

Referral to Adult Addictions Services

Sister Margaret Smith Centre

301 Lillie St. N. Thunder Bay, ON P7C 0A6

Tel: 807-684-5100

- ☐ Live-In Addiction Treatment
- ☐ Outpatient Addiction Services
- ☐ Addiction Day Treatment
- ☐ Gambling and Behavioural Addictions

Sister Margaret Smith Centre requires referrals to be completed by a counsellor and accompanied by an assessment for live-in treatment referrals.

Crossroads Centre

500 Oliver Rd. Thunder Bay, ON P7B 2H1

Tel: 807-622-2730

- ☐ Pre-Addiction Treatment
- ☐ Post-Addiction Treatment

Send completed referrals to:

Mail: 301 Lillie St. N.
Thunder Bay, ON P7C 0A6

Fax: 807.622.1779

Email: sjcg.smsccrossroadsintake@tbh.net

Lodge on Dawson

1460 Dawson Rd. Thunder Bay, ON P7G 1H8

Tel: 807-625-5409

- ☐ Transitional Housing Program
- ☐ Stabilization

Lodge on Dawson Transitional Housing Program requires a Service Prioritization Decision Assistance Tool (SPADAT) and an Application for Rent-Geared-To-Income Housing Assistance to be completed and submitted to Thunder Bay District Social Services Administration Board (TBDSSAB).

Send completed referrals to:

Mail: 1460 Dawson Rd.
Thunder Bay, ON P7G 1H8

Fax: 807.625-6521

Email: sjcg.LODReferrals@tbh.net

THUNDER BAY INTEGRATED ADDICTION AND MENTAL HEALTH SERVICES CONSENT TO OBTAIN / RELEASE INFORMATION

The protection of your privacy and the delivery of high quality care is our priority. In order to best serve you, a group of service providers, all committed to the protection of your privacy, are working together to support your decisions regarding your care. With your permission, we will share information with each other and with other agencies to support you in developing a plan of care that is designed to support your choices and decisions.

The following agencies are part of a service system which is designed to support you in reaching your personal goals.

Thunder Bay Counselling
Addiction Services, Thunder Bay, ON

St. Joseph's Care Group
Crossroads Centre Thunder Bay, ON

St. Joseph's Care Group
Addiction & Mental Health Services
Thunder Bay, ON

Dilico Anishinabek Family Centre
Mental Health and Addictions
Services Thunder Bay, ON

Alpha Court Community Mental Health &
Addiction Services, Thunder Bay, ON

If you are in agreement for the above named agencies and related programs to share assessment, treatment and case management information, please indicate your authorization by **initialing beside each relevant agency**.

In addition, there may be cause to share your personal health information with other care providers and agencies to support you in meeting your personal goals. If you are in agreement for the agencies listed below to obtain/release information with the authorized agencies in Thunder Bay Integrated Addiction and Mental Health Services please sign beside each agency indicating your authorization.

Consent to release/request information from the persons/agencies below:	Date	Signature
1. <u>Electronic Medical Record (EMR) TBRHSC & SJCG</u>	_____	_____
2. <u>Consent to email referral package between agencies</u>	_____	_____
3. _____	_____	_____
4. _____	_____	_____

Having read and understood this form, I hereby authorize the identified agencies of Thunder Bay Integrated Addiction and Mental Health Services to Release/Request Information to/from each other and to/from the persons/agencies listed above. I also understand that I can withdraw my consent in writing at any time and that I can restrict the nature and type of information shared. This consent is considered valid for a period of six (6) months from the date of signature when it will be reviewed and renewed as required.

Name (Please Print) _____ D.O.B. (dd/mm/yyyy) _____ Signature _____

Reviewed and Witnessed By _____ Date _____

Substitute decision maker (Please Print) _____

Signature: _____ Date: _____ Relationship: _____

THUNDER BAY ADDICTION AND MENTAL HEALTH SERVICES GUIDELINES FOR COMPLETING FORM

- Clinician / Case Manager will review the Consent to Obtain/Release Information with the client and address any questions/concerns prior to obtaining a signature
- Clinician / Case Manager will review the Consent to Service prior to obtaining client signature
- Copy of the Consent to Service and Consent to Obtain/Release Information will be filed on the clients' record
- The receiving agency conducting the initial intake will also provide a copy of their agency's privacy statement



