



North West **LHIN** Regional Palliative Care Program

Advisory Committee

The North West LHIN Regional Palliative Care Program (RPCP) put forth a call for membership for its advisory committee. The Advisory Committee will provide the leadership and guidance that will facilitate implementation of the North West LHIN Regional Palliative Care Plan (www.northwestlhin.on.ca).

The RPCP sought membership representation that reflected the diverse geography, knowledge, skills and characteristics of the region of Northwestern Ontario. The RPCP would like to acknowledge and welcome the members to the advisory committee. (complete list on pg 4).

Partner Retreat

On June 22, 2015, the RPCP hosted a retreat with primary care partners in the City of Thunder Bay. Attending the retreat was the Thunder Bay Regional Health Sciences Centre, Cancer Centre, Lakehead University's Centre for Education and Research on Aging & Health, Hospice Northwest, North West Community Care Access Centre, and St. Joseph's Care Group. The purpose of this retreat was to establish a solid partnership with the key partners involved in the delivery of palliative care services in order to achieve a truly integrated regional model of palliative care in Northwestern

Ontario, and to introduce the group to the advisory committee structure. To achieve this, that group engaged in an open discussion about how to overcome some of the barriers identified in the past in achieving an integrated regional palliative care system. The group provided feedback on how the quality indicators that have been suggested by the province could help our region measure client access, equity, smooth transitions, and value for palliative care service delivery. The retreat provided an opportunity for the RPCP to understand how best to communicate with key partners and stakeholders.

CLIENT VALUE

STATEMENT:

"All of my care providers will work together with me and my family to support our quality of life throughout this journey and respond to our needs in a coordinated way"

Inside this Issue

- Regional Program Update
- Provincial Update

Advisory Committee	1
Partner Retreat	1
5 Local Health Hub Selection	2
Education Collaborative	2
Provincial Update	2
Meet the Members	3
Advisory Committee Members	4

LET'S SPELL IT OUT...

- OPCN—Ontario Palliative Care Network
- CCO—Cancer Care Ontario
- RVP—Regional Vice President (CCO)
- LHH—Local Health Hub
- IDN—Integrated District Network
- ACP—Advance Care Planning
- HCC—Health Care Consent

Regional Palliative Care Program Local Health Hub Engagement

The RPCP has the goal to create an integrated system of care that will serve all individuals who could benefit from a palliative approach to care, regardless of prognosis or diagnosis. The system will respond to the needs of not only the individual but their family, friends, and caregivers. A full continuum of care will be available from the initial diagnosis to the period of bereavement following death.

The RPCP has been structured with two objectives in mind:



1. Leading regional-level initiatives that will result in a standardized approach to care across Northwestern Ontario.
2. Supporting work at the Integrated District Network (IDN), Local Health Hub (LHH), and Health Service Provider (HSP) levels to implement best practices and deliver palliative care programs and services to all populations across the North West LHIN region.

Five (5) Local Health Hubs (LHH's) have been identified to lead the development of their community palliative care programs. The communities are: Dryden, Red Lake, Sioux Lookout, Nipigon and Geraldton.

These 5 LHHs are developing their community palliative care programs and each program will include interdisciplinary representation from the community's care providers. With the support of the RPCP, the community palliative care programs will use quality improvement methodology to plan, implement, and evaluate initiatives to address specific gaps in their LHH. The community palliative care programs will also provide the leadership and the structure to implement recommendations from the RPCP at the LHH level.

PLEASE FEEL FREE TO SHARE THIS NEWSLETTER WITH ANYONE ELSE IN YOUR ORGANIZATION & COMMUNITY WHO IS INTERESTED IN PALLIATIVE CARE. *HELP US SPREAD THE WORD !!!!*

~ Dignity ~

We never stop being human through the last stages of life. We never stop experiencing the full range of human emotions. Palliative care is about dignity and respect. It is about quality of life in the final stages.

Source Unknown

PROVINCIAL UPDATE

The Ministry of Health and Long-Term Care (the "Ministry") has been committed to developing a comprehensive program to improve access and equity in palliative and end-of-life care at home and in the community. The Ministry has been working with Cancer Care Ontario (CCO) in partnership with Local Health Integration Networks (LHINs) on establishing a provincial palliative care network, the Ontario Palliative Care Network. The Ministry will be forwarding further details of the Ontario Palliative Care Network once formalized. To receive updates about Palliative Care in Ontario, please visit <http://www.hpco.ca/subscribe/> and sign up for HPCO's electronic newsletter.

EDUCATION COLLABORATIVE



The Regional Palliative Care Education Collaborative is a working group of individuals with a mandate to deliver palliative care education in the North West LHIN region. This group will facilitate and support the development and implementation of educational strategies that enhance palliative care knowledge and skill across Northwestern Ontario. The collaborative is excited to be developing a Palliative Care Education Community of Practice that will be launched at the Centre for Education and Research on Aging & Health's Palliative Care Booster in November.

A number of upcoming palliative care educational opportunities are scheduled. For more information on the following opportunities please visit the CERAH (Centre for Education and Research on Aging & Health) website www.cerah.lakeheadu.ca

Learning Essential Approaches to Palliative Care & End-Of-Life Care (Thunder Bay) September 18th & 25th, (Nipigon) November 7th & 21st

Palliative Care for Front Line Workers - Weekly, September 23rd - October 28th (Thunder Bay & OTN)

North Western Ontario Palliative Care Booster "Our Life and Death: A Public Health Approach to Dying", November 12th & 13th

MEET YOUR ADVISORY COMMITTEE

Kathleen Lynch Co-Chair



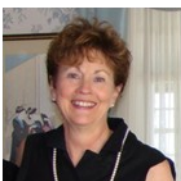
Kathleen is the Vice President of Rehabilitative Care and Chronic Disease Management at St. Joseph's Care Group in Thunder Bay and has been with SJCG since 2014. Palliative Care is an essential part of the services provided through the Care Group, specifically the Hospice Palliative Care Unit at St. Joseph's Hospital and palliative telemedicine services. SJCG is proud to be the lead organization sponsoring the Regional Palliative Care Team and Kathleen looks forward to partnering with providers to achieve a truly integrated regional palliative care system in NWO. In her spare time Kathleen likes to walk her dog, exercise, cook and recently became hooked on Homeland on Netflix.

