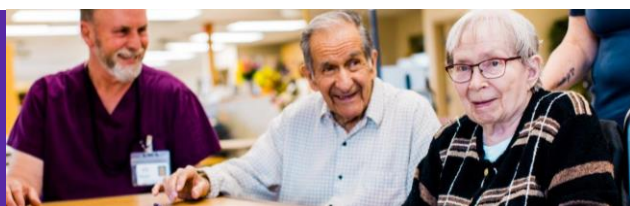




Bethammi Nursing Home



Bethammi Nursing Home Council Invites You to Get Involved

Support. Empowerment. Advocacy.

WELCOME TO ALL FAMILIES & FRIENDS!

Whether you're new to BNH or have been with us for years, our Family Council is here for you. We're a group of dedicated family and friend advocates working together to:

- Support one another
- Empower voices of residents' loved ones
- Advocate for a better quality of life for all residents

WHY JOIN THE FAMILY COUNCIL?

As a member, you'll have the opportunity to:

- ✓ Help shape home Décor Planning
- ✓ Participate in Dining Committees
- ✓ Collaborate on Quality Improvement Planning
- ✓ Provide input on Client Satisfaction Surveys
- ✓ Potentially plan and execute fun and exciting membership events

MEETINGS EVERY OTHER MONTH

Location: Visual Strategy Room (Basement)

When: Thursday, September 23, 2025
Thursday, November 18, 2025

Time: 2pm – 3pm

Bethammi Resident Council

The purpose of the Resident Council is to provide a forum for residents to express themselves and suggest positive changes that will benefit the quality of life for all residents of the home. All residents are welcome to attend!

The Bethammi Residents Council will be meeting the 4th Tuesday of every month at 2:00pm—3:00pm in the Visual Strategy Room.

Upcoming Resident Council Meetings

- Tuesday September 30, 2025
- Tuesday October 28, 2025
- Tuesday November 25, 2025

If you have any questions please contact Jessica Derbyshire, Resident Counsellor, at Jessica.derbyshire@tbh.net or Randy Middleton, Administrator, at middletr@tbh.net.

Bethammi Nursing Home Sprinkler System Completed

We are happy to report that the Bethammi Sprinkler System is fully functional in all areas of the home.

Resident and Family Satisfaction Survey

St. Joseph's Care Group is committed to ensuring that our residents and their family members receive the best possible care and services. Our vision is to be a leader in client-centered care. To improve, we need to hear from you.

Our satisfaction survey will run from September 8 to November 3, 2025

If you have any questions, please contact Hillary Maxwell at the Centre for Applied Health Research at 343-2431 ext. 2107

Concern Process

If you have a complaint or concern about resident care, or the operation of the home, please let us know. Concerns and complaints can be shared directly in person with our registered staff and Management.

- 2nd Floor Team Station- (807) 768-4419
- 3rd Floor Team Station- (807) 768-4426
- Assistant Clinical Manager- (807) 768-4446

If you feel that your concern has not been appropriately addressed you can also notify the Clinical Manager/Director of Care and Administrator in person or by calling:

- Clinical Manager/Director of Care (807) 768-4421
- Administrator (807) 768-4418

If you feel that your concern has still not been addressed by the home, you can alternatively reach out to the following supports:

Ministry of Long-Term Care Family Support and Action Line: toll-free 1-866-434-0144 between: 8:30am - 7:00pm, 7 days a week or the Patient Ombudsman Action Line: toll-free 1-888-321-0339 between 9:00am to 4:00pm, Monday to Friday.

Following the Fixing Long-Term Care Act, 2021 (FLTCA), Whistle-blowing protections are in place to give anyone (residents, family members, staff or visitors) the confidence to bring forward any concerns about a Long-Term Care Home without fear of retaliation.

Whistle Blowing

Whistle-blowing protection forbids retaliation or threats of retaliation against a person for disclosing anything to an inspector or the Ministry of Health and Long-Term Care Director, or for giving evidence in a

proceeding under the LTCHA or during a coroner's inquest. Employees, officers, and directors cannot discourage these disclosures.

Resident Handbook

The Resident Handbook is a great resource for information about the home. Please visit www.sjcg.net or the link http://www.sjcg.net/documents/books/SJCG-LTC_Resident-and-Family_Handbook.pdf to view the Resident Handbook.

St. Joseph's Care Group Website

Bethammi Nursing Home is posting the updates/newsletter information on the St. Joseph's Care Group website, www.sjcg.net

The link to view the website information <http://www.sjcg.net/services/COVID-19/visitor-LTCH.aspx>

Services

The following services are being offered at Bethammi Nursing Home.

Sacha Torkkeli, Foot Nurse

Phone: (807) 472-6042 • Email: info@footnurse.ca • Online booking at: footnurse.ca

Carolyn Weiss, Dental Hygienist

Phone: (807) 631-6000 • Email: cwdhc@tbaytel.net

Jenny Johnston, Hair Dresser

Phone: (807) 767-2004

Medical Services in the Home – What to Expect

At our long-term care home, we are committed to providing a warm and caring environment where residents feel safe, respected, and truly at home.

This is not a hospital or clinic – it is your or your loved one's home – and we approach care with that in mind.

Medical care is an important part of the support provided in the home and is delivered in a way that respects each resident's comfort and dignity.

The Medical Director is a physician who provides clinical leadership, ensuring that care is safe, appropriate, and based on current best practices. They also work closely with the care team to guide the overall approach to health and wellness in the home.

Attending Physicians and Nurse Practitioners are assigned to specific home areas and oversee the medical care of individual residents. While they are not on-site every day, they are available to provide support as needed. Their responsibilities include:

- Conducting annual physical exams
- Reviewing care plans
- Responding to significant changes in a resident's condition
- Prescribing, monitoring and adjusting medications as clinically indicated

They work in close collaboration with the **Nursing team** to assess resident needs and determine appropriate treatment options. There may be times when a resident requires care from a specialist or services only available in an acute care setting.

Our goal is to support each person's health while maintaining a strong focus on **quality of life**. We are here to provide care in a way that is respectful and consistent with the comforts of home.