CLIENT INFORMATION FORM			REFERENT INFORMATION	
FIRST NAME:			DATE OF REFERRAL: REFERRING AGENCY:	
MIDDLE NAME:				
LAST NAME:				
LAST NAME AT BIRTH:				
EMAIL ADDRESS:				
DOB:DD/MM/YEAR		AGE:	NAME OF REFERENT: EMAIL:	
GENDER:				
HEALTH CARD # :			AGENCY ADDRESS: POSTAL CODE: PHONE: FAX#:	
PROVINCE:				
NO FIXED ADDRESS MAILING ADDRESS:				
STREET:				
CITY:		PROVINCE:		
POSTAL CODE:				
HOME PHONE # :			CLIENT TYPE – PLEASE CHECKMARK Client- Alcohol/Drug Client- Alcohol/Drug/Gambling Client- Gambling Family member of Alcohol/Drug Client Family member of Alcohol/Drug/Gambling Client	
OTHER PHONE #:				
CALL ALLOWED:	YES	NO		
MESSAGE ALLOWED:	YES	NO		
PREFERRED LANGUAGE:				
English				
French				
Other				
EMERGENCY			ETHNICITY- ETHNIC OR CULTURAL IDENTITY:	
CONTACT:			PRIMARY	
RELATIONSHIP:			STATUS #	
PHONE #:			BAND	

PLEASE CHECKMARK IN EACH SECTION THAT BEST FITS:

1. TREATMENT MANDATED\REQUIRED BY:

None
Choice between treatment or jail
Condition of probation/parole
Child Welfare Authority
Condition of employment
Condition of school
Condition of family
Other _____

6. INCOME SOURCE:

Disability insurance (WSIB)
Employment
Employment insurance
Family Support
None
ODSP
Ontario Works
Other Insurance
Retirement
Other _____

2. LEGAL STATUS:

No problem
Awaiting trial\sentencing
On probation- Start date: _____ DD-MM-YYYY) End date: _____ (DD-MM-YYYY)
On parole - Start date: _____ (DD-MM-YYYY) End date: _____ (DD-MM-YYYY)
Incarcerated
Other _____

3. RELATIONSHIP STATUS:

Married/partnered/common-law
Spouses Name: _____
Single (never married)
Widow or widower
Separated or divorced

7. PARENTING (CUSTOM FIELD)

Yes, with 1 or more child aged 0-6 years
Yes, with no children aged 0-6 years
Children in care of others
No children

4. EMPLOYMENT STATUS:

Employed full-time (includes self-employment)
Employed part-time
Unemployed (looking for work)
Student\ retraining
Program: _____
Disabled (not working)
Not in labour force
Retired

5. HIGHEST LEVEL OF EDUCATION:

No formal schooling
Some primary school
Primary school
Some high school
Completed high school
Some college
Completed college
Some university
University degree

SUBSTANCE USE & GAMBLING HISTORY

PRESENTING PROBLEM SUBSTANCES:

	SUBSTANCE USED	FREQUENCY IN LAST 30 DAYS- CHECKMARK ONE
MAJOR SUBSTANCE		Did not use 1-3 times monthly 1-2 times weekly 3-6 times weekly Daily Binge
		Age of 1 st use: Age regular use began:
1 ST OTHER SUBSTANCE		Did not use 1-3 times monthly 1-2 times weekly 3-6 times weekly Daily Binge
		Age of 1 st use: Age regular use began:
2 ND OTHER SUBSTANCE		Did not use 1-3 times monthly 1-2 times weekly 3-6 times weekly Daily Binge
		Age of 1 st use: Age regular use began:

OTHER SUBSTANCES USED IN PAST 12 MONTHS: (checkmark all the ones that apply)

Alcohol	Glue /Inhalants	Tobacco
Amphetamines	Hallucinogens	Unknown
Barbiturates	Heroin\ Opium	None
Benzodiazepines	Methamphetamines (Crystal Meth)	
Cannabis	Other Psychoactive drugs	
Cocaine	Over-the-counter codeine products	
Crack	Prescription Opioids	
Ecstasy	Steroids	

GAMBLING ACTIVITIES ENGAGED IN THE PAST 12 MONTHS:

Bingo - live/TV/radio	Internet Gambling
Slot machines	Gambling with Stocks/Options/Commodities/Real estate
VLT's/ other gaming machines	Betting on games of skill i.e. pool, pitching pennies
Casino- Card/Table Games	Betting on the outcome of events
Non-Casino Card/Table Games	Other _____
Horse races-live/off-track	None
Sports betting (including Pro Line)	Unknown
Lottery tickets	
Instant win/scratch tickets (i.e. break open, pull tab, Nevada strips)	

IS GAMBLING IDENTIFIED AS A PROBLEM? **YES** **NO**

HEALTH STATUS/PROBLEMS

Visual impairment: YES NO

Hearing impairment: YES NO

Mobility/ physical impairment: YES NO

Pregnant: YES NO UNSURE

Non-medical intravenous drug use: Never injected
Injected prior to one year
Injected in last 12 months

Reason for most recent hospitalization: _____ Date: _____

Diagnosed with a mental health problem by a mental health professional:

-within the past 12 months- YES NO

-within lifetime- YES NO

-most recent diagnosis- _____

Hospitalized for a mental health problem?