Dr. Mary Lou Kelley Co-Chair



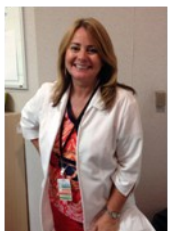
Mary Lou, MSW, PhD, is a Professor Emeritus at Lakehead University who recently retired after 35 years as a professor and researcher. She continues to work part time at the Centre for Education and Research on Aging and Health to complete her national study "Improving End of Life Care in First Nations Communities". She is active nationally as co-chair of the LEAP Advisory Committee of Pallium, and provincially as a member of the Ontario Palliative Care Coalition that is transitioning into the new Ontario Palliative Care Network. Mary Lou views dying not primarily as a medical event, but as a social event that happens in the family and community. She says, "dying touches all of our lives and involves people of all ages and diagnoses. I believe that people and their families across NWO should have access to quality palliative care across all geographies and setting of care, including long term care, rural and First Nations communities". Outside of her work in palliative care, Mary Lou loves travelling and grandparenting and has a growing interest in cycling.

Anne Turcotte Caregiver



Anne is retired and living in Thunder Bay. Anne became interested in palliative care while she was caring for her husband. "I was immersed in providing palliative care when my husband became ill with terminal cancer. Although difficult both physically and emotionally, this was an incredible learning experience. I would now like to share my experience with others, as well as contribute to the improvement(s) of future palliative care and I very much appreciate the opportunity to do so". Activities that Anne enjoys include gardening, sewing and drawing.

Judy Harvey Member



Judy is an RN at the Nipigon District Memorial Hospital. Two years ago she was asked to be the Palliative Care Chair at the hospital, which she gladly accepted. She has had a passion for palliative and end of life care for most of her nursing career. Judy says, "I know as the palliative care chair I can inspire and motivate nurses, doctors and family members to value human life to the very end of life. My passion is to provide all persons who come to NDMH for palliative and end of life care a peaceful and comfortable journey to the other side of life". Her delight in life is spending time with her wonderful husband and together, they both enjoy scuba diving in the Caribbean, downhill skiing in the winter and sailing on both Lake Superior and the British Virgin Islands.

**North West LHIN Regional Palliative Care Program
2015 – 2016 Advisory Committee Membership**

OFFICER	POSITION	COMMUNITY	IDN
KATHLEEN LYNCH St. Joseph's Care Group	Co-Chair	Thunder Bay	City of Thunder Bay (Regional Mandate)
DR. MARY LOU KELLEY Academia / Research	Co-Chair	Thunder Bay	City of Thunder Bay
ANNE TURCOTTE Caregiver	Member	Thunder Bay	City of Thunder Bay
PAULA DONLYK North West CCAC	Member	Thunder Bay	City of Thunder Bay (Regional Mandate)
ANDREA DOCHERTY Regional Cancer Care Northwest	Member	Thunder Bay	City of Thunder Bay (Regional Mandate)
MARY WRIGLEY Thunder Bay Regional Health Sciences Centre Regional Renal Service	Member	Thunder Bay	City of Thunder Bay (Regional Mandate)
KATHY KORTES-MILLER Lakehead University / Hospice Northwest	Member	Thunder Bay	City of Thunder Bay
DONNA MAKOWSKY Lake of the Woods District Hospital	Member	Kenora	Kenora
DR. KORY JOLLYMORE Dryden Area Family Health Team	Member	Dryden	Kenora
HEATHER LEE Meno Ya Win Health Centre	Member	Sioux Lookout	Northern
AMANDA WARFORD Manitouwadge General Hospital	Member	Manitouwadge	District of Thunder Bay
SEEMA PARAMESWARAN Greenstone Family Health Team	Member	Geraldton	District of Thunder Bay
JUDY HARVEY Nipigon District Memorial Hospital	Member	Nipigon	District of Thunder Bay
JANINE BLACK St. Joseph's Care Group	Ex-Officio (Non-Voting)	Thunder Bay	Regional Mandate
HEATHER GRAY / HELI MEHTA North West LHIN	Ex-Officio (Non-Voting)	Thunder Bay	Regional Mandate
DR. KATHY SIMPSON CCO Palliative Care Physician Lead	Ex-Officio (Non-Voting)	Thunder Bay	Regional Mandate
MARG POLING Regional Palliative Pain & Symptom Management Consultant (CCAC)	Ex-Officio (Non-Voting)	Thunder Bay	Regional Mandate
STEPHANIE HENDRICKSON Regional Palliative Care Education Planner (CERAH)	Ex-Officio (Non-Voting)	Thunder Bay	Regional Mandate
JILL MARCELLA Northwest RPCP Co-Ordinator	Support Staff	Thunder Bay	Regional Mandate
HILARY METTAM Northwest RPCP Community Development Lead	Support Staff	Thunder Bay	Regional Mandate
ROBIN CANO Northwest RPCP Clinical Lead	Support Staff	Thunder Bay	Regional Mandate