica Derbyshire, Resident Counsellor at 768-4427