-within the past 12 months- YES NO

-within lifetime- YES NO

Received counselling/support/treatment for a mental health, emotional, behavioural or psychological problem from a community mental health program or professional?

-currently- YES NO

-within the past 12 months- YES NO

-within lifetime- YES NO

-name of current service provider: _____

-contact information for service provider: _____

HEALTH CONDITIONS

Please check all that apply:

Allergies

Blood pressure problems
Cancer
Chronic pain
Diabetes
Eating disorders (anorexia, bulimia, over eating)
HIV/AIDS
Heart disease
Hepatitis A
Hepatitis B
Hepatitis C
History of head Injuries/concussion
History of seizures/epilepsy

Jaundice
Kidney disease
Lice/scabies
Liver diseases
Menstrual/menopausal difficulties
Pancreatitis
Respiratory
STD (syphilis, gonorrhea, chlamydia, Herpes)
Stomach/gastrointestinal problems
Thyroid problems
Tuberculosis

Provider of Primary Health care (doctor, nurse practitioner, health clinic): _____

Contact information for provider of health care: _____

PRESCRIBED DRUGS

On Methadone or Suboxone: **YES** **NO** Prescriber: _____

Prescribed Drug	Prescriber & Phone #	Prescription Details

USE THIS SPACE TO PROVIDE MORE DETAIL REGARDING HEALTH STATUS:

REFERRAL INFORMATION:

1. What circumstances have made the client request treatment at this time?
2. What supports are you providing? How long have you been working with this client? Is therapy/counseling on going?
3. What supports does the client have access to in the community? What supports/services has the client accessed to date? (If the client has not accessed services please explain why)

TREATMENT HISTORY

1. Has the client previously tried to quit or cut down on their substance use or gambling?

No Yes How many times?

What were the circumstances that caused the client to make changes with his/her use during these times?

2. What has been the longest period of non-using? What did the client find helpful during those periods?

3. What do you identify as the reasons for returning to drinking/drug using/gambling?

4. What is the client's current substance use or gambling goal?

quit all substance use/gambling
maintain abstinence
other _____

cut down on _____
make no changes

5. Previous addiction treatment- No previous treatment attempts-
Yes, **FILL IN TABLE BELOW**

NAME OF FACILITY	DATE	TYPE OF TREATMENT	COMPLETED?

USE THIS SPACE TO PROVIDE MORE DETAIL REGARDING TREATMENT HISTORY:

EMOTIONAL HEALTH

PLEASE ANSWER YES OR NO AND PROVIDE INFORMATION ON HOW THE CLIENT HAS COPEd AND WHAT SUPPORTS HAVE BEEN UTILIZED

CONCERN	EXPERIENCED IN LAST 90 DAYS	EXPERIENCED IN LIFETIME	SUPPORTS/COPING SKILLS USED
Anxiety- tension, nervousness fears / phobias			
Depression- grief, losses, isolation			
Eating disorders- starving on purpose, binging/purging			
Sexual abuse / sexual assault			
Physical, emotional, mental abuse			
Suicide- suicidal thinking, attempts, self-harm behaviour			
Cognitive- difficulty tracking , concentrating, focusing			
Anger- assaults, aggressive behaviour			
Other trauma (deaths, accidents, other traumatic events)			

OTHER POTENTIALLY EXCESSIVE BEHAVIOURS:

PLEASE CHECK THE BOXES BELOW IF THEY ARE RELEVANT. PROVIDE DETAILS IN THE SPACE PROVIDED. *ie. Amount of time spent doing this activity, negative life impact, causes financial strain, topic of arguments with loved ones).*

NONE

	☒	DETAILS
Shopping (excessive money spending)		
Internet overuse (surfing, chatting, blogging, social networking)		
Video Gaming (computer or home systems, online)		
Eating Disorder (starving on purpose, bingeing purging)		
Sex (pornography, excessive masturbating, visiting sex trade workers, preoccupation with sexual thoughts)		
Other		

