# **Resident & Family Newsletter**

March 31, 2023



# **Hogarth Riverview Manor**



# **HRM COVID Information**

On March 23, 2023, the province announced long-awaited changes to <a href="COVID-19 Measures in Long-Term Care Homes">COVID-19 Measures in Long-Term Care Homes</a>. Citing high vaccine uptake and effective antivirals, the changes are described as the next phase of a safe, cautious and balanced reduction of public health measures and it brings long-term care more in line with current precautions in the broader healthcare sector.

St. Joseph's Care Group is continuing with our own measures to live with and manage COVID-19 in the longer term. It's something we do with careful consideration of many factors, including the guidance of public health, the number of people in our community and our workplace with COVID-19, and more. The changes described below are all taking effect on Friday, March 31, 2023:

## **Antigen Testing Update**

• Our onsite and community Oak Medical antigen testing clinics will remain open for their regular scheduled testing hours, until closure at the end of day on Thursday March 30, 2023.

## **Screening Process Update**

- Our Hogarth Riverview Manor active screening currently completed by staff will also end at the end
  of day on Thursday March 30, 2023.
- Passive screening posters that will be posted within each of our home entrances to be utilized to self-monitor for symptoms of COVID-19 and other respiratory or infectious diseases.
- Visitors and Caregivers will independently complete self-passive screening, sanitize their hands, put on a surgical mask and then proceed into the home for your visit. Please note that if you do not have a mask, and there are no masks available at the entrance you have chosen, you will need to proceed to another entrance.
- Between the hours of 6:30am to 8:30pm all visitors must enter 02468 into the keypad to gain entry
  or to exit the building. After 8:30pm visitors will only be able to access the home through our main
  entrance by using the black phone located beside the town hall sliding door to call for security or
  the Charge Nurse to come down and grant access to the building.

## **Failure of Screening**

 Anyone who is not feeling well, or identifies noted symptoms, is asked not to visit Hogarth Riverview Manor until your fever is gone and your symptoms have improved for 24 hrs. (48 hrs. for gastrointestinal symptoms)

#### **Confirmed COVID 19**

• If you have a confirmed positive COVID-19 test result from a home test or a pharmacy, please do not visit Hogarth for a period of 10 days.

## Caregivers during an Outbreak

- The limit of one (1) caregiver visiting at a time during an outbreak or when a resident is symptomatic or isolating, will be removed. Our limit is four (4) persons max at a time.
- General Visitors are still not permitted to visit any residents within isolation or a unit in outbreak.

## Mask Requirements

- Surgical Masks are still required to be worn within in all common areas of the home.
- Visitors and Caregivers must ensure a mask is donned immediately upon entry to the home, and should carry extra masks upon entry, should a mask not be readily available at a secondary entrance to the home.
- The home will assign individuals to monitor stocked masks at entrances, but it is the responsibility of the caregiver or visitor to use an alternate entrance if a mask is not currently available and you did not bring one.
- Visitors continue to be permitted to remove their masks in the privacy of their loved ones room's as long as a staff member is not present.

## Signing in

 All Visitors and Caregivers are required to sign in and out of the care unit at each of our home area nursing stations.

## **Building Entrances**

- Caregivers and Visitors may begin to enter the home through any of the following entrances as of March 31, 2023:
- Main Entrance
- Link Entrance
- Behavioral Sciences Centre Rear Entrance (A notice will go out to staff to cease parking in this visitor lot)

# Resident Activities

- Physical distancing guidelines are being removed for residents during activities within the home.
- The home is in the process of determining a safe way to allow entertainers the option to remove their mask while performing.

# SIMPLE STEPS TO SCREEN YOURSELF



Do not enter if you are experiencing any new or worsening symptoms, as listed below, which are not related to any known condition(s) you have.

Stay home until ALL of the following apply:

- No fever
- Symptoms have been improving for at least 24 hours (48 hours for gastrointestinal symptoms)
- No development of additional symptoms

#### One (1) or more of these symptoms:



**FEVER OR CHILLS** 



COUGH



SHORTNESS OF



DECREASED OR LOSS OF SMELL OR TASTE

#### Two (2) or more of these symptoms:



RUNNY NOSE OR NASAL CONGESTION



HEADACHE



EXTREME FATIGUE



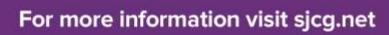
MUSCLE ACHES OR JOINT PAIN



GASTROINTESTINAL SYMPTOMS (SUCH AS VOMITING OR DIARRHEA)



SORE THROAT





#### Attention All Visitors, Caregivers, Staff, Contractors, Students, and Volunteers

Everyone who is <u>not a Resident</u> of Hogarth Riverview Manor, TCU, or Willow Place, must continue to wear a mask at all times while on St. Joseph's Care Group property.

