



ST. JOSEPH'S CARE GROUP

North West LHIN Regional Palliative Care Program

ADVANCE CARE PLANNING & HEALTH CARE CONSENT

Hospice Palliative Care Ontario has been working with partners to re-vamp its provincial Advance Care Planning & Health Care Consent Community of Practice.

The goals of this Community of Practice are:

- ◆ To create opportunities to influence policy and system issues related to ACP and HCC in an Ontario legal framework.
- ◆ To develop as an active and engaged community of practice.
- ◆ To create awareness and educational materials and opportunities about health care consent and advance care planning within an Ontario legal framework.

As a first step, a Regional Leads group has been created with champions from each LHIN that have a lead role for promoting and implementing HCC and ACP within their geography. Jill Marcella (Coordinator, RPCP) and Stephanie Hendrickson (Education Planner, CERAH) have been selected as the representatives for Northwestern Ontario.

In the near future, an additional broad-based Community of Practice will be created to provide a forum for information exchange and sharing of best practices, tools, and resources for anyone who has an interest in ACP and HCC in Ontario.

CLIENT VALUE STATEMENT:

"All of my care providers will work together with me and my family to support our quality of life throughout this journey and respond to our needs in a coordinated way"

FIRST NATIONS UPDATE



The Regional Palliative Care Program is pleased to announce that First Nations Inuit Health Branch (Health Canada) has awarded funding to three Northwestern Ontario First Nations communities and one Tribal Council to add the palliative approach to care to their Home and Community Care Services. RPCP staff will work closely with these communities to achieve the goal of providing FN community members the choice to remain in their own communities to receive care at the end of their lives.

The RPCP is excited to promote the many excellent resources developed by the research project Improving End-of-Life Care in First Nations Communities! Culturally appropriate Advance Care Planning resources (poster, pamphlets and workshop presentation) can be downloaded free online at www.eolfn.lakeheadu.ca. The EOLFN Workbook for Developing Palliative Care Programs in First Nations Communities will be released in December and will be available on the EOLFN website. The RPCP team encourages all providers to take a look and put these resources to good use!

We are thankful we have the opportunity to work with and learn from the communities to assist them in their goals of providing a choice to their members to remain in familiar surroundings at the end of life. If you would like more information on this exciting work being led by First Nations communities, please contact the RPCP at any time.


Regional Palliative Care Program Webpage

www.rpcp.sjcg.net


LET'S SPELL IT OUT...

- OPCN—Ontario Palliative Care Network
- CCO—Cancer Care Ontario
- RVP—Regional Vice President (CCO)
- LHH—Local Health Hub
- IDN—Integrated District Network
- ACP—Advance Care Planning
- HCC—Health Care Consent
- EOLFN—Improving End-of-Life Care in First Nations Communities

Links to Key Web Resources

Hospice Palliative Care Ontario (HPCO) 
www.hpco.ca

Improving End-of-Life Care in First Nations Communities (EOLFN)
www.eolfn.lakeheadu.ca

 Centre for Education and Research on
 Aging & Health (CERAH)
www.cerah.lakeheadu.ca

Advance Care Planning (ACP) Speak Up Campaign
www.advancecareplanning.ca

Canadian Hospice Palliative Care Association (CHPCA) 
www.chpca.net

 Pallium Canada
www.pallium.ca

EDUCATION COLLABORATIVE

Palliative Care Education Series:

Ringling in the New Year—Top Practice Changing
 Articles of 2015

Presented by Kathy Simpson

Thursday, January 28th, 9:00-10:00 am EST
 Available through OTN video conference & webcast
 Register now at <http://www.nosm.ca/cepdereg>

 Lakehead
 UNIVERSITY



Centre for Education and Research on Aging & Health

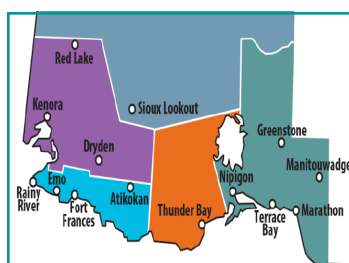
For information about upcoming Educational
 Events, please visit the Lakehead University
 Centre for Education and Research on
 Aging & Health (CERAH) Website
<http://cerah.lakeheadu.ca>

REGIONAL UPDATE—LOCAL HEALTH HUBS

The RPCP Team has been working with 5 Local Health Hubs (LHH) to improve the delivery of palliative and end-of-life care in their communities. A lead organization and a community facilitator have been identified in each LHH to work in partnership with the RPCP to engage with providers at the local level to develop and formalize a community palliative care program. Each LHH will have an interdisciplinary palliative care committee or leadership team made up of representatives from different care settings and providers. These local committees will look at the current state of palliative care in their community—what resources are available, who plays a role in the palliative approach to care, what are the community’s strengths and challenges—and collectively identify priorities and create a work plan to ultimately improve the quality of care being provided to individuals and families.

Local Health Hub	Lead Organization	Local Facilitator
Nipigon	Nipigon District Memorial Hospital	Judy Harvey
Geraldton	Geraldton District Hospital	Candice Bottle
Sioux Lookout	Sioux Lookout Meno Ya Win Health Centre	Denise Wojciechowski
Dryden	Dryden Regional Health Centre	Pam Miller
Red Lake	Red Lake Margaret Cochenour Memorial Hospital	TBD

If you are interested in joining the palliative care committee in any of the LHHs, please contact Hilary at the RPCP (mettamh@tbh.net) or the local facilitator as indicated.