USE THIS SPACE TO PROVIDE MORE DETAIL REGARDING EMOTIONAL HEALTH (INCLUDE ALL MENTAL HEALTH DIAGNOSIS DETAILS):

FAMILY/SUPPORTS

1. What community is the client originally from? _____

2. Childhood Experiences:

Substance abuse	Neglect
Witness to domestic violence	Divorce/separation of parents
Emotional, physical or sexual abuse	Death of a parent
Foster Care	Happy home life

3. How does the client describe the current relationship with his/her family of origin?

4. Relationship Experiences:

Never been in a relationship	Difficulties talking about feelings
Affairs	Violence/abuse
Mental health issues of partner	Solid/supportive relationship

5. If the client is currently in a relationship, does the partner struggle with any addiction issues? Please describe.

6. Does the client have any children? Yes No
 If yes, who has custody of the children? What is the nature of the relationship with the children?

USE THIS SPACE TO PROVIDE MORE DETAIL REGARDING FAMILY, CHILDREN, AND SUPPORTS:

EMPLOYMENT / EDUCATION / LEGAL

1. Current or last occupation?
2. Does the client have EAP in the workplace?
3. Does the client have a history of learning disabilities or problems? YES NO
If yes, what type:
4. Are there any literacy issues? YES NO

USE THIS SPACE TO PROVIDE MORE DETAIL ON EDUCATION & EMPLOYMENT:

LEGAL

1. Any current charges? YES NO When is the next court date?
2. If yes, are you on bail? YES NO What are the charges?
3. Are you on the Sex Offender Registry? YES NO
4. Do you have any no contact orders? YES NO
5. Have you, or are you currently banned from an emergency shelter? YES NO
6. If on probation or parole:
What charges is the client on probation for?

Probation or parole officer's name & contact info:

7. Past Offenses (check all that apply):

Theft / possession of stolen property Drug charges Weapons offenses Robbery Arson Impaired driving Murder / manslaughter, criminal negligence causing death Other – (specify):	Parole / probation violations Forgery Burglary, break & enter Assault Sexual assault / incest Willful damage / mischief
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USE THIS SPACE TO PROVIDE MORE INFORMATION ON LEGAL:

Signature of Client

Date

Signature of Counsellor

Date

GAMBLING SCREENING

If gambling was identified as a problem on page (6) six, please complete Part One and Part Two.

Part One

- 1) Thinking about the last 12 months, have you bet more than you could really afford to lose?
☐ Never ☐ Sometimes ☐ Most of the time ☐ Almost Always
- 2) Thinking about the last 12 months, have you needed to gamble with larger amounts of money to get the same feeling of excitement?
☐ Never ☐ Sometimes ☐ Most of the time ☐ Almost Always
- 3) Thinking about the last 12 months, when you gambled, did you go back another day to try to win back the money you lost?
☐ Never ☐ Sometimes ☐ Most of the time ☐ Almost Always
- 4) Thinking about the last 12 months, have you borrowed money or sold anything to get money to gamble?
☐ Never ☐ Sometimes ☐ Most of the time ☐ Almost Always
- 5) Thinking about the last 12 months, have you felt that you might have a problem with gambling?
☐ Never ☐ Sometimes ☐ Most of the time ☐ Almost Always
- 6) Thinking about the last 12 months, has gambling caused you any health problems, including stress or anxiety?
☐ Never ☐ Sometimes ☐ Most of the time ☐ Almost Always
- 7) Thinking about the last 12 months, have people criticized your betting or told you that you had a gambling problem, regardless of whether or not you thought it was true?
☐ Never ☐ Sometimes ☐ Most of the time ☐ Almost Always
- 8) Thinking about the last 12 months, has gambling caused any financial problems for you or your household?
☐ Never ☐ Sometimes ☐ Most of the time ☐ Almost Always

