



UPDATE

to our Community FALL 2015





Mission

St. Joseph's Care Group is a Catholic organization that identifies and responds to the unmet needs of the people of Northwestern Ontario, as a way of continuing the healing mission of Jesus in the tradition of the Sisters of St. Joseph of Sault Ste. Marie.

Vision

A leader in client-centred care.

*Care
Compassion
Commitment*

Message from the President & CEO



It is my pleasure to share some of the work underway at St. Joseph's Care Group (SJCG). We are committed to reaching out to 'our community' which includes a vast geographic area. All of the initiatives and projects we pursue enhance our efforts toward the goal of continuing to provide the

best care possible to the people we serve.

I would like to thank Gary Johnson for his guidance and support as Chair of the Board of Directors for the past two years and welcome our new Chair, Linda Pauluik. I also want to acknowledge our Leadership and Management Teams and everyone who works in our organization for their unwavering dedication to ensuring excellent care as we progress through major capital projects. Although the projects are critical to providing an updated environment, they are never more important than the compassionate care provided to our clients. I thank them for their commitment to our pledge of client-centred care.

The completion of the capital projects will create a modernized environment in which our residents and clients can reside in comfort while receiving the care they need. Our move to the newly-expanded Hogarth Riverview Manor (HRM) will begin in December, and we will be welcoming many of the residents and staff of Dawson Court and Grandview Lodge in January and February 2016. By next summer when fully occupied, HRM will be home to 544 residents.

Orientation for our new employees is underway, and we are welcoming many new faces to

St. Joseph's Care Group. Although we have experienced many staff and culture 'mergers' over the years, we recognize that each change is challenging and unique. We will always focus on our reason for being, the people we serve. We are confident that, with unified agreement on this important goal, people will come together in the most positive way.

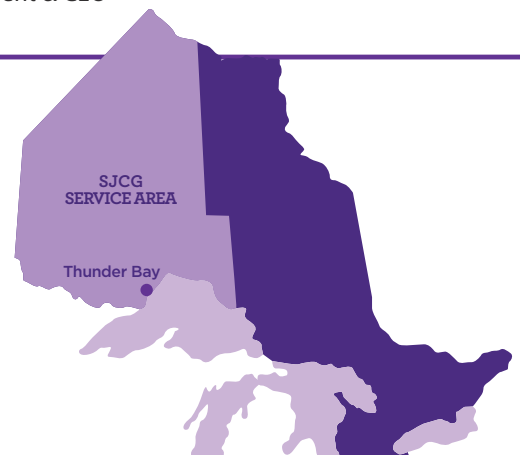
Our newest capital project is the East Wing at St. Joseph's Hospital. We were delighted to have Premier Kathleen Wynne here in June to officially break the ground on this important construction project that will house the specialized mental health rehabilitation program. This addition will take two years to complete. If you drive past St. Joseph's Hospital on Algoma Street or Court Street, the progress is evident.

Technology is allowing many of our programs and services to reach further into the region via telemedicine and telehealth. We've been able to test out the provision of care to clients in their own homes with the use of iPads. Improving access for the people we serve in the region is a priority and we continue work with our partners toward this goal.

Another exciting year is ahead of us. On behalf of St. Joseph's Care Group, I extend our sincere gratitude to the entire community for your ongoing support. We are committed to caring for the people of Northwestern Ontario and will remain focused on our mission of meeting unmet needs for the most vulnerable.

Tracy Buckler
President & CEO

SERVING AN AREA OF
458,000
SQUARE KILOMETERS,
EXTENDING FROM WHITE RIVER
TO KENORA TO HUDSON BAY
IN NORTHWESTERN ONTARIO





Hogarth Riverview Manor

We're Almost There!

Welcome to Your New Home

There is a definite buzz in the air as we move closer to the completion of the 416-bed Hogarth Riverview Manor (HRM) expansion on North Lillie Street. The 280,000 sq. ft. development will provide state-of-the-art facilities and comfort for the residents as they move to their new home.

Originally targeted to be ready for occupancy in October, the project has been slightly delayed and the resident move will begin in December. "Delays of this sort are not unusual in a capital project of this magnitude," says Scott Potts, Vice President, Infrastructure & Planning and Chief Financial Officer, St. Joseph's Care Group (SJCG). "Because the safety and comfort of our residents is primary, it is important that we make sure the building is completely ready."

