



# COMMUNITY Report

2007/2008

Connecting Northwestern Ontario with Care, Compassion and Commitment



## Mission

St. Joseph's Care Group is a Catholic organization committed to provide compassionate and holistic care and services to the people of Northwestern Ontario.

## Vision

St. Joseph's Care Group will identify and respond to the unmet needs of our region as a way of continuing the healing mission of Jesus in the tradition of the Sisters of St. Joseph of Sault Ste. Marie.

## Core Values

- Commitment
- Compassionate & Holistic Care
- Excellence
- Dignity & Respect
- Faith-Based Care
- Inclusiveness
- Truthfulness & Trust

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## Sister Margaret Smith Centre: A New Home

What could be more fitting than having Sister Margaret Smith, recent recipient of the Order of Canada, turn the sod for our new Sister Margaret Smith Centre?

Sod turning for the new home of Mental Health and Addiction Services, adjacent to Hogarth Riverview Manor on Lillie Street, was held on May 22nd and we were privileged to have Sister Margaret participate in this important event.

Sister Margaret Smith Centre (SMSC) staff, community representatives and members of the Board of Directors of St. Joseph's Care Group (SJCG) were in attendance to celebrate the official start of construction of the long-awaited facility, which is scheduled to open in the summer of 2009.

The new Centre will be the culmination of several years of consultation and planning with clients, community stakeholders and staff. Featuring the 'best of the best' ideas specifically suited to serving the needs of clients, the design is both functional and esthetically pleasing.

Nancy Black, Manager, Mental Health and Addiction Services, describes three key principles that guided the design process.

- This will be a welcoming and accessible structure for the clients and families we serve;
- This will be a healthy, efficient and effective building for the people who work here;
- We will take into consideration the current and future needs of the health of the community by ensuring that it is environmentally friendly, sustainable, and can be operated efficiently.

"We never faltered, never changed and never lost sight of these principles," she explains. Underscoring the commitment to these principles is the fact that SMSC is attempting to achieve a LEED (Leadership in Energy and Environmental Design) gold designation for energy and environmental efficiency and care.

There are many special features in the new building. "It will be wonderful to have a very clear separation of the clinical and living spaces," she notes. "A great deal of difficult and emotionally draining work is done in the clinical area, so it is important for clients to be able to relax in a space removed from that 'work'."

Separation of the residential and outpatient areas has also been achieved, preserving and protecting the anonymity, the privacy and the dignity of both groups of clients. The rooms that support day or evening group educational and self-help activities will be easily accessible at the main entrance.

The Adolescent Residential area is another highlight. Using the extensive feedback and input of clients, staff and consultants, Nancy describes this wing as "brilliant". It will consist of an open concept living and socializing area that allows full supervision, yet permits 'kids to be kids'. Bedrooms will be surrounding this open area. Supporting education is vital, and a teacher is available 2.5 hours per school day to assist residential clients in a fully equipped classroom.

Having the opportunity to design for efficiencies has led to creative use of space. Every room throughout the facility will have multiple functions, enabling full use and private spaces for families and consulting health professionals. Interior courtyards will provide a green space for recreation, as well as for quiet meditation. The landscaping has been carefully planned to be therapeutic as well as environmentally friendly, meeting LEED standards in all respects.

Leaving the home they have known for almost 40 years will be difficult in some respects. "There is a lot of history here," says Nancy. "We recognize the incredible courage shown by Sister Margaret Smith in 1967 when she "bent the rules" to start a program at St. Joseph's Hospital to treat alcoholism. Her leadership and vision continue to inspire us. Having her turn the sod for this new building was very significant for us."

Nancy is confident that the compassion and caring shown by the staff to clients who often aren't treated kindly by the world will carry over to the new building. "The spirit of caring is in the staff. We will take it with us to our new home."