- 9) Thinking about the last 12 months, have you felt guilty about the way you gamble or what happens when you gamble?
- ☐ Never ☐ Sometimes ☐ Most of the time ☐ Almost Always
- 10) In the past 12 months, what was the largest amount of money you have gambled with (to the nearest dollar)?
- \$
- 11) Check which of the following people in your life has (or had) a gambling problem:
- ☐ Father ☐ Brother/Sister ☐ Spouse/Partner ☐ Friend, or someone important in my life
- ☐ Mother ☐ Grandparent ☐ Child(ren)
- 12) In the past 12 months, have you ever claimed to be winning money gambling but, weren't really? In fact, you lost. ☐ Yes ☐ No
- 13) In the past 12 months, have you ever felt like you would like to stop gambling, but, didn't think you could? ☐ Yes ☐ No
- 14) In the past 12 months, have you neglected household or other responsibilities in order to gamble, or to get money to gamble? ☐ Yes ☐ No
- 15) In the past 12 months, have you ever hidden betting slips, lottery tickets, gambling money or other signs of betting or gambling from others? ☐ Yes ☐ No
- 16) In the past 12 months, have you ever argued with people you live with about how you handle money? ☐ Yes ☐ No
- 17) (If you answered "yes" to question #16) Have money arguments ever centred on your gambling? ☐ Yes ☐ No
- 18) (If you answered "yes" to question #17) Have you had a secret life, regarding your money, because of your gambling? ☐ Yes ☐ No
- 19) In the past 12 months, have you ever borrowed from someone and not paid them back as a result of your gambling? ☐ Yes ☐ No
- 20) In the past 12 months have you ever lost time from work (or school) due to gambling? ☐ Yes ☐ No

21) Have you ever used gambling to:

Avoid conflict? ☐ Yes ☐ No

Change your mood? ☐ Yes ☐ No

Escape from "life"? ☐ Yes ☐ No

22) If you borrowed money to gamble or pay debts in the past 12 months, who or where did you borrow from?

Household money ☐ Yes ☐ No

Spouse/Partner ☐ Yes ☐ No

Other relatives or in-laws ☐ Yes ☐ No

Banks, loan companies, or credit unions ☐ Yes ☐ No

Credit cards ☐ Yes ☐ No

Loan sharks ☐ Yes ☐ No

Cashed-in stocks, bonds, or other securities ☐ Yes ☐ No

Sold personal or family property ☐ Yes ☐ No

Borrowed on chequing account (passed bad cheques) ☐ Yes ☐ No

Have (had) a line of credit with a bookie ☐ Yes ☐ No

Have (had) a credit line with a casino ☐ Yes ☐ No

23) On a scale of 1-10 (1= no problem with gambling, 10 being a serious gambling problem), how do you rate the level of problems surrounding your gambling? I rate my gambling problem:

1 – 2 – 3 – 4 – 5 – 6 – 7 – 8 – 9 – 10

No problem ← → Serious Problem

24) How many years ago would you have rated yourself a 5 (5 being "moderate degree of problems" on the scale?)

Part Two

- 1) Are you seeking help for:
 - ☐ Your own difficulties related to a family/significant others gambling STOP HERE
 - ☐ Your own gambling problem PLEASE CONTINUE
 - ☐ Both PLEASE CONTINUE
- 2) Looking back now, for how many years has your gambling affected your life in negative ways?

Years
Months
- 3) Please indicate how long it has been since you last gambled: Record the number of years, months, weeks or days.
- 4) Please indicate whether:
 - ☐ You came to this agency specifically for gambling treatment
 - ☐ Your gambling problem surfaced in the course of other treatment
- 5a) Please indicate how often you engaged in each of the following gambling activities in the past 12 months. Please check the most appropriate box.

Gambling Activities	Did not gamble	Less than once a month	1-3 times monthly	1-2 times weekly	3-6 times weekly	Daily	Unknown
Played cards for money							
Played Mahjong for money							
Played "live" KENO for money							
Played roulette for money							
Bets on horses, dogs or other animals							
Bets on sports							
Bets on dice games							
Bought lottery tickets							
Bought scratch tickets							
Bought tear open tickets							

Played bingo for money							
Played the stock options and/or commodities market							
Played VLTs							
Played slots or other non-VLT machines							
Internet gambling							
Played pool, golf or some other game of skill for money							
Participated in sports pools							
Betting spontaneously on random events/informal bets							
Some other type of gambling							

5b) Please indicate the top three types of gambling problems, using the activity numbers in question 5a).

Major

1st other

2nd other

6a) Please indicate how often you gambled in each of the following locations in the last 12 months. Check the most appropriate box.

Locations	Did not gamble	Less than once a month	1-3 times monthly	1-2 times weekly	3-6 times weekly	Daily	Unknown
In a commercial casino							
In a charity gaming club							
In a bingo hall							
At the race track							
At an off-track betting location							
On the internet							
On the television							

On the telephone							
Lottery kiosk/outlet							
In family/friends setting							
In a social club							
In a restaurant/bar							
In a school setting							
In a work setting							
In a seniors centre/home							
In a custody/correctional facility							
Somewhere else in the community							

6b) Please indicate the top three locations for gambling, using the numbers in 6 (a).

Major

1st other

2nd other

7) Thinking about the times you gambled in the past 12 months, what percent were:

In Ontario

%

In another province

%

Outside Canada

%