

CRAFFT

Name _____

Date _____

Score _____



1. Have you ever ridden in a **C**ar driven by someone (including yourself) who was high or had been using alcohol or drugs?
YES _____ NO _____
2. Do you ever use alcohol or drugs to **R**elax, feel better about yourself, or fit in?
YES _____ NO _____
3. Do you ever use alcohol or drugs while you are by yourself **A**lone?
YES _____ NO _____
4. Do you ever **F**orget things you did while using alcohol or drugs?
YES _____ NO _____
5. Do your **F**amily or **F**riends ever tell you that you should cut down on your drinking or drug use?
YES _____ NO _____
6. Have you ever gotten into **T**rouble while you were using alcohol or drugs?
YES _____ NO _____
7. Does your alcohol or drug use ever make you do something that you would not normally do — like breaking rules, missing curfew, breaking the law or having sex with someone?
YES _____ NO _____

Scoring . . .

2 or more

positive items

indicate the need for further assessment.

The CRAFFT is intended specifically for adolescents. It draws upon adult screening instruments, covers alcohol and other drugs, and calls upon situations that are suited to adolescents

From: Knight JR; Sherritt L; Shrier LA//Harris SK//Chang G. Validity of the CRAFFT substance abuse screening test among adolescent clinic patients. *Archives of Pediatrics & Adolescent* 156(6)607-614, 2002.