Left to Right: Sister Bonnie MacLellan, Tracy Buckler, Sister Margaret Smith and Bob Chambers



## Sister Margaret Smith: Order of Canada Recipient

The Order of Canada  
is our country's  
highest civilian  
honour, recognizing a  
lifetime of outstanding  
achievement,  
dedication to  
community and  
service to the nation.



Newly appointed member to the Order of Canada; Sister Margaret Smith with Her Excellency the Right Honourable Michaëlle Jean, Governor General of Canada.

At an April 2008 investiture ceremony at Rideau Hall in Ottawa, Sister Margaret Smith became a Member of the Order of Canada. The Order of Canada is our country's highest civilian honour, recognizing a lifetime of outstanding achievement, dedication to community and service to the nation.

Sister Margaret's accomplishments as a health care executive in Thunder Bay and other Northern Ontario communities are many. Her vision and extraordinary courage in founding an alcohol addiction treatment program at St. Joseph's Hospital in 1967 was unprecedented, and the program became a model for treatment in Ontario and Canada.

Identifying and responding to an unmet need in our community, Sister Margaret's compassion and innovation has had a lasting impact on the delivery of healthcare in all of Canada.

We congratulate her on this well-deserved honour.

## Did You know?

St. Joseph's Care Group has demonstrated fiscal responsibility with a balanced budget for the past five years.



## Message from Board Chair and President & CEO

We are pleased to report another progressive year at St. Joseph's Care Group (SJCG).

The opening of St. Joseph's Health Centre (SJHC) in November 2007 was a significant move toward our goal of moving out of Lakehead Psychiatric Hospital (LPH) completely by 2011. SJHC now houses all of the outpatient mental health and addiction services previously located at our LPH site.

Construction has begun on the new Sister Margaret Smith Centre. We anticipate the official opening in the summer of 2009, with demolition of the current site to follow. Construction will then begin on the new Mental Health Rehabilitation Program addition to St. Joseph's Hospital, which will consist of 38 inpatient beds as well as outpatient and day services.

Appropriate community housing for our inpatient mental health clients remains a priority. With the support of our clinical services

staff, clients have successfully integrated into the community and are living in a more home-like environment.

Many people throughout our Care Group are working very hard to achieve the goal of closing the LPH by 2011. Culmination of the above

projects will move us to the successful completion of this goal.

We have enjoyed a positive relationship with the North West Local Health Integration Network (NWLHIN) over the past year. This collaborative partnership has

resulted in successful negotiation of our Hospital Service Accountability Agreement, indicating our budget is now balanced and projected to be balanced through 2010.

August 2007 brought Ontario's Minister of Health and Long-Term Care, the Honourable George Smitherman, to Thunder Bay to announce an exciting new initiative involving two provincial ministries (Health and Housing),

the NWLHIN and SJCG: the Centre of Excellence for Integrated Seniors' Services (CEISS), our latest capital project.

Briefly, CEISS will consist of 336 long-term care beds, 64 of which will be dedicated to regional specialized behavioural care. This new service will assist in responding to both the region and the city's needs for support and assistance for people experiencing behavioural challenges.

An important aspect of CEISS will be the addition of 132 supportive housing apartments, allowing seniors to age at home and live as independently as possible with the appropriate supports they require.

A very aggressive time schedule has been set for the CEISS Project and the project team is already in place, with planning underway.

On behalf of the Board of Directors and the Leadership Team, we wish to extend our thanks for the constant support provided by our sponsor, the Catholic Health Corporation of Ontario. Last, but certainly not least, our sincere gratitude to our staff, physicians, volunteers, and community partners for their loyalty and commitment to the Mission, Vision, and Core Values of St. Joseph's Care Group.



**Bob Chambers**  
Chair, Board of Directors



**Tracy Buckler**  
President & Chief Executive Officer



# Audrey Carter: “Learn to Live With What You Have”

Audrey Carter has been a client of St. Joseph’s Care Group since the summer of 2001. She has been an inpatient on three occasions, has attended the neuro day program for 6 months, and has taken part in both inpatient and outpatient physiotherapy.