PLEASE FEEL FREE TO SHARE THIS NEWSLETTER WITH ANYONE ELSE IN YOUR ORGANIZATION & COMMUNITY WHO IS INTERESTED IN PALLIATIVE CARE

HELP US SPREAD THE WORD !!!!



MEET YOUR ADVISORY COMMITTEE

Paula Donylyk North West CCAC (Member)



Paula has been with the CCAC since 1997. In her current position as Senior Director of Community Care, she is accountable for client care in the community both locally and regionally. She thinks that one of the keys to success for CCACs is believing in the strengths that clients and caregivers have. Paula adheres to the NWCCAC Mission Statement: “Outstanding Care—every person every day”. Paula is interested in improving the current system for palliative care because there is a strong need to support clients and families during a difficult time in their lives. Paula is a lifelong resident of Thunder Bay and enjoys travelling, cooking, yoga and time at camp.

Donna Makowsky Lake of the Woods District Hospital (Member)

Donna is the Unit Manager - Med/Surg & ICU at Lake of the Woods District Hospital in Kenora. She is also Chair of the Ethics Committee and has worked in various departments/roles throughout the hospital for the last 30+ years. Donna is very interested in palliative care as she has worked with many community partners to improve service to palliative clients. She also spent several years working as a member of the End-Of-Life Critical Care Coaching Team (MOHLTC – CCSO). Donna loves being outdoors and spending time at the lake. She also enjoys reading, crafts and spending time with family.



Stephanie Hendrickson Palliative Care Education Planner (CERAH) (Ex-Officio)



Stephanie is currently the lead Palliative Care Education Planner at Centre for Education and Research on Aging & Health (CERAH), Lakehead University. Since 1993, CERAH has coordinated inter-professional health care provider education in Northwestern Ontario with a key aim of increasing local community capacity to provide palliative care as a core part of primary health care. Stephanie has been at CERAH since 2011, previously working under supervision of Dr. Mary Lou Kelley on the End of Life Care in First Nations Communities and Quality Palliative Care in Long Term Care research projects. Stephanie is co-lead of the recently established Palliative Care Education Collaborative and is excited to work with the Regional Program and other stakeholders to meet palliative care education needs in NW Ontario. Stephanie enjoys spending time in nature, hiking with her husband and their dog, Lloyd.

Amanda Warford Manitouwadge General Hospital (Member)

Amanda is a registered nurse at the Manitouwadge General Hospital. She became interested in palliative care very early in her career and describes it as a passion of hers for some time, possibly due to her early introduction to it as a child. Amanda says that she became involved with the Regional Palliative Care Program because “I want to see change and improvement in the palliative care offered to all individuals”. Outside of work, Amanda loves to camp, hunt and spend time with her husband and two beautiful children (Steven and Kaitlyn), and occasionally do something out of the box as seen in her picture (Conquer the Fort Mud Run !!)



**North West LHIN Regional Palliative Care Program
2015 – 2016 Advisory Committee Membership**

OFFICER	POSITION	COMMUNITY	IDN
KATHLEEN LYNCH St. Joseph's Care Group	Co-Chair	Thunder Bay	City of Thunder Bay (Regional Mandate)
DR. MARY LOU KELLEY Academia / Research	Co-Chair	Thunder Bay	City of Thunder Bay
ANNE TURCOTTE Caregiver	Member	Thunder Bay	City of Thunder Bay
PAULA DONLYK North West CCAC	Member	Thunder Bay	City of Thunder Bay (Regional Mandate)
ANDREA DOCHERTY Regional Cancer Care Northwest	Member	Thunder Bay	City of Thunder Bay (Regional Mandate)
MARY WRIGLEY Thunder Bay Regional Health Sciences Centre Regional Renal Service	Member	Thunder Bay	City of Thunder Bay (Regional Mandate)
KATHY KORTES-MILLER Lakehead University / Hospice Northwest	Member	Thunder Bay	City of Thunder Bay
DONNA MAKOWSKY Lake of the Woods District Hospital	Member	Kenora	Kenora
DR. KORY JOLLYMORE Dryden Area Family Health Team	Member	Dryden	Kenora
HEATHER LEE Meno Ya Win Health Centre	Member	Sioux Lookout	Northern
AMANDA WARFORD Manitouwadge General Hospital	Member	Manitouwadge	District of Thunder Bay
SEEMA PARAMESWARAN Greenstone Family Health Team	Member	Geraldton	District of Thunder Bay
JUDY HARVEY Nipigon District Memorial Hospital	Member	Nipigon	District of Thunder Bay
DARRYL GALUSHA Fort Frances Tribal Area Health Services	Member	Fort Frances	Rainy River District
HEATHER GRAY / HELI MEHTA North West LHIN	Ex-Officio (Non-Voting)	Thunder Bay	Regional Mandate
DR. KATHY SIMPSON CCO Palliative Care Physician Lead	Ex-Officio (Non-Voting)	Thunder Bay	Regional Mandate
MARG POLING Regional Palliative Pain & Symptom Management Consultant (CCAC)	Ex-Officio (Non-Voting)	Thunder Bay	Regional Mandate
STEPHANIE HENDRICKSON Regional Palliative Care Education Planner (CERAH)	Ex-Officio (Non-Voting)	Thunder Bay	Regional Mandate
JILL MARCELLA Northwest RPCP Co-Ordinator	Support Staff	Thunder Bay	Regional Mandate
HILARY METTAM Northwest RPCP Community Development Lead	Support Staff	Thunder Bay	Regional Mandate
ROBIN CANO Northwest RPCP Clinical Capacity Lead	Support Staff	Thunder Bay	Regional Mandate