Under no circumstances is anyone other than a Resident of the home permitted to remove their mask for anything more than a brief hydration sip of a beverage. This rule is in effect for all common areas of the home including Town Hall. When taking a sip of your beverage, your hand must remain on your lowered mask during the sip being taken.

Although not required, we strongly encourage Residents to also wear a mask in common areas.





**Exception Clause:** Caregivers and Visitors, may remove their mask while in the privacy of a Resident's own bedroom if there are no St. Joseph's Care Group Staff present at the time.

# **Resident Handbook**

The Resident Handbook is a great resource for information about the home. Please visit <a href="www.sjcg.net/documents/books/SJCG-LTC\_Resident-and-Family\_Handbook.pdf">www.sjcg.net/documents/books/SJCG-LTC\_Resident-and-Family\_Handbook.pdf</a> to view the Resident Handbook.

# **Making Connections Support Group**

Hogarth Riverview Manor is pleased to offer this program designed for families and caregivers, to provide support and education. The sessions will cover various topics such as self care, ambiguous loss and grief, redefining caregiver's role/relationship, coping techniques and adjusting to Long Term Care.

The group will consist of four (4) weekly sessions

Monday afternoons, from 2:00 pm to 4:00 pm Monday April 17, 2023 to Monday May 8, 2023

For more information or to enroll please contact

Caitlin Jones, Resident & Family Experience Coordinator at 625-1110 Extension 1796

# **Dining Room Comment Cards**

- Please feel free to complete a dining comment card that are located in the dining rooms.
- Once the comment card has been completed please give it to the Dietary Aide, who will bring it to the Food Service Supervisor for review and follow. The comment card can also be placed in the locked box in the Town Hall.

If there are any dining or food related concerns that require immediate attention please contact the Food Service Supervisor's office at 625-1104.

## **Concern Process**

If you have concerns about anything that you see or hear at Hogarth Riverview Manor, please let us know.

We encourage you to share your concern/complaint with the Registered Nurse (RN). The RN is available 24 hours a day to help or triage your concerns. There is an assigned RN for each of the clinical areas as follows:

1N	(807) 633-6303
Floors 2 & 3	(807) 633-3623
Floors 4 & 5	(807) 633-5344
Floors 6 & 7	(807) 633-7814
Birch & Spruce	(807) 629-2075

HRM has a concern/complaint procedure in place. The clinical manager will be informed and follow up with your concern. If you do not feel that our concerns have been dealt with you can notify the Director of Care, Associate Administrator, or Administrator.

Director of Care	(807) 625-1110 ext 1208
Associate Administrator	(807) 624-1798
Administrator	(807) 625-1114

Ministry of Health and Long-Tem Care toll free number - 1-866-434-0144

# St. Joseph's Care Group Website

Hogarth Riverview Manor is posting the updates/newsletter information on the St. Joseph's Care Group website, www.sjcg.net

 The link to view the website information https://sjcg.net/services/long-term-care/homes/updates.aspx

# **Family Council**

#### How can I join the Family Council?

There is a family council bulletin board on every floor across from the elevators with information posted.

The Family Council is meeting via teleconference once a month at 1:00 pm. Any family member or friend of a resident that is interested in participating in the family council meeting is welcome to join the board room or by teleconference by calling 1-855-342-6455 access code 4488858.

- The next Family Council meetings are;
  - o Thursday April 27, 2023
  - o Thursday May 25, 2023
  - o Thursday June 29, 2023

#### How can I contact the Family Council?

- The family council has an email that can be used to contact the co-chairs. hrm.fc.2020@gmail.com
- There is a family council drop box in the finance office that is checked by the co chairs.

If you have any questions please contact Jessica Venasky, Resident Engagement Coordinator, at <u>Jessica.Venasky@tbh.net</u> or Jonathon Riabov, Administrator, at <u>Jonathon.Riabov@tbh.net</u>

# **Resident Council**

There is a Resident Council Representative on every floor. Residents please ask the Therapeutic Recreationist on your floor and they will guide you to the correct Resident Council Representative.

If you have a suggestion, comment or concern please bring this to your Resident Council Representative, they will bring your comment forward at Hogarth Riverview Manor's monthly Resident Council Meeting.