Audrey has attended the Seating Clinic, and has participated in recreational and counselling programs. She has benefited from the expertise and advice of occupational therapists and social workers. Clearly, the past seven years have not been without their intense challenges.

But there is more to Audrey’s life than this. For many years, she had a career as a healthcare professional. She has worked in community health as a registered nurse, in public health as a VON, and also has worked on various native reserves in Northern Ontario.

In October 2007, Audrey shared her unique



Blake and Audrey Carter

perspective on the rehabilitation services of St. Joseph’s Care Group (SJCG) at the kick-off event for Health Care Appreciation Week.

Often we are required to be our own healthcare advocates, but Audrey’s experience has been that multi-disciplinary healthcare teams at SJCG have truly worked together to make sure client needs will be taken care of both in the hospital and when they go home. Physicians, nurses, dietitians, physical and occupational therapists, social workers and counselors work with clients and their families toward a common goal – whatever that goal might be.

While acknowledging the importance of prevention and treatment of illnesses, she drew attention to the fact that sometimes you have to live with illnesses or conditions over which you have no control. Since finding herself needing the rehabilitation services of SJCG, she has been grateful for the help available to her.

“I’ve been really impressed with the extent of their services and with the general attitude of the staff,” she states. “They treat me like a person, not a disease. I am not the woman in the wheelchair. I am the person who, with their help has been learning to live life in new and different ways. Their focus is helping you learn to live with what you have, helping you be as independent as possible.”

## Did You know?

The Auxiliary to SJCG has 120 members, 30 of whom have given more than 25 years of service to our clients. Outstanding!



## Breathing Easier & Living Better

Breathing is something most of us take for granted – you’ve heard the saying “it’s as natural as breathing”. Sadly, those who are affected by Chronic Lung Disease can no longer take it for granted. For them, increasing shortness of breath has a debilitating effect on their lives.

As lung disease progresses in those affected, they often aren’t able to do many of the things they have been doing all their lives. They experience fear and anxiety due to their shortness of breath. It is easy to understand why there is a high incidence of depression and panic disorder among persons with lung disease.

Fortunately, the Pulmonary Rehabilitation Program at St. Joseph’s Care Group (SJCG) can help. Designed as a multi-disciplinary program, it offers clients the knowledge and skills they need to enjoy a more active and rewarding lifestyle.

Shelley Prevost, *Respiratory Therapist*, says that prospective clients often ask her what the program will do for them. The short answer is, “It will help you breathe easier and live better”.

An initial 8-week outpatient program located at St. Joseph’s Hospital is a combination of education and exercise. Education on the cause, progression and treatment of lung disease is provided by a respiratory therapist,

physiotherapist, dietitian, pharmacist and occupational therapist. A lawyer reviews wills and power of attorney issues and a psychologist discusses depression and teaches relaxation techniques.

A personalized exercise program is developed for each client, with emphasis on both aerobics and strength training. An optional on-going exercise program, designed to help maintain the gains that have been achieved, follows the initial eight weeks.

We are fortunate to have the skill and commitment of Dr. Birubi Biman, the only Respirologist in Northwestern Ontario, as the program’s Medical Advisor. Dr. Biman attends at the program regularly, and sees each client twice during the 8 week program.

Recognizing the isolation that chronic lung disease can impose on people, the friendships and support of other participants is another important benefit.

George Pepler agrees. He has been a participant of the Pulmonary Rehabilitation Program since March 2005. After suffering a serious illness, George was left with 17% lung capacity and an extremely poor prognosis. “It’s a great program,” he exclaims. “They teach you how to handle panic attacks, how to get healthy and how to stay healthy. No one can do the work for you, but the team here guides and encourages you all the way. On top of that, we have fun!”

Learning the skills needed to take better care of themselves and cope with their chronic lung disease leads to an improvement in quality of life for these individuals. Shelley credits the safe, supportive environment and the combination of exercise and positive reinforcement from healthcare professionals and fellow participants. “The program offers hope,” she says. “Often this is the most hope they have had in a very long time.”