'We anticipate completing a safe and successful transition for residents, as well as for our staff.'

- Meaghan Sharp, VP Seniors' Health & Chief Nursing Officer

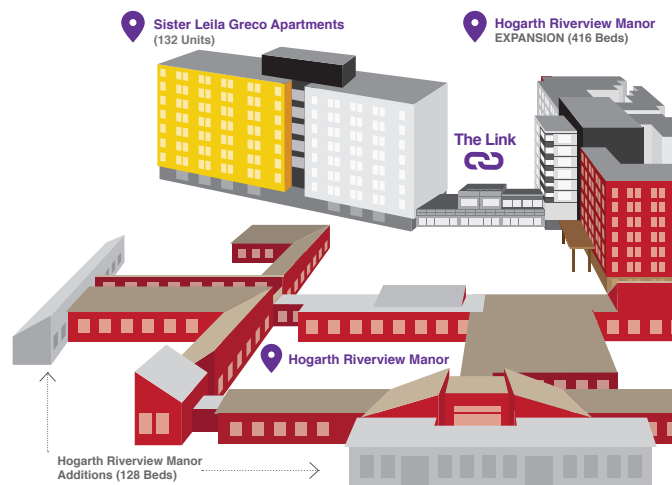
Designed for Living

Despite the large size of HRM, care has been taken in the design to provide residents with a warm and home-like atmosphere within the units. Each home area has its own living, dining and activity area to support familiarity with the environment and other residents.

In keeping with Sister Leila Greco's visionary approach to seniors' care more than 35 years ago, HRM will be 'A Place for All Seasons', providing a community within a community. The Link, a partnership with Janzen's Pharmacy, will physically connect HRM and Sister Leila Greco Apartments, allowing convenient indoor movement between the buildings. Home to a pharmacy, hair salon, cafe, and various professional health services, the Link will also provide more opportunities for socialization, and easy access to the adjacent green spaces. The Auxiliary to St. Joseph's Care Group is eagerly anticipating operating their greatly expanded gift and convenience shop in the Link. The accessibility of these services will be enjoyed by tenants, residents, staff, visitors and community neighbours.

Planning for the residents move continues, with current HRM residents moving first in December. Dawson Court residents will begin their move in January, and Grandview Lodge in February. The entire resident move is expected to be finalized by February 24, thus allowing the long-awaited closure of the two city homes.

An addition to the existing HRM is underway, with some foundation and site work already complete. Vacating this building first will allow internal construction and renovations to continue toward a targeted occupancy in late summer 2016. The addition will add 32 new beds to HRM, for a grand total of 544 beds when the entire project is complete.





Partnering with a Purpose

Close collaboration with the City of Thunder Bay (CTB), the Northwest Community Care Access Centre (NW CCAC) and the North West Local Health Integration Network (NW LHIN) has been essential to ensure that principles of client safety and comfort, as well as staff needs have been considered in every possible way. Meaghan Sharp Vice President, Seniors' Health & Chief Nursing Executive, appreciates what the city staff will bring to SJCG. "Our intention is to keep the best of what SJCG and CTB staff have to offer in a true cultural integration that will benefit our residents and our staff," she explains. "We focus first on who we care for, but also on our people who provide that care. We want our staff to have a healthy and respectful work environment, with the equipment they need to do their job." To help achieve this goal, the Care Group has been diligent in keeping everyone informed of the status of the project, both during construction and as we near completion.

Excellence in Seniors' Care

Meaghan looks forward to the residents being in an environment that supports them living their lives to the fullest degree possible. "We anticipate completing a safe and successful transition for residents, as well as for our staff."

At SJCG, our goal is excellence in client-centred care. As we move ever-closer to occupancy in the new building, we remain focused on that goal, and are grateful for the 'bricks and mortar' that will support us as we continue to provide the best care possible for our residents.