More information is available from the Pulmonary Rehabilitation Program at 346-2346.



# Employee Recognition – Honouring Our People

“Our employees are really and truly the foundation of SJCG. Thank you for your dedicated service and commitment. Your loyalty and interest in your work is what helps the Care Group succeed on a daily basis.”

Mary Perkovic, Program Manager,  
Seniors’ Mental Health

**Year two of our Employee Recognition Program was a resounding success! With nineteen employees retiring and 200 celebrating long term service milestones in 2007, it was time for another special night of recognition and appreciation of our valued staff.**

Following last year’s successful event, the planning committee of St. Joseph’s Care Group (SJCG) Employee Recognition Program organized a dinner at the Da Vinci Centre with wonderful entertainment provided by local group, Flamenco Caravan.

A slide show presentation of photos taken throughout the years was very well received and proved to be one of the highlights of the evening. This special trip down memory lane showed our staff ‘in action’ – both serving our clients and at special events, such as Christmas parties and staff BBQ’s.

Gifts for our honorees were presented by Bob Chambers, Board Chair, and Tracy Buckler, President & CEO, both of whom expressed deep appreciation and congratulations for their dedication and service to clients over the years.

In addition to the dinner, smaller recognition events were held in March for employees who had reached a milestone or retirement. These events were organized by the managers at the various sites, and were specifically designed to allow individuals to be recognized by their own teams. Feedback on the evening and the recognition events has been positive, but this Committee is not one to rest on its laurels. “We conducted a staff survey this spring, asking staff for their input to help us determine plans for next year’s celebration,” says Allison Hill, Coordinator, Recruitment and Retention. “We’re very open to suggestions.”



## Did You know?

With 1700 staff, 400 volunteers and an operating budget of \$125 million, SJCG is the fifth largest employer in Thunder Bay.



“Great teams are successful because of the wonderful people who work in them. Thank you for the hard work, commitment, and compassion that you provide to our clients, their families, and each other every day.”

Gail O’Quinn, Program Manager, Transitional Care



Employee Recognition Planning Committee



## Measuring Success With a Balanced Scorecard

**Setting Strategic Priorities for St. Joseph’s Care Group (SJCG) was an important task for our Board of Directors, and communicating their direction to staff was a priority last year at this time.**

Since then, action plans have been developed and implemented to help us follow that direction in meeting the needs of our clients, our community and our region. Now it’s time to make sure that we are, in fact, meeting those needs effectively.

To guide us, we are in the process of finalizing our Balanced Scorecard – an information management tool that will monitor our progress toward the priorities identified by our Board and help us optimize the services we are providing with the resources available to us.

Performance and outcomes for SJCG are tied to our Strategic Plan, and will be monitored from four perspectives:

- Client community
- Internal processes
- Learning and growth
- Financial and accountability.

Penny Anguish, Manager, Decision Support, explains. “We must look at the strategic priorities from these perspectives in a way that is meaningful. Understanding the needs of our clients, improving planning, coordinating access to service, advocating and

communicating on behalf of our clients, partners and staff – these measures are relevant to healthcare providers and professionals. These are the measures that will help us achieve our vision.”

Three levels of scorecards will be used, each focusing on key outcome information and relating directly to each other. Corporate Scorecards for our President & CEO and her Leadership Team, as well as one for Vice-Presidents and their teams, have been defined and finalized. The final scorecard; now being completed, are for each team or department.

One of the main objectives in the process is to reduce the amount of time managers spend finding, trending and reporting information. The Balanced Scorecards will provide the information they need when making program and resource decisions. “Clearly defined quality issues will help managers look at the

Client-Centred Care  
Our People  
Collaboration  
Communication & Advocacy  
Teaching & Research Identities

whole picture,” says Penny. “We want them to spend their time ensuring and improving quality of services to our clients.”

The goal of the Balanced Scorecard is fundamentally to communicate expectations and progress in a meaningful way. It will provide our President & CEO, Tracy Buckler, with the means to communicate our progress clearly to both the Board of Directors and the public. It is a way to manage information that will be helpful to people doing frontline work. Ultimately, that will keep our focus where it needs to be – on client-centred care.



with an **OPEN**  
m i n d

freedom choice  
balance hope  
acceptance  
respect & dignity



## Where are we ‘with an OPEN mind’?

The long term public education and awareness program, ‘with an OPEN mind’ was developed by St. Joseph’s Care Group (SJCG) to reduce myths and misconceptions about mental illness and to increase public acceptance and understanding of the mentally ill. Now in its third year, ‘with an OPEN mind’ continues to reach out to the community. Here’s an update:

### MIND|FRAMES challenging ideas on mental health

The youth focus group has had a productive and extremely successful year. Working with the talented Eleanor Albanese, a local playwright, they wrote a play called, “MINDFRAMES”, following young people struggling with not uncommon mental illnesses – depression, eating disorder and anger issues. Using the language of youth with generous helpings of humour, they help reduce stigma surrounding mental illness.



The play successfully premiered at Magnus Theatre to an audience of intermediate students. The positive reception led to two performances for the general public, as well as shows at several high schools, conferences and meetings. Local and regional feedback has been excellent. A DVD and booklet designed to provide guidance to communities wanting to produce their own project is in production.

### *Ditch the Doll – Be Your Own Beautiful*

Struggling with an eating disorder is familiar territory to the Youth Advisory Group of the Eating Disorder Program at SJCG. In partnership with ‘with an OPEN mind’, this group of young women, who are now in recovery, have developed a program called ‘Ditch the Doll – Be Your Own Beautiful’. Using a short film, billboards and posters, they have made several presentations at local high schools, focusing on self esteem, body image, and how the media affects our image of ourselves. The presentations are followed by a question and answer session, with enthusiastic response and excellent feedback from both students and teachers.

Contact information is available at [www.youthwithanopenmind.com](http://www.youthwithanopenmind.com)

### Regional Progress

Being mindful of our responsibilities across the region we serve, ‘with an OPEN mind’ undertook a major mail campaign last summer. Posters and informational material were sent to various locations in outlying and remote communities, including schools, hospitals and agencies, to help us support mental health activities in the region. Since then, communication has been initiated with several communities.

### “Breaking Up With ED”

‘with an OPEN mind’ was pleased to support the production and publishing of “Breaking Up With ED”, by Raija Begall.

Often touching and always frank, this poignant true story follows Raija’s experiences with an eating disorder (‘ED’). Using the analogy of a dysfunctional relationship with a boy named Ed, she chronicles how she finally managed to break the hold ‘he’ had on her. Written entirely by Raija, the book includes inspirational quotes that helped her and that she hopes will be meaningful to others dealing with these same issues.

A successful book launch was held at Chapters in early May. Raija visited local schools this spring, reading from her book and leading discussions that encouraged young people to seek help without fear. Her message is one of courage and hope. St. Joseph’s Care Group is very proud to sponsor this significant publication.

Congratulations, Raija!



*Breaking Up With Ed* is available at Chapters Bookstore and in public and school libraries in the city and region.

For more information, contact Brook Latimer at 807-346-5226



### St. Joseph's Health Care Centre Opens Its Doors

The opening of St. Joseph’s Health Centre in Victoriaville Centre presents an opportunity to develop our relationship with the South Core BIA and to further integrate mental health services into the community. We plan to follow up on the contacts made in our first year with community leaders. We will then move toward stronger relations with health professionals and social service workers – people that work with those struggling with mental illness. Our goal remains breaking down barriers, increasing understanding and encouraging a recovery-oriented approach. We know that meeting this goal will benefit consumers, families and our communities.