Dr. Walter Hogarth Looking Forward to His New Home

What's in a name? Quite a bit, as it turns out...There are as many human interest stories in St. Joseph's Care Group (SJCG) as there are residents and clients. Dr. R. Walter Hogarth, currently a resident of Grandview Lodge, recently reminded us of the importance of family and history as he recalled how his family name came to be part of the new Hogarth Riverview Manor (HRM) to which he will soon be moving. Dr. Hogarth, along with his wife, Barbara, and their daughter, Sharon, took us back to the pivotal role his father, Dr. Walter P. Hogarth, had in the building of the Fort William Sanatorium in the early 30's – on the present day site of the HRM expansion.

The Sanatorium filled an urgent need in caring for tuberculosis patients in Northwestern Ontario for many years, but in time, chemotherapies allowed outpatient treatment, leading to a new use for the building. In 1974, the Sanatorium became a facility for the care of those with developmental disabilities and was renamed Walter P. Hogarth Memorial Hospital in his honour. His name has been a part of the transitions of the hospital as it amalgamated with Westmount Hospital in the 1980's and, finally, in 2004 with the opening of Hogarth Riverview Manor as a long-term care home.

The family is justifiably proud of this heritage. Sharon remembers her grandfather as a gentle man, who always had a candy in his pocket for the children. As a teenager, she remembers thinking, "It's cool to have a hospital named after my grandfather." Barbara recalls hearing so many stories of how hard he worked to improve healthcare conditions for the community and is touched that the contribution of her husband's family is still recognized. "My father devoted his life to medicine," says Dr. Hogarth. "I think it's great that the building I will soon be living in carries his name."

Dr. Hogarth followed in his father's footsteps, graduating as a Urologist in 1954, and cared for the people of Northwestern Ontario until his retirement in 1996. He and Barbara raised their four children here and are the proud grandparents of nine grandsons. Dr. Hogarth is delighted to be moving to the new HRM expansion. "It's a very nice building. And I'm looking forward to having a private bedroom and bathroom – that will be a real luxury," he chuckles.



East Wing at St. Joseph's Hospital

Rehabilitation for the Body, Mind & Spirit



Mayor Keith Hobbs, MPP Bill Mauro, Ontario Premier Kathleen Wynne, MPP Michael Gravelle, Gary Johnson, Past Chair Board of Directors SJCG and Tracy Buckler, President & CEO, had shovels at the ready for the June 15 official groundbreaking.

If you've been in the vicinity of Algoma and Court Streets in the past few months, you've surely noticed a great deal of activity adjacent to St. Joseph's Hospital. Construction on the East Wing addition to the hospital began in earnest in June and dramatic changes to the landscape are already visible.

In addition to providing administrative offices and some mental health outpatient services, the East Wing will be home to the long-awaited Specialized

Mental Health Rehabilitation Program – a 38-bed unit, purpose-built to provide mental health rehabilitation for those individuals requiring assistance as they move toward community living.

Committed to Caring

The model of care was designed with this population in mind. What are their needs? What physical environment is required to accommodate that? The design is flexible to allow changes should they be necessary, but is geared specifically to support the model of care.

"This is a robust, evidence-based program that focuses on active rehabilitation, not custodial maintenance," says Dr. Jack Haggarty, Senior Medical Director, Addictions & Mental Health. Clients will have their own bedroom and bath, and will be part of a group of five in sharing kitchen facilities, dining and living rooms. The program is designed to help them learn to care for themselves in a home-like environment, structured in a way that promotes mental health and well-being.

"Gone are the days when people with mental illnesses would be in hospital for years, or even their entire lives," says Janet Sillman, Vice President, Addictions & Mental Health. "How do we humanize their circumstances and their care? These people want what we all want...a home, a social circle that cares about them and meaningful activities. As their illness becomes controlled, they have a right to live in the community with whatever supports are necessary."

"The new wing is highly symbolic of how we care for the most vulnerable in our society."