# Seeking Bimaadiziiwin (Seeking the Good Life)

As a psychiatrist dealing with mental health and addictions for St. Joseph’s Care Group (SJCG), Dr. Paul Mulzer, Medical Director, Community Outreach Program, noticed a severe lack of culturally appropriate video resources available for use with First Nations clients. He decided something had to be done. That something turned out to be a collaboration of talented filmmakers in First Nation Initiatives, a non-profit organization focused on film and video production and distribution for and by First Nations people.

With the support of the Canadian Psychiatric Foundation and SJCG, they produced *Seeking Bimaadiziiwin*, a drama dealing with the difficult issues of depression, suicide and racism amongst Anishinawbe youth in a sensitive and thoughtful manner. Originally intended as a therapeutic tool for use in group therapy, the film has had an unexpected but very welcome public education benefit for both aboriginal and mixed audiences.

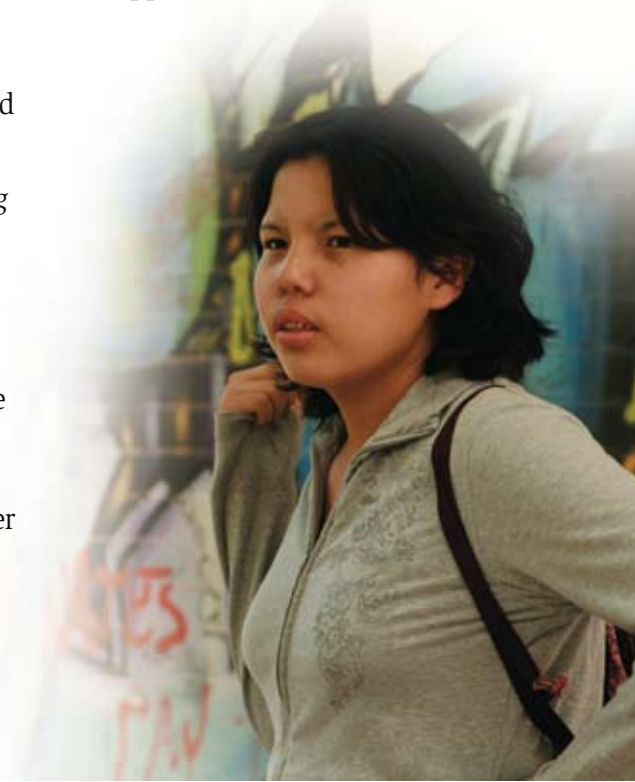


The honesty and raw emotion of *Seeking Bimaadiziiwin* has led to several film festival nominations and a number of awards, including Best Live Action Short at the 32nd American Indian Film Festival in San Francisco and the People’s Choice Award at our local Bay Street Film Festival. In May, it won awards for Best Film, Best Director and Best Cinematography at the Northern Ontario Music and Film Awards in Sudbury.

A companion DVD, *Sharing Tebwewin (Sharing Truth)*, has also been produced. *Sharing Tebwewin* is a cultural competency documentary for healthcare providers, with content determined by a committee of First Nations’ professionals working in the healthcare field. Dr. Mulzer is confident that, as with *Seeking Bimaadiziiwin*, this DVD will prove itself useful and informative for the general public.

Dr. Mulzer looks forward to future productions that continue to address

First Nation realities. “SJCG fosters and supports a ‘can do’ attitude. We have an obligation and a responsibility to highlight the social, health and political issues of the First Nations people honestly and respectfully,” he states. “It is critical that we meet this responsibility and the Care Group supports that.”



## Did You know?

The first St. Joseph’s Hospital was built in 1884 with the help of volunteers and at a cost of \$6000.



## Caring for Our Environment:

International Earth Day in April was the perfect time for the official kick-off of ‘Caring for Our Environment’, St. Joseph’s Care Group’s Greening Healthcare Program.

Operating at nine sites in the city, St. Joseph’s Care Group (SJCG) recognizes that making sound environmental choices is to the benefit of everyone in the organization and the community. Minimizing adverse environmental impact is a part of being a good corporate citizen – and demonstrating good corporate citizenship is part of the Care Group’s Strategic Plan.

Environmental awareness is displayed in all areas of SJCG’s planning, from new construction to daily operations, always with client care and safety in mind. The new Sister Margaret Smith Centre being built adjacent to Hogarth Riverview Manor is an environmentally friendly building, and is seeking a LEED gold designation (Leadership in Energy and Environmental Design).



The Greening Healthcare Program has a dual focus: educating staff on greener choices for everyday living at work and at home, and developing ideas and work plans to reduce energy consumption and better manage general waste in the workplace.

Comprised entirely of staff volunteers, the first meeting of the ‘Greening Committee’ was held in November, 2007. As Chair of the Committee, Glenn Berst, Manager, Building Services, is very pleased with the response from staff. “They have come up with some great ideas,” says Glenn.

Starting with our own sites, spring clean-up at St. Joseph’s Hospital included the entire city block the hospital is located on – from street corner to street corner.

Barry Potter, Vice President, Finance and Corporate Services and a member of the Committee, emphasizes the importance of communicating the Committee’s work to staff. “We are working on a web page for our intranet, to make sure all staff have access to information and ideas that have been adopted by the Committee. We know that people are energy conscious, and we hope they will use some of these techniques and ideas in their own homes and lives, as well as in the workplace.”

We are very grateful to Benny Birch for volunteering to be the mascot for our Greening Healthcare Program. Benny is very well-known locally for his annual birthday party in support of Bethammi Nursing Home at St. Joseph’s Heritage. We know that his ‘greenness’ will inspire us.



# Did You know?

There has been an organized stroke rehabilitation unit at St. Joseph's Hospital for more than 40 years.



## YES, I would like to Support St. Joseph's Foundation of Thunder Bay

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Province: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone Number: ( ) \_\_\_\_\_

Email: \_\_\_\_\_

Donation Amount \$ \_\_\_\_\_

Method of Payment:

☐ Cheque    ☐ VISA    ☐ Mastercard    ☐ Amex

Credit Card #: \_\_\_\_\_

Expiry Date: \_\_\_\_\_

Signature: \_\_\_\_\_

☐ Please send me information on St. Joseph's Foundation Planned Giving Program

For more information, call (807) 768-4411 or visit [www.sjftb.net](http://www.sjftb.net)

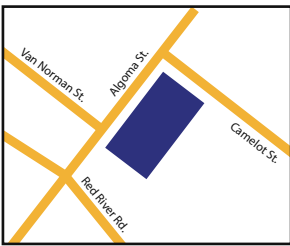
Please make cheque payable to:  
**St. Joseph's Foundation of Thunder Bay**  
63 Carrie St., Thunder Bay, ON P7A 4J2

All donations are eligible for income tax receipts.  
Please include this form with your gift.  
Our charitable registration # 11918 3267 RR0001

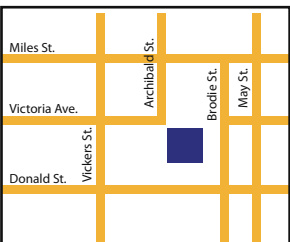
## St. Joseph's Care Group Facilities

St. Joseph's Care Group provides Long-Term Care, Complex Continuing Care, Rehabilitation, Mental Health and Addiction services with Care, Compassion and Commitment to the residents of Northwestern Ontario from nine sites located in the City of Thunder Bay. Access to these services is also available to the region via video tele-conferencing.