- Dr. Jack Haggarty, Senior Medical Director, Addictions & Mental Health

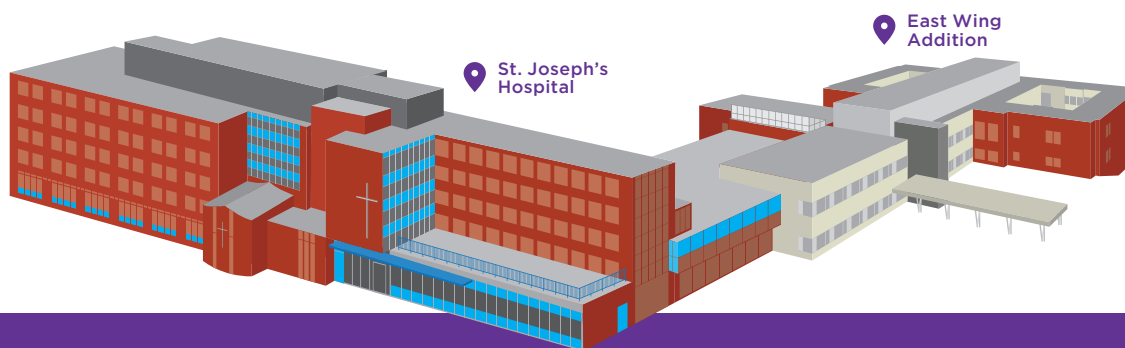


It's All About Health & Well-being

This mainstreaming of mental health care at St. Joseph's Hospital will make it a complete rehabilitation hospital. As Tracy Buckler, President & CEO points out, "Clients will be able to walk in the main entrance and either turn left for physical rehabilitation or right for mental health rehabilitation." Providing rehabilitation for both physical and mental health on one site will reduce the stigma often associated with mental illness. On completion of the East Wing in 2017, 38 clients will move to a new environment – one with hope for a

brighter future – and the closure of Lakehead Psychiatric Hospital will take place.

Dr. Haggarty sums it up. "The new wing is highly symbolic of how we care for the most vulnerable in our society. It is a way of furthering the integration of the care of the mentally ill into our healthcare system, and is a sign of how we, as a society as well as an organization, are committed to caring for them. I look forward to being a part of this evolution."



SJCG Designated Regional Lead

Improving Access in the Region

Everyone must face the reality of death – either their own or that of a loved one. Recognizing that as death approaches, quality of life becomes even more important, St. Joseph's Care Group (SJCG) has provided compassionate palliative and hospice care for clients and their families for many years.

We are the designated lead agency for the Northwest LHIN Regional Palliative Care Program. Partnering with the North West LHIN a regional plan has been developed to improve access to high quality palliative care for all residents of Northwestern Ontario.

Our mandate as lead agency is to oversee implementation of the regional plan, giving all residents of Northwestern Ontario the opportunity

to access timely and appropriate palliative and end-of-life care. This important initiative will provide comfort and support as close to home as possible for individuals and families with advanced or progressive chronic disease.

Our continued commitment is to work collaboratively with partners who deliver palliative care and palliative care education across the region including First Nations communities. We are honoured to be part of life's journey in this way.

For more information about the Northwest Regional Palliative Care Program, please visit us at www.rpcp.sjcg.net



“The Client is Our Reason for Being.”



ST. JOSEPH'S CARE GROUP

St. Joseph's Care Group provides Long-Term Care, Complex Care, Physical Rehabilitation, Mental Health and Addictions services with Care, Compassion and Commitment to the residents of Northwestern Ontario from multiple sites located in the City of Thunder Bay. Access to some services is available to the region via video teleconferencing.

Thunder Bay Sites

St. Joseph's Hospital (Corporate Office)
(807) 343-2431 • Toll free 1-800-209-9034
Rehabilitative Care
Chronic Disease Management

Balmoral Centre
(807) 623-6515
Withdrawal Management

Behavioural Sciences Centre
(807) 623-7677
Employer Support & Assessment Services

Hogarth Riverview Manor
(807) 625-1110
Long-Term Care

Lakehead Psychiatric Hospital
(807) 343-4300
Mental Health Services

Sister Leila Greco Apartments
(807) 625-1126
Seniors' Supportive Housing

Sister Margaret Smith Centre
(807) 684-5100
Addictions & Mental Health

St. Joseph's Health Centre
(807) 624-3400
Outpatient Addictions & Mental Health

St. Joseph's Heritage
(807) 768-4400
Manor House Adult Day Program
Bethammi Nursing Home
Diabetes Health Thunder Bay
PR Cook Apartments
St. Joseph's Foundation of Thunder Bay



Our People

Our people are the cornerstone of SJCG. We are always looking for staff and volunteers who support our mission, vision and core values.

Learn more at www.sjcg.net



LEARN MORE ABOUT THE HRM EXPANSION
VISIT SJCG.NET TODAY



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