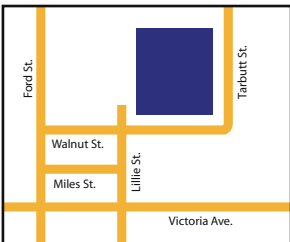
For more information, please call 1-800-209-9034



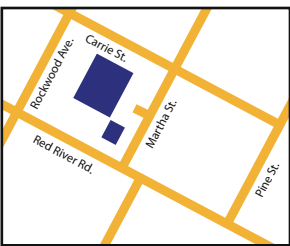
**St. Joseph's Hospital**  
35 Algoma St., N. Thunder Bay (807) 343-2431  
• Complex Care  
• Physical Rehabilitation



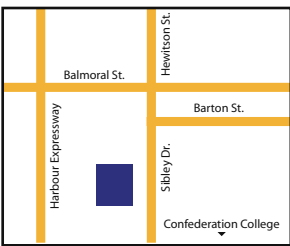
**St. Joseph's Health Centre**  
710 Victoria Ave., E. Thunder Bay (807) 624-3400  
• Outpatient Mental Health & Addictions



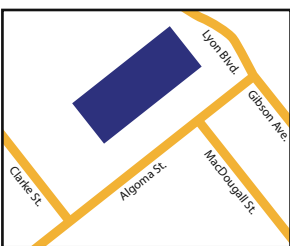
**Behavioural Sciences Centre**  
300 Lillie St., N. Thunder Bay (807) 623-7677  
• Employee Assistance Programs



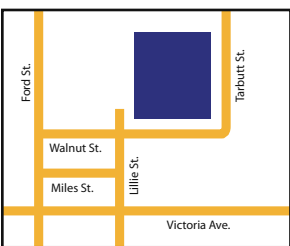
**St. Joseph's Heritage**  
63 Carrie St., Thunder Bay (807) 768-4400  
• The Manor House Adult Day Program  
• Bethammi Nursing Home  
• Frank Murphy Community Centre  
• P. R. Cook Apartments



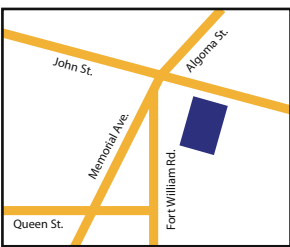
**Balmoral Centre**  
667 Sibley Dr., Thunder Bay (807) 623-6515  
• Withdrawal Management Services



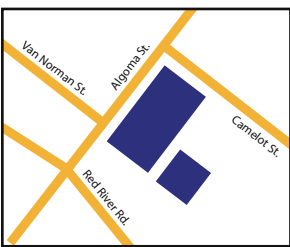
**Lakehead Psychiatric Hospital**  
580 Algoma St., N. Thunder Bay (807) 343-4300  
• Mental Health Services



**Hogarth Riverview Manor**  
300 Lillie St. N. Thunder Bay (807) 625-1110  
• Long Term Care



**Diabetes Health Thunder Bay**  
285-A Memorial Ave., Thunder Bay (807) 344-3505  
• Diabetes Information and Education



**Sister Margaret Smith Centre**  
35 Algoma St., N. Thunder Bay (807) 343-2425  
• Mental Health and Addictions

## St. Joseph's Care Group Officers & Directors 2007-2008

**Chair**  
Robert Chambers

**Vice Chair**  
Myrna Letourneau

**Past Chair**  
Lil Bergamo

**President and CEO**  
Tracy Buckler

**Chief of Staff**  
Dr. Geoff Davis

**President of Medical Staff**  
Dr. Gabriel Mapeso

**City Council Representative**  
Brian McKinnon

**Representative of the Auxiliary to SJCG**  
Susan Tennier

**Representatives of the Sisters of St. Joseph**  
Sister Shirley Greston  
Sister Dolores Turgeon

**Representative of the CHCO**  
Sister Bonnie MacLellan

**Representative of the Bishop**  
Lil Bergamo

**Representative of St. Joseph's Foundation of Thunder Bay**  
Greg Fayrik

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Brian Collins  
John Filipovic  
Ray Halverson  
Suzan Labine  
Grace Martineau

Jason Ozbolt  
Sharon Pitawanakwat  
Doris Rossi  
Linda Trevisanutto  
Tamara Wylie

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Community Report 2007/2008 is produced by the Community Relations Department.  
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